

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Event 1 Boys 200 Yard Medley Relay

**METROS: 1:30.28 M 2/12/2022 Gonzaga College High School
J Ewing, C McKenzie, M Marsh, A Bond**

**1:32.38 AAAU
1:34.11 AAAC**

Team	Relay	Prelim Time	Finals Time	Points
Championship Final				
1 DeMatha Catholic High School		1:33.99	1:32.62	48
1) Vaughn, Jordan JR	2) Hamilton, Jack JR	3) Jungbluth, Alexander SO	4) Ginsburg, Jonah JR	
23.98	50.07 (26.09)	1:11.83 (21.76)	1:32.62 (20.79)	
2 Walter Johnson High School		1:34.43	1:32.79	42
1) Friedman, Owen JR	2) Dionne, Luc SO	3) Potter, Noah SR	4) Mukoyama, Ray SR	
24.14	49.54 (25.40)	1:11.36 (21.82)	1:32.79 (21.43)	
3 GEORGETOWN PREPARATORY S		1:34.25	1:33.06	40
1) Vanas, Andrew JR	2) Oehler, Griffin SO	3) Kratz, James FR	4) Hughes, Johnny JR	
22.97	48.26 (25.29)	1:11.99 (23.73)	1:33.06 (21.07)	
4 Gonzaga College High School		1:36.79	1:36.13	38
1) Makepeace, Archer JR	2) Wilkinson, Caden SR	3) Morgan, William SO	4) Fisher, Patrick FR	
25.17	51.77 (26.60)	1:14.24 (22.47)	1:36.13 (21.89)	
5 Quince Orchard High School		1:37.61	1:36.69	36
1) Mettler, Colton SO	2) Shafer, Lukas SR	3) Mettler, Trent SR	4) Nagao, Kazuki JR	
24.38	50.42 (26.04)	1:14.50 (24.08)	1:36.69 (22.19)	
6 The Heights School		1:38.91	1:37.62	34
1) DeLellis, JD JR	2) Franck, Ryan SR	3) Rose, Matthew SR	4) Lepre, Matt SR	
25.58	52.55 (26.97)	1:15.81 (23.26)	1:37.62 (21.81)	
7 St. Albans School		1:38.48	1:37.76	32
1) Spencer, Gray 25	2) Greenwood, Charlie 25	3) Cantrell, William 26	4) Zhou, Arthur 27	
25.38	51.97 (26.59)	1:16.46 (24.49)	1:37.76 (21.30)	
8 Bethesda-Chevy Chase High Scho		1:37.31	1:38.10	30
1) Duma, John JR	2) Lakhe, Kyle JR	3) Waterman, Clayton SR	4) Drakakis, John SR	
25.19	53.14 (27.95)	1:16.02 (22.88)	1:38.10 (22.08)	
9 Poolesville		1:38.86	1:39.19	28
1) Lawrence, James JR	2) Qian, Ethan SR	3) Soles, Isaac SO	4) Ferrara, Eli JR	
26.37	53.46 (27.09)	1:17.71 (24.25)	1:39.19 (21.48)	
10 Winston Churchill		1:37.35	1:41.55	26
1) Buck, Grainger FR	2) Chu-Roxas, Aidan SR	3) Anderson, Sean SO	4) Lee, Ryan SR	
27.45	56.07 (28.62)	1:19.26 (23.19)	1:41.55 (22.29)	
Consolation Final				
11 Walt Whitman HS Swim and Dive		1:40.35	1:38.63	22
1) Chen, Caleb SR	2) Groves, Cameron SR	3) Liu, Brandon SO	4) Kantovitz Nociti, Luca SR	
25.07	41.16 (16.09)	57.75 (16.59)	1:38.63 (40.88)	
12 Landon School Varsity Swimming		1:40.62	1:39.09	18
1) Fayed, Zachary SR	2) Bolten, Gage SO	3) Roscetti, Nicholas FR	4) Sonne, Matthew SR	
25.61	54.34 (28.73)	1:17.49 (23.15)	1:39.09 (21.60)	
13 Northwest High School		1:42.65	1:40.16	16
1) Hwang, Sean FR	2) Fontana, Enzo SO	3) Rogovoy, Jack SR	4) Conte, Antonio JR	
26.23	53.63 (27.40)	1:17.78 (24.15)	1:40.16 (22.38)	
14 Flint Hill School		1:42.75	1:41.65	14
1) Bermudez, Lucas 26	2) Tan, Zachary 27	3) Landwehr, Todd 27	4) Lindroos, Kai 27	
26.02	54.49 (28.47)	1:18.83 (24.34)	1:41.65 (22.82)	
15 Northwood		1:43.24	1:41.95	12
1) Marchionini, Quinn SR	2) Ritchothe, Gavin FR	3) Wick, Graham SR	4) Garriock, William SR	
23.38	53.14 (29.76)	1:19.07 (25.93)	1:41.95 (22.88)	

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Consolation Final ... (Event 1 Boys 200 Yard Medley Relay)

Team	Relay		Prelim Time	Finals Time	Points
16 Sherwood Warriors			1:42.52	1:42.04	10
1) Maready, Mason FR	2) Alie, Caleb JR	3) Ngo, Henry SO	4) Liberty, Nicholas SO		
25.46	53.00 (27.54)	1:18.68 (25.68)	1:42.04 (23.36)		
17 Sidwell Friends School			1:43.86	1:42.41	8
1) Donley, Trevor SO	2) Iimi, Shou FR	3) Jiminez, Patrick JR	4) Campello, Anderson FR		
27.18	55.38 (28.20)	1:18.60 (23.22)	1:42.41 (23.81)		
18 Montgomery Blair Swim & Dive			1:42.79	1:42.45	6
1) Guo, Ethan SO	2) Alfonso-Frank, Simon FR	3) Sparshott, Thomas JR	4) Zhao, Andrew JR		
27.48	55.68 (28.20)	1:19.75 (24.07)	1:42.45 (22.70)		
19 Our Lady of Good Counsel			1:42.55	1:43.24	4
1) Drews, Roman SO	2) Seager, Austin SO	3) Zakorchemny, Cooper JR	4) Kalinin, Nikolai SR		
26.20	55.44 (29.24)	1:19.51 (24.07)	1:43.24 (23.73)		
20 Wootton Swimming and Diving			1:43.17	1:43.34	2
1) De Angelis, Pietro JR	2) Joung, Justin FR	3) Gorban, Lev SO	4) Scherr, Aiden JR		
25.40	55.21 (29.81)	1:20.41 (25.20)	1:43.34 (22.93)		

Event 1 Boys 200 Yard Medley Relay

METROS: 1:30.28 M 2/12/2022 Gonzaga College High School
J Ewing, C McKenzie, M Marsh, A Bond
1:32.38 AAAU
1:34.11 AAAC

