

| Event | Rank | Time | Std | School | Date | Meet | Swimmer 1 | Swimmer 2 | Swimmer 3 | Swimmer 4 |
|------------------------|------|---------|------|--------|-----------|--|----------------------------|-------------------------|---------------------------|----------------------------|
| Women 200 Free Relay | 1 | 1:34.89 | AAAU | RMT | 2/7/2024 | 2024 METRO Championships | Livia M. Venditti (SR) | Lauren C. Gotting (JR) | Julie K. Schwieters (JR) | Sarah K. Eliason (SR) |
| Women 200 Free Relay | 2 | 1:36.28 | AAC | TSW | 2/24/2024 | 2024 MPSSAA 4A3A State Swim Ch | Anna Nishnianidze (SO) | Campbell Scofield (SR) | Amy Qin (SR) | Elizabeth Chen |
| Women 200 Free Relay | 3 | 1:36.36 | AAC | JUST | 2/14/2024 | 2024 VHSL Class 6 State Meet | Claire M. Coughlin (12) | Annika M. Wentland (12) | Reagan Kampschror (11) | Emma L. Redman (12) |
| Women 200 Free Relay | 4 | 1:36.71 | AAC | YTNW | 2/14/2024 | 2024 VHSL Class 6 State Meet | Sophie C. Fredericks (SO) | Mary F. Hecmanczuk (SO) | Clara A. McCarthy (JR) | Rachel F. Conley (SR) |
| Women 200 Free Relay | 5 | 1:36.79 | AAC | WAJ | 2/7/2024 | 2024 METRO Championships | Healey G. Morgan | Madeleine E. Simmons | Elanor H. Saybolt | Emma J. Burlina |
| Women 200 Free Relay | 6 | 1:36.82 | AAC | ROBN | 2/14/2024 | 2024 VHSL Class 6C Regional Championship | Madison Bedford | Lauren Lauderdale | Kitty Moy-Jacobs | Aleena Stukus |
| Women 200 Free Relay | 7 | 1:37.07 | AAC | OAKT | 1/26/2024 | 2024 Concorde Conference Champ | Devon Corderman (SO) | Charlotte M. Lim (JR) | Esther M. Swanson (JR) | Aubrey A. Swanson (SR) |
| Women 200 Free Relay | 8 | 1:37.21 | | WTWD | 1/26/2024 | VHSL 2024 Patriot District | Riley Peters (SO) | Soliel A. Clifford (SR) | Lyla Devlin (FR) | Emma M. Casas (JR) |
| Women 200 Free Relay | 9 | 1:37.40 | | BTFL | 2/14/2024 | 2024 VHSL Class 6 State Meet | Madison G. Richardson (JR) | Sophie L. Hayden (JR) | Emma Young | Lexi Sawwa (SR) |
| Women 200 Free Relay | 10 | 1:37.73 | | MCLN | 2/14/2024 | 2024 VHSL Class 6 State Meet | Eleanor Murphy (JR) | Ana Falzone (JR) | Danielle Hughes (JR) | Catherine Hughes (SR) |
| Women 200 Free Relay | 11 | 1:38.04 | | SOLK | 2/14/2024 | 2024 VHSL Class 6 State Meet | Morgan Kass | Heidi Gilman (JR) | Clara Landeryou (SR) | Veronika Owen (SR) |
| Women 200 Free Relay | 12 | 1:38.09 | | LANG | 2/14/2024 | 2024 VHSL Class 6 State Meet | Marina Watson (JR) | Tessa Jones (SR) | Kira Thornton (SR) | Alyssa Webb (SR) |
| Women 200 Free Relay | 13 | 1:38.24 | | NCS | 2/2/2024 | WMPSSDL CHAMPIONSHIPS | Natalie Garre (24) | Sofia Vickerman (26) | Adele Muoio (26) | Ellie Denney (25) |
| Women 200 Free Relay | 14 | 1:38.30 | | FAIR | 2/10/2024 | 2024 VHSL Region 6C Championship | Angelina Sagaow (SR) | Kat Pascual | Jennifer Snyder | Sophie Scadron (SR) |
| Women 200 Free Relay | 15 | 1:38.34 | | CNTV | 2/14/2024 | 2024 VHSL Class 6 State Meet | Shannon Charters (SR) | Caitlin Goff (SO) | Arianna Portella (JR) | Allison Kim (SR) |
