	Eastern Zone Sectionals		TYR Jr. Nat. Cup		NCSA Jr. Nats		Futures		2018 Winter Jr. Nationals		2019 Jr. Nationals		2018 Winter Nationals		2019 Nationals		2020 Olympic Trials
Women	**SCY**	**LCM**	**SCY**	**LCM**	**SCY**	**LCM**	**SCY**	**LCM**	**SCY**	**LCM**	**SCY**	**LCM**	**SCY**	**LCM**	**SCY**	**LCM**	**LCM**
50 Freestyle	24.49	28.09	24.49	27.79	24.19	27.59	24.09	27.39	23.49	26.99	22.79	26.59	22.89	26.69	22.29	25.99	25.99
100 Freestyle	53.09	1:00.69	52.79	59.69	52.39	59.89	52.09	59.39	50.89	58.39	49.69	57.59	49.89	57.69	48.89	56.39	56.29
200 Freestyle	1:53.79	2:10.99	1:54.29	2:09.29	1:52.99	2:08.09	1:52.59	2:07.79	1:49.69	2:05.39	1:47.39	2:04.29	1:47.79	2:04.59	1:45.89	2:01.79	2:01.69
400/500 Freestyle	5:05.09	4:35.29	5:01.99	4:29.19	4:59.99	4:27.89	5:03.49	4:28.79	4:53.09	4:23.79	4:48.09	4:21.39	4:49.09	4:20.79	4:43.79	4:16.89	4:16.89
800/1000 Freestyle	10:28.79	9:27.39	10:14.99	9:04.69	10:15.99	9:08.99	10:20.49	9:13.79	10:03.59	9:03.49	9:56.79	8:58.69	9:58.79	8:54.49	9:48.09	8:48.09	8:48.09
1500/1650 Freestyle	17:25.69	18:06.09	17:15.99	17:31.89	17:12.89	17:34.59	17:14.39	17:40.19	16:46.19	17.20.49	16:32.59	17:11.29	16:35.89	17:06.69	16:18.09	16.49.19	16:49.19
100 Backstroke	58.99	1:07.89	58.59	1:07.09	57.99	1:07.19	58.09	1:06.89	56.09	1:05.49	54.49	1:04.39	54.69	1:04.59	53.29	1:02.99	1:02.69
200 Backstroke	2:07.19	2:26.99	2:06.59	2:24.39	2:05.99	2:24.29	2:04.99	2:23.99	2:01.29	2:20.69	1:57.69	2:18.29	1:58.09	2:18.69	1:55.39	2:15.59	2:14.69
100 Breaststroke	1:06.89	1:17.19	1:06.99	1:16.09	1:06.39	1:16.29	1:05.99	1:15.99	1:03.69	1:14.29	1:02.89	1:13.29	1:03.09	1:13.49	1:00.69	1:10.99	1:10.99
200 Breaststroke	2:24.69	2:46.69	2:24.89	2:43.19	2:23.29	2:41.89	2.22.69	2:43.39	2:19.79	2:40.09	2:15.49	2:38.29	2:15.89	2:38.69	2:11.69	2:33.79	2:33.29
100 Butterfly	58.19	1:05.79	58.19	1:05.59	57.29	1:05.29	57.49	1:04.69	55.79	1:03.39	53.99	1:02.39	54.19	1:02.59	52.99	1:00.89	1:00.69
200 Butterfly	2:08.89	2:28.49	2:07.69	2:23.29	2:06.39	2:23.19	2:05.39	2:21.89	2:02.69	2:19.59	1:59.39	2:16.99	1.:59.59	2:17.39	1:57.79	2:14.59	2:14.59
200 Individual Medley	2:09.29	2:28.49	2:09.79	2:27.99	2:07.99	2:26.59	2:08.29	2:26.39	2:03.09	2:22.49	2:00.59	2:20.99	2:00.99	2:21.39	1:58.29	2:17.99	2:17.39
400 Individual Medley	4:33.39	5:12.99	4:30.89	5:09.29	4:29.99	5:05..99	4:30.69	5:07.29	4:23.29	5:01.89	4:15.19	4:57.29	4:15.59	4:58.09	4:12.09	4:53.19	4:51.79
4X100 Freestyle Relay	3:45.79	4:14.99	3:33.89	4:01.99	3:32.09	4:00.99	3:34.09	4:04.29	3:29.49	X	X	3:56.49			X	3:52.69	
4X200 Freestyle Relay	8:05.39	9:06.29	7:42.79	8:43.49	7:40.79	8:44.89	7:36.39	8:40.89	7:32.99	X	X	8:29.99			X	8:22.19	
4X100 Medley Relay	4:12.29	4:44.09	3:59.89	4:38.89	3:55.09	4:30.99	3:57.09	4:33.79	3:48.89	X	X	4:22.69			X	4:18.29	