Team	Relay		Seed Time	Prelim Time
Preliminaries				
1 DeMatha Catholic High School			1:32.93	1:33.99 q
1) Vaughn, Jordan JR	2) Hamilton, Jack JR	3) Jungbluth, Alexander SO	4) Ginsburg, Jonah JR	
24.55	50.82 (26.27)	1:13.00 (22.18)	1:33.99 (20.99)	
2 GEORGETOWN PREPARATORY S			1:32.42	1:34.25 q
1) Vanas, Andrew JR	2) Oehler, Griffin SO	3) Kratz, James FR	4) Hughes, Johnny JR	
23.25	48.99 (25.74)	1:12.86 (23.87)	1:34.25 (21.39)	
3 Walter Johnson High School			1:32.59	1:34.43 q
1) Friedman, Owen JR	2) Dionne, Luc SO	3) Potter, Noah SR	4) Mukoyama, Ray SR	
24.52	50.32 (25.80)	1:12.40 (22.08)	1:34.43 (22.03)	
4 Gonzaga College High School			1:32.53	1:36.79 q
1) Makepeace, Archer JR	2) Wilkinson, Caden SR	3) Morgan, William SO	4) Fisher, Patrick FR	
25.41	52.32 (26.91)	1:14.99 (22.67)	1:36.79 (21.80)	
5 Bethesda-Chevy Chase High Scho			1:36.20	1:37.31 q
1) Duma, John JR	2) Lakhe, Kyle JR	3) Waterman, Clayton SR	4) Drakakis, John SR	
25.27	51.98 (26.71)	1:15.29 (23.31)	1:37.31 (22.02)	
6 Winston Churchill			1:35.31	1:37.35 q
1) Begin, Charlie JR	2) Devinney, Edward SO	3) Anderson, Sean SO	4) Lee, Ryan SR	
24.13	51.26 (27.13)	1:14.83 (23.57)	1:37.35 (22.52)	
7 Quince Orchard High School			1:37.81	1:37.61 q
1) Mettler, Colton SO	2) Shafer, Lukas SR	3) Mettler, Trent SR	4) Nagao, Kazuki JR	
24.73	50.87 (26.14)	1:15.06 (24.19)	1:37.61 (22.55)	
8 St. Albans School			1:38.67	1:38.48 q
1) Spencer, Gray 25	2) Greenwood, Charlie 25	3) Cantrell, William 26	4) Zhou, Arthur 27	
25.68	52.33 (26.65)	1:16.91 (24.58)	1:38.48 (21.57)	
9 Poolesville			1:40.08	1:38.86 q
1) Lawrence, James JR	2) Qian, Ethan SR	3) Soles, Isaac SO	4) Ferrara, Eli JR	
26.77	53.46 (26.69)	1:17.35 (23.89)	1:38.86 (21.51)	
10 The Heights School			1:41.90	1:38.91 q
1) DeLellis, JD JR	2) Franck, Ryan SR	3) Rose, Matthew SR	4) Lepre, Matt SR	
25.58	52.87 (27.29)	1:17.01 (24.14)	1:38.91 (21.90)	

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Results

Preliminaries ... (Event 1 Boys 200 Yard Medley Relay)

Team	Relay		Seed Time	Prelim Time
11 Walt Whitman HS Swim and Dive			1:38.51	1:40.35 q
1) Chen, Caleb SR	2) Groves, Cameron SR	3) Liu, Brandon SO	4) Kantovitz Nociti, Luca SR	
	25.29	54.16 (28.87)	1:18.01 (23.85)	1:40.35 (22.34)
12 Landon School Varsity Swimming			1:39.15	1:40.62 q
1) Fayed, Zachary SR	2) Bolten, Gage SO	3) Roscetti, Nicholas FR	4) Sonne, Matthew SR	
	26.01	54.63 (28.62)	1:18.55 (23.92)	1:40.62 (22.07)
13 Sherwood Warriors			1:42.13	1:42.52 q
1) Maready, Mason FR	2) Alie, Caleb JR	3) Ngo, Henry SO	4) Liberty, Nicholas SO	
	25.80	53.41 (27.61)	1:19.00 (25.59)	1:42.52 (23.52)
14 Our Lady of Good Counsel			1:35.96	1:42.55 q
1) Drews, Roman SO	2) Seager, Austin SO	3) Zakorchemny, Cooper JR	4) Kalinin, Nikolai SR	
	26.75	55.85 (29.10)	1:20.42 (24.57)	1:42.55 (22.13)
15 Northwest High School			1:40.62	1:42.65 q
1) Hwang, Sean FR	2) Fontana, Enzo SO	3) Rogovoy, Jack SR	4) Conte, Antonio JR	
	27.39	55.35 (27.96)	1:19.82 (24.47)	1:42.65 (22.83)
16 Flint Hill School			1:38.11	1:42.75 q
1) Bermudez, Lucas 26	2) Tan, Zachary 27	3) Landwehr, Todd 27	4) Lindroos, Kai 27	
	26.65	55.08 (28.43)	1:19.68 (24.60)	1:42.75 (23.07)
17 Montgomery Blair Swim & Dive			1:40.88	1:42.79 q
1) Guo, Ethan SO	2) Alfonso-Frank, Simon FR	3) Sparshott, Thomas JR	4) Zhao, Andrew JR	
	27.48	55.78 (28.30)	1:19.82 (24.04)	1:42.79 (22.97)
18 Wootton Swimming and Diving			1:33.43	1:43.17 q
1) De Angelis, Pietro JR	2) Bian, Andrew JR	3) Joung, Justin FR	4) Scherr, Aiden JR	
	25.38	53.81 (28.43)	1:20.15 (26.34)	1:43.17 (23.02)
19 Northwood			1:43.90	1:43.24 q
1) Marchionini, Quinn SR	2) Ritchotte, Gavin FR	3) Wick, Graham SR	4) Garriock, William SR	
	23.45	53.90 (30.45)	1:19.91 (26.01)	1:43.24 (23.33)
20 Sidwell Friends School			1:43.86	1:43.86 q
1) Donley, Trevor SO	2) Iimi, Shou FR	3) Jiminez, Patrick JR	4) Campello, Anderson FR	
	26.96	55.49 (28.53)	1:19.98 (24.49)	1:43.86 (23.88)
21 Clarksburg High School			1:45.87	1:44.79
1) Truong, Aidan SO	2) Lam, Caiden SR	3) Eshler, Dresden SO	4) Johnson, Maxwell SR	
	28.54	58.33 (29.79)	1:21.87 (23.54)	1:44.79 (22.92)
22 Richard Montgomery Swim & Div			1:42.44	1:44.91
1) Conley, Padraig JR	2) Leeroy, Wesley SR	3) Theos, Christopher SO	4) Doan, Kevin JR	
	26.02	55.76 (29.74)	1:21.16 (25.40)	1:44.91 (23.75)
23 Bullis School			1:43.27	1:45.27
1) Burger, Seth SO	2) Arluck, Alexander SO	3) Arora, Pierce JR	4) Guo, Songwei SR	
	25.70	55.36 (29.66)	1:20.98 (25.62)	1:45.27 (24.29)
24 St. John's College High School			1:42.22	1:45.35
1) Kimpel, Rex SO	2) Egan, James SR	3) Fry, Patrick SO	4) Kettering, Will SR	
	26.99	56.79 (29.80)	1:21.47 (24.68)	1:45.35 (23.88)
25 Damascus High School			1:47.37	1:45.39
1) Klein, Andrew SR	2) Quach, Ethan SO	3) Marston, Samuel SO	4) Wong, Roland JR	
	26.76	55.70 (28.94)	1:21.85 (26.15)	1:45.39 (23.54)
26 School Without Walls			1:52.89	1:47.44
1) Henrickson-Brandt, Kai	2) Barnett, Charles	3) Scott, Maxwell	4) Scott, Edward	
	24.06	59.22 (35.16)	1:24.40 (25.18)	1:47.44 (23.04)
27 Albert Einstein High School			1:48.74	1:48.49
1) Raab, Ethan	2) Shaffer, Jack	3) Windt, Aleksander	4) Johnson, Lucien SR	
	31.06	1:01.31 (30.25)	1:25.56 (24.25)	1:48.49 (22.93)

