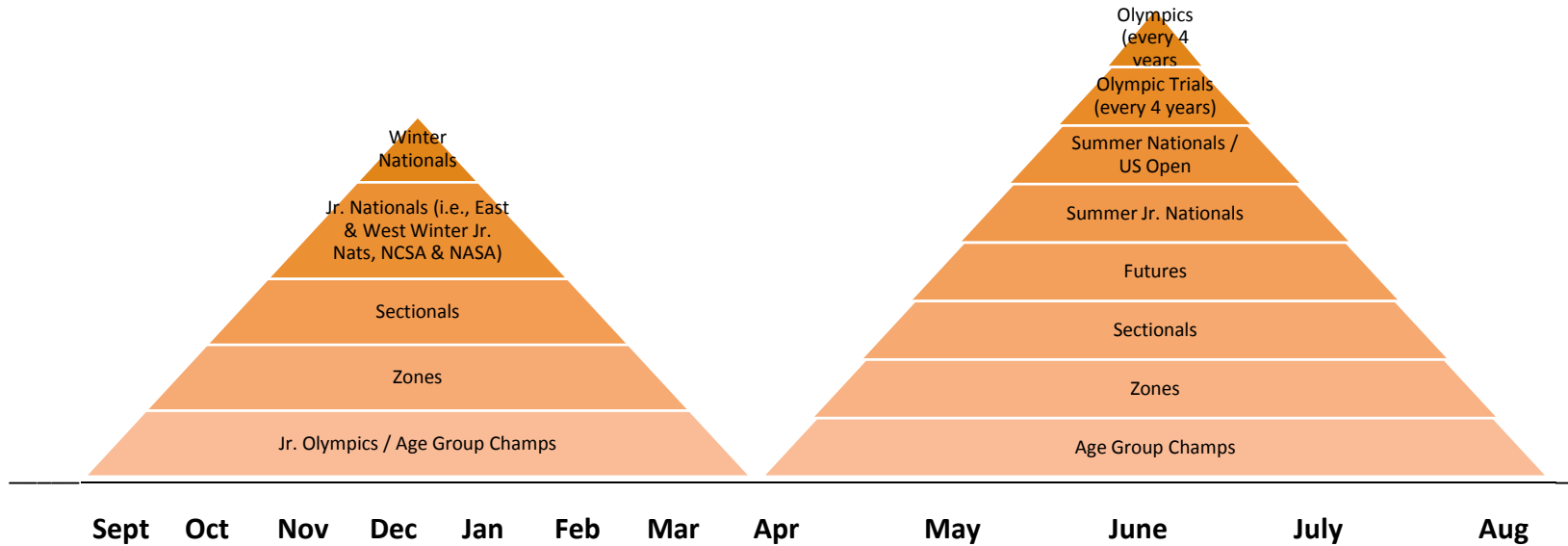


Swim Seasons in Washington D.C. Metro Area

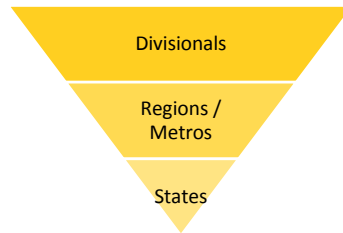
Winter Season - Short Course Yards (SCY)

Summer Season - Long Course Meters (LCM)

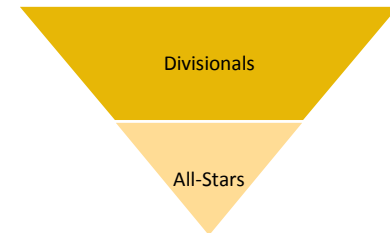
USA Swimming / PVS – sanctioned meets



Local leagues



High School Swim Season -
Short Course Yards (SCY)



Summer League Swim Season -
Short Course Meters (SCM)