| Women 200 Free Relay | 16 | 1:38.40 | | WSPR | 2/10/2024 | 2024 VHSL Region 6C Championship | Gaby Song | Brianna Fleming | Maia Ciccarello | Sienna Schmeck (SR) |
| Women 200 Free Relay | 15 | 1:38.41 | | JMAD | 2/14/2024 | 2024 VHSL Class 6 State Meet | Megan Mikell (JR) | Lydia Mikhin (SO) | Sydney DeLacy (FR) | Charlotte Dixon (SR) |
| Women 200 Free Relay | 16 | 1:38.64 | | SOCO | 2/14/2024 | 2024 VHSL Class 6 State Meet | Caitlin Gross (SR) | Lili Trinh (JR) | Kira Clark (FR) | Anna Helms (FR) |
| Women 200 Medley Relay | 1 | 1:44.68 | AAC | MCLN | 2/14/2024 | 2024 VHSL Class 6 State Meet | Danielle Hughes (JR) | Catherine Hughes (SR) | Ana Falzone (JR) | Eleanor Murphy (JR) |
| Women 200 Medley Relay | 2 | 1:45.01 | AAC | JUST | 2/14/2024 | 2024 VHSL Class 6 State Meet | Claire M. Coughlin (12) | Reagan Kampschror (11) | Emma L. Redman (12) | Annika M. Wentland (12) |
| Women 200 Medley Relay | 3 | 1:45.40 | AAC | TSW | 2/7/2024 | 2024 METRO Championships | Elizabeth Chen | Amy Qin (SR) | Campbell Scofield (SR) | Anna Nishnianidze (SO) |
| Women 200 Medley Relay | 4 | 1:46.33 | | BCC | 2/24/2024 | 2024 MPSSAA 4A3A State Swim Ch | Virginia C. Hinds (SO) | Tory Morse (JR) | Hailey G. Hammond (SO) | Alice Y. Caiazza-Blum (JR) |
| Women 200 Medley Relay | 5 | 1:46.37 | | FAIR | 2/14/2024 | 2024 VHSL Class 6 State Meet | Sadie Buckley (FR) | Rita Verwys (SR) | Sophie Scadron (SR) | Angelina Sagaow (SR) |
| Women 200 Medley Relay | 6 | 1:46.38 | | CHNT | 1/26/2024 | 2024 Concorde Conference Champ | Gianna Park | Victoria Santino | Carly E. Lahr (SR) | Sara A. Small (JR) |
| Women 200 Medley Relay | 7 | 1:46.47 | | WSPR | 2/14/2024 | 2024 VHSL Class 6 State Meet | Erin Terman (SR) | Megan Cleaver (SR) | Elyse Arnold (SR) | Sienna Schmeck (SR) |
| Women 200 Medley Relay | 8 | 1:46.65 | | YTNW | 2/14/2024 | 2024 VHSL Class 6 State Meet | Nora M. Sherman (JR) | Jay Young (JR) | Sophie C. Fredericks (SO) | Mary F. Hecmanczuk (SO) |
| Women 200 Medley Relay | 9 | 1:46.87 | | POTO | 2/2/2024 | WMPSSDL CHAMPIONSHIPS | Madeleine Steves | Maren E. Schwarz (JR) | Cecelia Russell | Kate Douglas (SO) |
| Women 200 Medley Relay | 10 | 1:46.99 | | ROBN | 1/26/2024 | VHSL 2024 Patriot District | Riley Miller | Lilla Wilbur | Aleena Stukus | Kitty Moy-Jacobs |
| Women 200 Medley Relay | 11 | 1:47.15 | | SR | 2/7/2024 | 2024 METRO Championships | Harper Rushton (FR) | Cameron House (JR) | Eileen Cosgrove (SO) | Addison Webb (SO) |
| Women 200 Medley Relay | 12 | 1:47.30 | | RMT | 2/3/2024 | Division 2 Championships | Livia M. Venditti (SR) | Sarah K. Eliason (SR) | Julie K. Schwieters (JR) | Lauren C. Gotting (JR) |
| Women 200 Medley Relay | 13 | 1:47.33 | | LANG | 2/14/2024 | 2024 VHSL Class 6 State Meet | Tessa Jones (SR) | Kira Thornton (SR) | Gloria Kuang (SO) | Alyssa Webb (SR) |
| Women 200 Medley Relay | 14 | 1:47.37 | | BTFL | 2/14/2024 | 2024 VHSL Class 6 State Meet | Alyssa K. Sagle (SO) | Emma Young | Sedonah Traister (FR) | Sophie L. Hayden (JR) |