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Results

Preliminaries ... (Event 1 Boys 200 Yard Medley Relay)

Team	Relay	Seed Time	Prelim Time
28 Rockville High School		1:43.22	1:49.23
1) Honigfort, Erik SO	2) Baillie, Christopher JR	3) Smyth, Loki SO	4) Watkins, William SO
29.25	59.42 (30.17)	1:25.45 (26.03)	1:49.23 (23.78)
29 Seneca Valley High School		1:52.71	1:49.80
1) Selak, Landen SO	2) Bradbury, Ian SO	3) Hybl, Ziad Phoenix JR	4) Escobar, Miguel SO
28.67	59.14 (30.47)	1:24.40 (25.26)	1:49.80 (25.40)
30 Colonel Zadok Magruder High Sc		1:42.93	1:51.47
1) Sutton, Jayden JR	2) Glenn, Tyler JR	3) Lockard, Andrew SR	4) Ghosh, Shreyas JR
29.78	1:00.72 (30.94)	1:25.31 (24.59)	1:51.47 (26.16)
31 Wheaton High School		1:50.51	1:55.40
1) Kemp, Robert SO	2) Patel, Shailen SR	3) Gerhardt, Logan FR	4) Cerron, Armando SR
30.19	1:04.86 (34.67)	1:30.10 (25.24)	1:55.40 (25.30)
32 Blake Bengals		1:47.40	1:58.14
1) Curtis, Cooper 9	2) Lindley, Connor 9	3) Willis, Jacob 10	4) Livingston, Ismael 11
29.05	1:01.52 (32.47)	1:32.71 (31.19)	1:58.14 (25.43)

Event 2 Girls 200 Yard Medley Relay

METROS: 1:41.62 M 2/8/2020 Stone Ridge
P Bacon, E Sun, E Gemmell, T Thomas
1:44.31 AAAU
1:46.22 AAAC

Team	Relay	Prelim Time	Finals Time	Points
Championship Final				
1 Stone Ridge		1:46.95	1:45.57	48
1) Roemer, Samantha FR	2) House, Cameron SR	3) Rushton, Harper SO	4) Webb, Addison JR	
26.51	55.53 (29.02)	1:21.72 (26.19)	1:45.57 (23.85)	
2 Our Lady of Good Counsel		1:46.75	1:46.77	42
1) Watkins, Celia JR	2) Kincaid, Kellie JR	3) Inman, Maddie SO	4) Miller, Kate SR	
27.00	56.87 (29.87)	1:22.42 (25.55)	1:46.77 (24.35)	
3 Bethesda-Chevy Chase High Scho		1:48.29	1:46.81	40
1) Hinds, Virginia JR	2) Morse, Victoria SR	3) Hammond, Hailey JR	4) Dedolph, Charlotte SO	
24.67	55.90 (31.23)	1:21.03 (25.13)	1:46.81 (25.78)	
4 Winston Churchill		1:48.66	1:46.97	38
1) Schur, Gracelyn FR	2) Bu, Catherine JR	3) Cai, Anika SO	4) Kaiser, Gabriela JR	
28.44	57.70 (29.26)	1:23.06 (25.36)	1:46.97 (23.91)	
5 Montgomery Blair Swim & Dive		1:48.81	1:47.70	36
1) Young, Lindsay JR	2) Moore, Mimi SR	3) Baumann, Alyssa SR	4) Zalalutdinov, Darya JR	
27.37	56.38 (29.01)	1:22.97 (26.59)	1:47.70 (24.73)	
6 Walt Whitman HS Swim and Dive		1:49.02	1:47.98	34
1) Yeou, Jisoo FR	2) Fleck, Kristina SR	3) Yang, Julie JR	4) Belknap, Penelope SO	
27.84	58.80 (30.96)	1:23.99 (25.19)	1:47.98 (23.99)	
7 Walter Johnson High School		1:49.30	1:48.66	32
1) Pollitt, Addison SR	2) Bartholomew, Isla SR	3) McGee, Zoe JR	4) Jeffrey, Fayth SO	
28.82	58.26 (29.44)	1:24.20 (25.94)	1:48.66 (24.46)	
8 Richard Montgomery Swim & Div		1:51.18	1:49.83	30
1) Mitchum, Anna SR	2) Frantz, Nyah SO	3) Ren, Samantha FR	4) Gotting, Lauren SR	
28.17	58.50 (30.33)	1:25.45 (26.95)	1:49.83 (24.38)	
9 Colonel Zadok Magruder High Sc		1:51.69	1:50.19	28
1) Dean, Skylar JR	2) Yanes, Giselle SR	3) Webb, Maria SR	4) O'Hara, Megan SR	
29.63	1:00.16 (30.53)	1:25.35 (25.19)	1:50.19 (24.84)	
10 THE ACADEMY OF THE HOLY CR		1:51.95	1:50.71	26
1) Linck, Elizabeth SR	2) Grahl, Sophie JR	3) Depman, Megan SR	4) Mongelli, Megan JR	
26.53	58.87 (32.34)	1:25.71 (26.84)	1:50.71 (25.00)	

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Results

Consolation Final ... (Event 2 Girls 200 Yard Medley Relay)