4X50 Freestyle Relay	1:44.59	1:57.79															

	Eastern Zone Sectionals		TYR Jr. Nat. Cup		NCSA Jr. Nats		Futures		Winter Jr. Nationals		2019 Jr. Nationals		Winter Nationals		2019 Nationals		2020 Olympic Trials
Men	**SCY**	**LCM**	**SCY**	**LCM**	**SCY**	**LCM**	**SCY**	**LCM**	**SCY**	**LCM**	**SCY**	**LCM**	**SCY**	**LCM**	**SCY**	**LCM**	**LCM**
50 Freestyle	21.69	25.29	21.79	24.99	21.69	24.79	21.39	24.89	20.89	24.39	20.49	23.99	20.59	23.59	19.79	23.19	23.19
100 Freestyle	47.39	54.79	47.59	54.49	47.09	53.99	46.69	53.79	45.39	52.89	44.39	51.99	44.59	51.79	43.09	50.49	50.49
200 Freestyle	1:43.79	2:00.49	1:43.79	1:58.59	1:43.09	1:58.09	1:41.79	1:58.09	1:39.79	1:56.09	1:38.39	1:54.29	1:38.79	1:53.29	1:35.59	1:51.39	1:50.79
400/500 Freestyle	4:42.79	4:15.79	4:40.09	4:11.19	4:39.59	4:09.79	4:37.09	4:09.99	4:31.49	4:06.29	4:28.29	4:02.79	4:28.89	4:01.09	4:19.39	3:57.79	3:57.29
800/1000 Freestyle	9:42.99	8:49.99	9:39.69	8:38.49	9:39.79	8:40.79	9:34.29	8:40.69	9:25.49	8:33.79	9:13.19	8:23.09	9:15.19	8:21.49	9:04.99	8:12.99	8:12.99
1500/1650 Freestyle	16:24.39	16.56.49	16:15.69	16:40.69	16:13.69	16:41.69	16:05.49	16:38.99	15:46.99	16.14.99	15:34.19	16:05.09	15:34.89	15:59.99	15:10.09	15:44.89	15:44.89
100 Backstroke	53.39	1:01.99	53.19	1:02.19	52.89	1:01.39	52.09	1:00.79	50.79	59.69	49.69	58.79	49.89	58.59	46.79	56.79	56.59
200 Backstroke	1:54.89	2:13.79	1:54.99	2:12.29	1:54.79	2:12.39	1:52.79	2:11.89	1:50.59	2:09.59	1:47.99	2:06.99	1:48.39	2:06.69	1:44.79	2:03.29	2:02.99
100 Breaststroke	59.79	1:09.69	59.99	1:09.29	59.49	1:08.29	58.69	1:08.69	57.39	1:07.19	55.79	1:06.09	55.99	1:05.59	53.39	1:03.29	1:03.29
200 Breaststroke	2:09.69	2:30.89	2:09.99	2:29.79	2:09.79	2:29.79	2:08.59	2:29.09	2:05.69	2:26.89	2:01.19	2:23.29	2:01.59	2:22.89	1:58.29	2:18.09	2:17.89
100 Butterfly	52.09	52.09	52.29	59.59	51.69	58.89	51.09	58.39	49.89	57.39	48.99	56.49	49.19	55.99	47.29	54.49	54.19
200 Butterfly	1:55.09	2:16.29	1:55.49	2:11.79	1:54.89	2:10.59	1:53.69	2:10.19	1:51.49	2:08.19	1:47.89	2:05.09	1:48.29	2:04.59	1:45.09	2:01.69	2:01.19
200 Individual Medley	1:57.09	2:15.19	1:57.39	2:15.39	1:56.29	2:13.59	1:55.09	2:12.79	1:51.49	2:10.49	1:48.89	2:08.29	1:49.29	2:08.19	1:45.19	2:04.69	2:04.09
400 Individual Medley	4:11.19	4:49.89	4:08.99	4:47.89	4:08.09	4:43.89	4:07.59	4:42.39	4:00.19	4:38.39	3:52.69	4:33.09	3:53.49	4:32.59	3:46.99	4:26.89	4:25.99
4X100 Freestyle Relay	3:21.89	3:48.69	3:13.79	3:40.99	3:12.79	3:41.89	3:12.89	3:40.89	3:07.29	X	X	3:34.89	X	X	X	3:29.29	
4X200 Freestyle Relay	7:22.39	8:14.79	7:06.79	8:07.79	7:05.69	8:07.49	6:58.59	8:00.49	6:50.59	X	X	7:47.69	X	X	X	7:42.79	
4X100 Medley Relay	3:46.99	4:19.69	3:37.29	4:11.19	3:36.09	4:08.89	3:32.79	4:05.89	3:26.59	X	X	3:56.99	X	X	X	3:50.09	
4X50 Freestyle Relay	1:32.69	1:45.49															