| Women 200 Medley Relay | 15 | 1:47.39 | | WTWD | 1/26/2024 | VHSL 2024 Patriot District | Emma M. Casas (JR) | Lyla Devlin (FR) | Colleen E. Read (SR) | Riley Peters (SO) |
| Women 200 Medley Relay | 16 | 1:48.05 | | GC | 2/7/2024 | 2024 METRO Championships | | | | |
| Women 400 Free Relay | 1 | 3:26.94 | AAAU | RMT | 2/7/2024 | 2024 METRO Championships | Livia M. Venditti (SR) | Anna M. Mitchum (JR) | Julie K. Schwieters (JR) | Sarah K. Eliason (SR) |
| Women 400 Free Relay | 2 | 3:29.16 | AAAU | WAJ | 2/7/2024 | 2024 METRO Championships | Healey G. Morgan | Isla T. Bartholomew | Elanor H. Saybolt | Madeleine E. Simmons |
| Women 400 Free Relay | 3 | 3:29.54 | AAAU | LANG | 2/2/2024 | 2024 PV OB Northern Region Cha | Marina Watson (JR) | Ginger Strickland (FR) | Gloria Kuang (SO) | Alyssa Webb (SR) |
| Women 400 Free Relay | 4 | 3:29.97 | AAAU | FAIR | 2/14/2024 | 2024 VHSL Class 6 State Meet | Angelina Sagaow (SR) | Sophie Scadron (SR) | Ava Rice (SR) | Sadie Buckley (FR) |
| Women 400 Free Relay | 5 | 3:30.10 | AAAU | ROBN | 1/26/2024 | VHSL 2024 Patriot District | Madison Bedford | Addison Van Baars | Kitty Moy-Jacobs | Aleena Stukus |
| Women 400 Free Relay | 6 | 3:30.58 | AAAU | YTNW | 2/14/2024 | 2024 VHSL Class 6 State Meet | Nora M. Sherman (JR) | Lila Sherman (FR) | Clara A. McCarthy (JR) | Rachel F. Conley (SR) |
| Women 400 Free Relay | 7 | 3:31.33 | | BCC | 2/3/2024 | MCPS Division 1 Championships | Virginia C. Hinds (SO) | Addison B. Mostofi (JR) | Hailey G. Hammond (SO) | Alice Y. Caiazza-Blum (JR) |
| Women 400 Free Relay | 8 | 3:32.91 | | CHNT | 1/26/2024 | 2024 Concorde Conference Champ | Carly E. Lahr (SR) | Gianna Park | Skylar A. Small (SR) | Victoria Santino |
| Women 400 Free Relay | 9 | 3:33.68 | | COLG | 2/14/2024 | 2024 VHSL Class 6 State Meet | Brooke Worth (SR) | Juliana Evans (FR) | Gabby Hawver (FR) | Hanah Sistrunk (JR) |
| Women 400 Free Relay | 10 | 3:33.69 | | WBRN | 2/14/2024 | 2024 VHSL Class 6 State Meet | Maggie G. Gahagan (SR) | Avery Brecke (FR) | Madelynn Patterson (JR) | Lauren P. Gray (JR) |
| Women 400 Free Relay | 11 | 3:34.70 | | BRWD | 2/15/2024 | 2024 VHSL Class 5 State Meet | Caroline R. Kilty (SO) | Kayley Hudson | Maria A. Grishaeva (SR) | Audrey I. Hayward (SO) |
| Women 400 Free Relay | 12 | 3:35.35 | | WCH | 2/7/2024 | 2024 METRO Championships | Rachael Liu | Gabriela Kaiser | Anika Cai | Catherine Bu |
| Women 400 Free Relay | 13 | 3:35.73 | | JUST | 1/26/2024 | 2024 VHSL National District | Claire M. Coughlin (12) | Reagan Kampschror (11) | Annika M. Wentland (12) | Emma L. Redman (12) |
| Women 400 Free Relay | 14 | 3:35.89 | | SOCO | 1/26/2024 | VHSL 2024 Patriot District | Savannah B. Harris (SO) | Caitlin Gross (SR) | Anna Helms (FR) | Lili Trinh (JR) |
| Women 400 Free Relay | 15 | 3:36.05 | | BTFL | 2/2/2024 | 2024 VHSL Region 6b Swim and D | Sophie L. Hayden (JR) | Sedonah Traister (FR) | Lexi Sawwa (SR) | Alyssa K. Sagle (SO) |
| Women 400 Free Relay | 16 | 3:36.14 | | LKBR | 2/14/2024 | 2024 VHSL Class 6 State Meet | Charlotte Bell | Sarah Vollbrecht | Madeleine Cole | Michelle Yoon |