Team	Relay		Prelim Time	Finals Time	Points
Consolation Final					
11 The Holton-Arms School			1:52.07	1:50.52	22
1) Holley, Palmer SR	2) Rogers, Lily JR	3) Gaskin, Catherine SR	4) Ndu, Omannaya JR		
29.01	1:00.06 (31.05)	1:26.48 (26.42)	1:50.52 (24.04)		
12 Damascus High School			1:52.45	1:51.07	18
1) Beabout, Claire SR	2) Sunjaya, Viona SO	3) Hennelly, Samantha JR	4) Douglas, Hannah SR		
30.08	59.70 (29.62)	1:27.01 (27.31)	1:51.07 (24.06)		
13 St. John's College High School			1:52.30	1:51.50	16
1) Scott, Samantha FR	2) Andrews, Abigail FR	3) Bishop, Lexie FR	4) Potter, Addison FR		
29.47	1:01.38 (31.91)	1:26.60 (25.22)	1:51.50 (24.90)		
14 Wootton Swimming and Diving			1:54.75	1:51.58	14
1) Gao, Elizabeth SR	2) Nishnianidze, Anna JR	3) Erkan, Alara SR	4) Chen, Elizabeth SO		
28.72	59.49 (30.77)	1:26.41 (26.92)	1:51.58 (25.17)		
15 Northwest High School			1:55.16	1:53.92	12
1) Crown, Ella JR	2) Johnson, Avery SO	3) Carswell, McKenna JR	4) Sparkman, Grace SO		
28.93	1:01.36 (32.43)	1:27.06 (25.70)	1:53.92 (26.86)		
16 Poolesville			1:55.73	1:55.31	10
1) Sha, Anabel JR	2) Wang, Christine SO	3) She, Vivian SO	4) Mitin, Veronica SO		
29.56	1:02.84 (33.28)	1:30.38 (27.54)	1:55.31 (24.93)		
17 Jackson-Reed Tiger Sharks			1:56.20	1:56.47	8
1) Yoder, Claire	2) Thompson, Zora	3) Block, Jessica	4) Fletcher, Leah		
28.63	1:03.72 (35.09)	1:30.55 (26.83)	1:56.47 (25.92)		
18 Sherwood Warriors			1:55.69	1:56.56	6
1) Kraft, Allison FR	2) Fecko, Mia SO	3) Williams, Jill JR	4) Velasquez, Alesandra FR		
30.24	1:03.46 (33.22)	1:30.38 (26.92)	1:56.56 (26.18)		
19 Gaithersburg High School			1:57.79	1:57.96	4
1) Eisenhart, Abigail FR	2) Arias, Samantha JR	3) Redman, Elliot SO	4) Najarro, Isabella SR		
30.22	1:01.39 (31.17)	1:31.57 (30.18)	1:57.96 (26.39)		
--- Quince Orchard High School			1:54.17	DQ	
1) Katz, Ariana JR	2) Morin, Gabrielle SO	3) Takada-Jacobson, Hannah SR	4) Marks, Stephanie JR		
29.32	1:01.86 (32.54)	DQ (53.26)			

Event 2 Girls 200 Yard Medley Relay

METROS: 1:41.62 M 2/8/2020 Stone Ridge
P Bacon, E Sun, E Gemmell, T Thomas

1:44.31 AAAU

1:46.22 AAAC

Team	Relay		Seed Time	Prelim Time
Preliminaries				
1 Our Lady of Good Counsel			1:47.45	1:46.75 q
1) Watkins, Celia JR	2) Kincaid, Kellie JR	3) Inman, Maddie SO	4) Miller, Kate SR	
26.77	56.83 (30.06)	1:22.78 (25.95)	1:46.75 (23.97)	
2 Stone Ridge			1:46.30	1:46.95 q
1) Roemer, Samantha FR	2) House, Cameron SR	3) Rushton, Harper SO	4) Webb, Addison JR	
27.21	56.09 (28.88)	1:22.73 (26.64)	1:46.95 (24.22)	
3 Bethesda-Chevy Chase High Scho			1:46.33	1:48.29 q
1) Hinds, Virginia JR	2) Morse, Victoria SR	3) Hammond, Hailey JR	4) Dedolph, Charlotte SO	
25.24	56.30 (31.06)	1:22.36 (26.06)	1:48.29 (25.93)	
4 Winston Churchill			1:46.76	1:48.66 q
1) Burger, Emily FR	2) Bu, Catherine JR	3) Cai, Anika SO	4) Kaiser, Gabriela JR	
28.46	58.70 (30.24)	1:24.42 (25.72)	1:48.66 (24.24)	

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Preliminaries ... (Event 2 Girls 200 Yard Medley Relay)

Team	Relay	Seed Time	Prelim Time
5 Montgomery Blair Swim & Dive		1:48.62	1:48.81 q
1) Young, Lindsay JR	2) Moore, Mimi SR	3) Baumann, Alyssa SR	4) Gudana, Sophie SO
27.56	56.84 (29.28)	1:23.88 (27.04)	1:48.81 (24.93)
6 Walt Whitman HS Swim and Dive		1:48.35	1:49.02 q
1) Yeou, Jisoo FR	2) Fleck, Kristina SR	3) Yang, Julie JR	4) Belknap, Penelope SO
27.76	58.92 (31.16)	1:24.66 (25.74)	1:49.02 (24.36)
7 Walter Johnson High School		1:48.60	1:49.30 q
1) Pollitt, Addison SR	2) Bartholomew, Isla SR	3) McGee, Zoe JR	4) Jeffrey, Fayth SO
	58.37 ()	1:26.20 (27.83)	1:49.30 (23.10)
8 Richard Montgomery Swim & Div		1:49.90	1:51.18 q
1) Mitchum, Anna SR	2) Frantz, Nyah SO	3) Ren, Samantha FR	4) Gotting, Lauren SR
28.68	59.34 (30.66)	1:26.62 (27.28)	1:51.18 (24.56)
9 Colonel Zadok Magruder High Sc		1:50.36	1:51.69 q
1) Dean, Skylar JR	2) Yanes, Giselle SR	3) Webb, Maria SR	4) O'Hara, Megan SR
30.01	1:00.63 (30.62)	1:26.05 (25.42)	1:51.69 (25.64)
10 THE ACADEMY OF THE HOLY CR		1:51.06	1:51.95 q
1) Linck, Elizabeth SR	2) Grahl, Sophie JR	3) Depman, Megan SR	4) Mongelli, Megan JR
26.97	59.61 (32.64)	1:26.73 (27.12)	1:51.95 (25.22)
11 The Holton-Arms School		1:49.07	1:52.07 q
1) Holley, Palmer SR	2) Rogers, Lily JR	3) Gaskin, Catherine SR	4) Ndu, Omannaya JR
29.18	1:00.72 (31.54)	1:27.52 (26.80)	1:52.07 (24.55)
12 St. John's College High School		1:49.12	1:52.30 q
1) Scott, Samantha FR	2) Andrews, Abigail FR	3) Bishop, Lexie FR	4) Potter, Addison FR
29.96	1:01.70 (31.74)	1:27.32 (25.62)	1:52.30 (24.98)
13 Damascus High School		1:54.50	1:52.45 q
1) Beabout, Claire SR	2) Sunjaya, Viona SO	3) Hennelly, Samantha JR	4) Douglas, Hannah SR
31.00	1:01.33 (30.33)	1:28.45 (27.12)	1:52.45 (24.00)
14 Quince Orchard High School		1:54.50	1:54.17 q
1) Katz, Ariana JR	2) Morin, Gabrielle SO	3) Takada-Jacobson, Hannah SR	4) Marks, Stephanie JR
29.60	1:01.11 (31.51)	1:28.04 (26.93)	1:54.17 (26.13)
15 Wootton Swimming and Diving		1:45.40	1:54.75 q
1) Chen, Elizabeth SO	2) Nishnianidze, Anna JR	3) Erkan, Alara SR	4) Coapstick, Rachel FR
29.05	1:00.34 (31.29)	1:28.29 (27.95)	1:54.75 (26.46)
16 Northwest High School		1:53.38	1:55.16 q
1) Crown, Ella JR	2) Johnson, Avery SO	3) Carswell, McKenna JR	4) Sparkman, Grace SO
29.45	1:02.36 (32.91)	1:28.74 (26.38)	1:55.16 (26.42)
17 Sherwood Warriors		1:57.06	1:55.69 q
1) Kraft, Allison FR	2) Fecko, Mia SO	3) Williams, Jill JR	4) Velasquez, Alesandra FR
30.19	1:03.23 (33.04)	1:30.28 (27.05)	1:55.69 (25.41)
18 Poolesville		1:56.47	1:55.73 q
1) Sha, Anabel JR	2) Wang, Christine SO	3) She, Vivian SO	4) Mitin, Veronica SO
29.24		1:30.62 ()	1:55.73 (25.11)
19 Jackson-Reed Tiger Sharks		2:02.40	1:56.20 q
1) Yoder, Claire	2) Thompson, Zora	3) Block, Jessica	4) Fletcher, Leah
28.72	1:03.92 (35.20)	1:30.69 (26.77)	1:56.20 (25.51)
20 Gaithersburg High School		1:57.94	1:57.79 q
1) Eisenhart, Abigail FR	2) Arias, Samantha JR	3) Redman, Elliot SO	4) Najarro, Isabella SR
30.01	1:01.26 (31.25)	1:31.24 (29.98)	1:57.79 (26.55)
21 Sidwell Friends School		1:59.89	2:00.70
1) Merideth, Isabel SO	2) Lopez Murphy, Malena FR	3) Harms, Sofia SO	4) Goch, Elliot FR
29.67	1:06.16 (36.49)	1:34.02 (27.86)	2:00.70 (26.68)

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 2 Girls 200 Yard Medley Relay)

Team	Relay		Seed Time	Prelim Time
22 Albert Einstein High School			1:54.89	2:00.71
1) Majorowitz, Keira	2) Mancino, Emmy SR	3) Schulz, Paige	4) Stenger, Lucille JR	
31.02	1:05.77 (34.75)	1:33.94 (28.17)	2:00.71 (26.77)	
23 Bishop McNamara High School			1:59.57	2:01.01
1) Allbritton, Jada SR	2) Johnson, Mia SR	3) Smith, Charlotte SR	4) Nguyen, Alyssa SO	
1:03.09		1:31.18 ()	2:01.01 (29.83)	
24 St. Andrew's Episcopal School			2:00.44	2:01.86
1) Xiao, Alice JU	2) Long, Piper JU	3) Goodweather, Isabelle SN	4) Bhatia, Samina SN	
29.75	1:03.01 (33.26)	1:32.10 (29.09)	2:01.86 (29.76)	
25 Rockville High School			1:56.53	2:01.99
1) Bayona-Alvarez, Jimena SO	2) Baillie, Lily FR	3) Henry, Paige JR	4) Chung, Nellie SO	
31.93	1:05.14 (33.21)	1:34.83 (29.69)	2:01.99 (27.16)	
26 Georgetown Visitation			1:58.61	2:02.07
1) Carter, Shelby SR	2) Ingrassia, Katherine SO	3) DeLuca, Campbell SR	4) Moore, Gilleran FR	
30.55	1:05.56 (35.01)	1:33.64 (28.08)	2:02.07 (28.43)	
27 National Cathedral School			2:03.08	2:03.26
1) Kumar, Neharika 25	2) Maran, Rhea 25	3) Mascott, Avery 26	4) Musslewhite, Parker 25	
32.02	1:11.69 (39.67)	1:37.53 (25.84)	2:03.26 (25.73)	
28 Georgetown Day School			2:05.79	2:03.64
1) Palmer, Merrell SO	2) Lipman, Tessa FR	3) Nepl, Ridgely FR	4) Lim, Sophie SO	
34.01	1:06.87 (32.86)	1:37.61 (30.74)	2:03.64 (26.03)	
29 Clarksburg High School			2:02.16	2:04.15
1) Mei, Tiffany SR	2) Loftis, Jillian SO	3) Haughton, Minjae SR	4) Fraser, Samantha JR	
32.64		1:34.84 ()	2:04.15 (29.31)	
30 Blake Bengals			2:03.06	2:04.38
1) Dewey, Lydia 10	2) Trang, Kimberley 11	3) Sanford, Molly 9	4) Zeigler, Abigail 11	
1:07.17		1:35.89 ()	2:04.38 (28.49)	
31 Wheaton High School			2:05.69	2:05.43
1) Martinez, Denise SR	2) Patel, Sarisha FR	3) Walker, Mia SR	4) Hooker, Cora SR	
29.56	1:14.17 (44.61)	2:05.43 (51.26)		
32 Elizabeth Seton Varsity swimmi			1:59.33	2:06.70
1) Chesson, Gabby SR	2) Parsons, Kiera JR	3) Hammer, Sophia SO	4) Vaughan, Leah FR	
31.36	1:07.15 (35.79)	1:38.87 (31.72)	2:06.70 (27.83)	
33 Seneca Valley High School			2:04.94	2:10.91
1) Diaz-Flores, Naomi FR	2) Fusto, Kaedyn SR	3) Selak, Austen FR	4) Selak, Aden FR	
33.87	1:11.79 (37.92)	1:42.09 (30.30)	2:10.91 (28.82)	
34 Flint Hill School			2:05.51	2:12.13
1) Murdock, Mackenzie 25	2) Zur, Brooke 28	3) Obeng, Stella 28	4) Simons, Zoe 27	
34.97		1:44.69 ()	2:12.13 (27.44)	

Event 3 Boys 200 Yard Freestyle

METROS: 1:37.13 M 2/7/2015 **Matthew Hirschberger**
 1:38.21 AAAU
 1:39.81 AAAC

Georgetown Prep

Name	Yr	School	Prelim Time	Finals Time	Points
Championship Final					
1 Kojanov, Mikhail	SR	Montgomery Blair Swim & Dive	1:38.82	1:37.39	24
22.91		47.27 (24.36) 1:12.34 (25.07)	1:37.39 (25.05)		
2 Brooks, Andrejs	SR	Gonzaga College High School	1:41.59	1:38.58	21
23.48		48.53 (25.05) 1:13.72 (25.19)	1:38.58 (24.86)		
3 Lopez, Joshua	SR	DeMatha Catholic High School	1:43.02	1:39.70	20
23.10		48.17 (25.07) 1:14.10 (25.93)	1:39.70 (25.60)		

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Championship Final ... (Event 3 Boys 200 Yard Freestyle)

Name	Yr	School	Prelim Time	Finals Time	Points
4 Begin, Charlie	JR	Winston Churchill	1:42.07	1:39.87	19
23.63	48.49 (24.86)	1:14.24 (25.75)	1:39.87 (25.63)		
5 Bishop, Anderson	SR	Gonzaga College High School	1:42.91	1:40.79	18
24.30	49.90 (25.60)	1:15.13 (25.23)	1:40.79 (25.66)		
6 Sims, Douglas	JR	Winston Churchill	1:42.18	1:42.13	17
23.53	49.06 (25.53)	1:15.65 (26.59)	1:42.13 (26.48)		
7 Kominski, Tyler	SO	Sherwood Warriors	1:42.83	1:42.55	16
23.70	49.36 (25.66)	1:16.02 (26.66)	1:42.55 (26.53)		
8 Svensson, Casper	SR	Walt Whitman HS Swim and Dive	1:43.59	1:43.19	15
23.45	49.30 (25.85)	1:16.28 (26.98)	1:43.19 (26.91)		
9 Nguyen, Alexander	SR	Richard Montgomery Swim & Dive	1:43.70	1:43.68	14
24.52	50.28 (25.76)	1:17.05 (26.77)	1:43.68 (26.63)		
10 Spencer, Gray	25	St. Albans School	1:43.69	1:44.25	13
23.72	49.75 (26.03)	1:16.86 (27.11)	1:44.25 (27.39)		

Consolation Final

11 Zakorchemny, Cooper	JR	Our Lady of Good Counsel	1:44.60	1:43.01	11
24.08	50.06 (25.98)	1:16.66 (26.60)	1:43.01 (26.35)		
12 Bartholomew, Lachlan	FR	Walter Johnson High School	1:43.86	1:43.37	9
23.87	49.69 (25.82)	1:16.42 (26.73)	1:43.37 (26.95)		
13 Minear, Connor	FR	Gonzaga College High School	1:45.14	1:44.20	8
24.42	50.55 (26.13)	1:17.28 (26.73)	1:44.20 (26.92)		
14 Nurit, Leopold	FR	Walt Whitman HS Swim and Dive	1:45.94	1:44.50	7
24.16	50.70 (26.54)	1:18.02 (27.32)	1:44.50 (26.48)		
15 White, John	JR	Wootton Swimming and Diving	1:45.03	1:44.56	6
24.35	50.61 (26.26)	1:17.74 (27.13)	1:44.56 (26.82)		
16 Kratz, James	FR	GEORGETOWN PREPARATORY SCHOC	1:44.62	1:44.81	5
24.49	51.43 (26.94)	1:17.94 (26.51)	1:44.81 (26.87)		
17 McCurdy, Ethan	JR	Quince Orchard High School	1:45.35	1:44.99	4
24.36	50.95 (26.59)	1:18.10 (27.15)	1:44.99 (26.89)		
18 Kueh, Michael	JR	Wootton Swimming and Diving	1:45.63	1:46.30	3
23.99	50.14 (26.15)	1:17.86 (27.72)	1:46.30 (28.44)		
19 Jarczyński, Justin	JR	Poolesville	1:46.76	1:46.57	2
24.54	51.07 (26.53)	1:18.59 (27.52)	1:46.57 (27.98)		
20 Donley, Trevor	SO	Sidwell Friends School	1:45.20	1:47.18	1
24.71	51.72 (27.01)	1:19.38 (27.66)	1:47.18 (27.80)		

Event 3 Boys 200 Yard Freestyle

METROS: 1:37.13 M 2/7/2015 Matthew Hirschberger

1:38.21 AAAU

1:39.81 AAAC

Georgetown Prep

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Kojanov, Mikhail	SR	Montgomery Blair Swim & Dive	1:39.11	1:38.82	q
23.03	47.84 (24.81)	1:13.39 (25.55)	1:38.82 (25.43)		
2 Brooks, Andrejs	SR	Gonzaga College High School	1:39.58	1:41.59	q
23.83	49.95 (26.12)	1:15.91 (25.96)	1:41.59 (25.68)		
3 Begin, Charlie	JR	Winston Churchill	1:44.84	1:42.07	q
23.72	49.27 (25.55)	1:15.60 (26.33)	1:42.07 (26.47)		
4 Sims, Douglas	JR	Winston Churchill	1:41.73	1:42.18	q
23.69	49.33 (25.64)	1:16.17 (26.84)	1:42.18 (26.01)		
5 Kominski, Tyler	SO	Sherwood Warriors	1:54.41	1:42.83	q
23.70	49.57 (25.87)	1:16.20 (26.63)	1:42.83 (26.63)		

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 3 Boys 200 Yard Freestyle)

	Name	Yr	School	Seed Time	Prelim Time	
6	Bishop, Anderson	SR	Gonzaga College High School	1:42.20	1:42.91	q
	24.25	50.85 (26.60)	1:16.70 (25.85)	1:42.91 (26.21)		
7	Lopez, Joshua	SR	DeMatha Catholic High School	1:39.39	1:43.02	q
	23.68	49.99 (26.31)	1:16.81 (26.82)	1:43.02 (26.21)		
8	Svensson, Casper	SR	Walt Whitman HS Swim and Dive	1:42.27	1:43.59	q
	23.67	49.74 (26.07)	1:16.81 (27.07)	1:43.59 (26.78)		
9	Spencer, Gray	25	St. Albans School	1:44.35	1:43.69	q
	24.03	50.85 (26.82)	1:17.35 (26.50)	1:43.69 (26.34)		
10	Nguyen, Alexander	SR	Richard Montgomery Swim & Dive	1:44.13	1:43.70	q
	24.86	50.73 (25.87)	1:17.25 (26.52)	1:43.70 (26.45)		
11	Bartholomew, Lachlan	FR	Walter Johnson High School	1:44.41	1:43.86	q
	23.88	49.73 (25.85)	1:16.61 (26.88)	1:43.86 (27.25)		
12	Zakorchemny, Cooper	JR	Our Lady of Good Counsel	1:42.03	1:44.60	q
	24.39	50.91 (26.52)	1:18.03 (27.12)	1:44.60 (26.57)		
13	Kratz, James	FR	GEORGETOWN PREPARATORY SCHOC	1:44.91	1:44.62	q
	24.47	50.92 (26.45)	1:17.47 (26.55)	1:44.62 (27.15)		
14	White, John	JR	Wootton Swimming and Diving	1:48.19	1:45.03	q
	24.35	50.52 (26.17)	1:17.68 (27.16)	1:45.03 (27.35)		
15	Minear, Connor	FR	Gonzaga College High School	1:44.64	1:45.14	q
	24.73	51.38 (26.65)	1:18.41 (27.03)	1:45.14 (26.73)		
16	Donley, Trevor	SO	Sidwell Friends School	1:46.98	1:45.20	q
	24.41	51.32 (26.91)	1:18.36 (27.04)	1:45.20 (26.84)		
17	McCurdy, Ethan	JR	Quince Orchard High School	1:44.87	1:45.35	q
	24.12	50.65 (26.53)	1:18.18 (27.53)	1:45.35 (27.17)		
18	Kueh, Michael	JR	Wootton Swimming and Diving	1:44.86	1:45.63	q
	24.52	50.88 (26.36)	1:17.77 (26.89)	1:45.63 (27.86)		
19	Nurit, Leopold	FR	Walt Whitman HS Swim and Dive	1:44.70	1:45.94	q
	24.30	51.20 (26.90)	1:18.63 (27.43)	1:45.94 (27.31)		
20	Jarczynski, Justin	JR	Poolesville	1:46.69	1:46.76	q
	24.50	50.88 (26.38)	1:18.45 (27.57)	1:46.76 (28.31)		
21	Lee, Kevin	SO	Richard Montgomery Swim & Dive	1:45.76	1:46.87	
	24.77	52.02 (27.25)	1:19.68 (27.66)	1:46.87 (27.19)		
22	McLellan, Owen	SO	Walter Johnson High School	1:45.21	1:47.02	
	24.94	51.97 (27.03)	1:19.78 (27.81)	1:47.02 (27.24)		
23	Cobb, Jason	SO	Our Lady of Good Counsel	1:49.10	1:47.73	
	24.86	52.12 (27.26)	1:19.87 (27.75)	1:47.73 (27.86)		
24	Liberty, Nicholas	SO	Sherwood Warriors	1:48.32	1:47.83	
	25.45	52.59 (27.14)	1:20.33 (27.74)	1:47.83 (27.50)		
25	Lei, Jonathan	JR	Wootton Swimming and Diving	1:50.81	1:48.94	
	24.87	52.55 (27.68)	1:20.99 (28.44)	1:48.94 (27.95)		
26	Ash, Noah	SO	Winston Churchill	1:49.98	1:48.96	
	25.30	52.52 (27.22)	1:20.47 (27.95)	1:48.96 (28.49)		
27	Scott, Edward		School Without Walls	1:55.39	1:49.05	
	24.64	51.20 (26.56)	1:19.72 (28.52)	1:49.05 (29.33)		
28	Dawson, John	SO	St. John's College High School	1:49.65	1:49.06	
	25.60	53.19 (27.59)	1:21.65 (28.46)	1:49.06 (27.41)		
29	Adebisi, Alexander	FR	DeMatha Catholic High School	1:49.44	1:49.25	
	24.69	52.05 (27.36)	1:20.80 (28.75)	1:49.25 (28.45)		
30	Bailey, Matthew	FR	The Heights School	1:49.30	1:50.01	
	25.77	52.82 (27.05)	1:21.14 (28.32)	1:50.01 (28.87)		

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 3 Boys 200 Yard Freestyle)

	Name	Yr	School	Seed Time	Prelim Time
31	Lawrence, James	JR	Poolesville	1:49.31	1:50.57
	24.88	53.07 (28.19)	1:21.82 (28.75)	1:50.57 (28.75)	
32	Khalili, Aarad	FR	Montgomery Blair Swim & Dive	1:53.52	1:50.83
	26.04	53.42 (27.38)	1:21.82 (28.40)	1:50.83 (29.01)	
33	Windt, Aleksander		Albert Einstein High School	1:52.32	1:51.39
	25.45	53.61 (28.16)	1:22.30 (28.69)	1:51.39 (29.09)	
34	Wizenberg, Griffin	FR	Walt Whitman HS Swim and Dive	1:50.40	1:51.56
	25.45	53.80 (28.35)	1:22.90 (29.10)	1:51.56 (28.66)	
35	Chen, Ethan	SR	Poolesville	1:51.15	1:51.78
	26.14	54.37 (28.23)	1:23.44 (29.07)	1:51.78 (28.34)	
36	Kimpel, Rex	SO	St. John's College High School	1:52.80	1:51.85
	26.06	53.91 (27.85)	1:22.77 (28.86)	1:51.85 (29.08)	
37	McKenna, Pierce	SO	Bethesda-Chevy Chase High Scho	1:53.38	1:52.07
	25.94	53.88 (27.94)	1:23.09 (29.21)	1:52.07 (28.98)	
38	Nedd, Christopher	FR	DeMatha Catholic High School	1:51.28	1:52.29
	25.62	53.95 (28.33)	1:23.23 (29.28)	1:52.29 (29.06)	
39	Conze, Augustus	FR	Walter Johnson High School	1:52.50	1:52.70
	25.23	53.49 (28.26)	1:23.55 (30.06)	1:52.70 (29.15)	
40	Bedestani, Brandon	SO	GEORGETOWN PREPARATORY SCHOC	1:51.58	1:52.79
	25.58	54.00 (28.42)	1:23.56 (29.56)	1:52.79 (29.23)	
41	Rook, William	SR	Landon School Varsity Swimming	1:52.06	1:52.90
	26.53	54.98 (28.45)	1:23.98 (29.00)	1:52.90 (28.92)	
42	Franken, Evander	JR	Rockville High School	1:52.28	1:53.15
	25.25	53.76 (28.51)	1:23.79 (30.03)	1:53.15 (29.36)	
43	Schoch, Sam	FR	St. John's College High School	1:53.06	1:53.18
	26.04	54.62 (28.58)	1:23.95 (29.33)	1:53.18 (29.23)	
44	Humphreys, Colby	FR	Walter Johnson High School	1:52.57	1:53.24
	26.10	54.91 (28.81)	1:24.28 (29.37)	1:53.24 (28.96)	
45	Doherty, Cillian	SR	Bethesda-Chevy Chase High Scho	1:52.71	1:53.45
	26.26	54.63 (28.37)	1:24.27 (29.64)	1:53.45 (29.18)	
46	Wang, William	SO	Winston Churchill	1:49.26	1:53.59
	26.63	55.14 (28.51)	1:24.41 (29.27)	1:53.59 (29.18)	
47	Truong, Aidan	SO	Clarksburg High School	1:54.37	1:53.92
	25.84	54.24 (28.40)	1:23.90 (29.66)	1:53.92 (30.02)	
48	Wu, William	27	St. Albans School	1:52.99	1:53.96
	25.78	54.61 (28.83)	1:24.15 (29.54)	1:53.96 (29.81)	
49	Opima, Bryce	JR	Sherwood Warriors	1:53.51	1:54.38
	25.99	54.92 (28.93)	1:54.38 (59.46)		
50	Ford, Brendan	JR	DeMatha Catholic High School	1:52.99	1:54.74
	26.23	54.47 (28.24)	1:24.26 (29.79)	1:54.74 (30.48)	
51	Mount, Samuel	FR	Montgomery Blair Swim & Dive	1:55.32	1:54.96
	25.26	54.06 (28.80)	1:24.38 (30.32)	1:54.96 (30.58)	
52	Marston, Samuel	SO	Damascus High School	1:52.63	1:55.17
	25.71	53.92 (28.21)	1:24.11 (30.19)	1:55.17 (31.06)	
53	Donahue, Chase	SR	GEORGETOWN PREPARATORY SCHOC	1:52.63	1:55.85
	26.05	55.13 (29.08)	1:25.48 (30.35)	1:55.85 (30.37)	
54	Kwon, Ian	SO	Sherwood Warriors	1:56.05	1:56.50
	27.37	56.74 (29.37)	1:26.86 (30.12)	1:56.50 (29.64)	
55	Quach, Gavin	SO	Damascus High School	1:56.15	1:57.39
	26.69	55.84 (29.15)	1:26.27 (30.43)	1:57.39 (31.12)	
56	Salvado, Juan	FR	GEORGETOWN PREPARATORY SCHOC	1:56.00	1:57.46
	26.59	55.78 (29.19)	1:26.73 (30.95)	1:57.46 (30.73)	

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 3 Boys 200 Yard Freestyle)

Name	Yr	School	Seed Time	Prelim Time
--- Gangemi, Cole	FR	Gonzaga College High School	1:50.32	DFS

Event 4 Girls 200 Yard Freestyle

METROS: 1:41.55 M 2/7/2015 Kathleen Ledecy Stone Ridge
1:48.79 AAAU
1:50.65 AAAC

Name	Yr	School	Prelim Time	Finals Time	Points
Championship Final					
1 Dworak, Andrea	12	Blake Bengals	1:50.45	1:48.55	24
25.16		52.44 (27.28) 1:20.36 (27.92)	1:48.55 (28.19)		
2 Watkins, Celia	JR	Our Lady of Good Counsel	1:54.95	1:52.76	21
26.24		54.61 (28.37) 1:23.85 (29.24)	1:52.76 (28.91)		
3 Saybolt, Elanor	SO	Walter Johnson High School	1:54.01	1:53.03	20
26.19		54.82 (28.63) 1:24.07 (29.25)	1:53.03 (28.96)		
4 Orlic, Anastasia	JR	MARET SCHOOL	1:56.38	1:53.85	19
26.43		55.02 (28.59) 1:24.49 (29.47)	1:53.85 (29.36)		
5 Hooff, Olivia	JR	St. John's College High School	1:56.82	1:54.91	18
27.10		56.43 (29.33) 1:25.79 (29.36)	1:54.91 (29.12)		
6 Zettler, Julia	FR	Stone Ridge	1:56.35	1:54.98	17
26.68		55.86 (29.18) 1:25.88 (30.02)	1:54.98 (29.10)		
7 Propper, Ella	SO	Bullis School	1:56.63	1:56.31	16
27.36		57.05 (29.69) 1:26.65 (29.60)	1:56.31 (29.66)		
8 Johnson, Jordan	SR	Richard Montgomery Swim & Dive	1:57.68	1:58.04	15
27.61		57.34 (29.73) 1:27.62 (30.28)	1:58.04 (30.42)		
9 Cutter, Maeve	SO	Rockville High School	1:57.96	1:58.91	14
26.99		56.74 (29.75) 1:27.79 (31.05)	1:58.91 (31.12)		
10 Shelton, Pearl	SR	Walter Johnson High School	1:58.10	1:59.10	13
27.94		57.72 (29.78) 1:28.37 (30.65)	1:59.10 (30.73)		
Consolation Final					
11 Mulkey, Anne	JR	Walter Johnson High School	1:59.66	1:57.19	11
27.34		57.02 (29.68) 1:27.43 (30.41)	1:57.19 (29.76)		
12 Lim, Sophie	SO	Georgetown Day School	1:58.84	1:57.32	9
27.16		56.64 (29.48) 1:27.08 (30.44)	1:57.32 (30.24)		
13 Ivanovskaya, Taisiya		Damascus High School	1:58.32	1:57.74	8
27.58		57.13 (29.55) 1:27.61 (30.48)	1:57.74 (30.13)		
14 Caiazza-Blum, Alice	SR	Bethesda-Chevy Chase High Scho	1:59.62	1:58.07	7
27.30		56.70 (29.40) 1:27.20 (30.50)	1:58.07 (30.87)		
15 Takada-Jacobson, Hannah	SR	Quince Orchard High School	2:00.42	1:59.34	6
27.35		57.47 (30.12) 1:28.26 (30.79)	1:59.34 (31.08)		
16 Hughes, Sophia	FR	Walt Whitman HS Swim and Dive	2:01.56	1:59.85	5
27.49		57.56 (30.07) 1:28.65 (31.09)	1:59.85 (31.20)		
17 De Souza, Paige	JR	Winston Churchill	2:00.33	2:00.86	4
27.53		57.79 (30.26) 1:29.19 (31.40)	2:00.86 (31.67)		
18 Hawman, Sora	FR	Rockville High School	2:01.78	2:01.04	3
27.56		58.07 (30.51) 1:29.56 (31.49)	2:01.04 (31.48)		
19 Green, Chloe	SR	Walt Whitman HS Swim and Dive	2:01.43	2:01.47	2
27.12		57.33 (30.21) 1:29.40 (32.07)	2:01.47 (32.07)		
20 Dean, Skylar	JR	Colonel Zadok Magruder High Sc	2:00.47	2:01.95	1
28.32		59.27 (30.95) 1:31.00 (31.73)	2:01.95 (30.95)		

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Event 4 Girls 200 Yard Freestyle

METROS: 1:41.55 M 2/7/2015 Kathleen Ledecy
1:48.79 AAAU
1:50.65 AAAC

Stone Ridge

<u>Name</u>	<u>Yr</u>	<u>School</u>	<u>Seed Time</u>	<u>Prelim Time</u>	
Preliminaries					
1 Dworak, Andrea	12	Blake Bengals	1:46.72	1:50.45	q
25.77	53.64 (27.87)	1:21.91 (28.27)	1:50.45 (28.54)		
2 Saybolt, Elanor	SO	Walter Johnson High School	1:54.68	1:54.01	q
26.49	54.92 (28.43)	1:24.48 (29.56)	1:54.01 (29.53)		
3 Watkins, Celia	JR	Our Lady of Good Counsel	1:56.50	1:54.95	q
26.54	55.46 (28.92)	1:25.28 (29.82)	1:54.95 (29.67)		
4 Zettler, Julia	FR	Stone Ridge	1:56.23	1:56.35	q
27.00	56.70 (29.70)	1:27.15 (30.45)	1:56.35 (29.20)		
5 Orlic, Anastasia	JR	MARET SCHOOL	1:53.61	1:56.38	q
26.26	55.15 (28.89)	1:25.46 (30.31)	1:56.38 (30.92)		
6 Propper, Ella	SO	Bullis School	1:56.35	1:56.63	q
27.65	57.14 (29.49)	1:26.87 (29.73)	1:56.63 (29.76)		
7 Hooff, Olivia	JR	St. John's College High School	1:54.59	1:56.82	q
27.07	56.88 (29.81)	1:26.77 (29.89)	1:56.82 (30.05)		
8 Johnson, Jordan	SR	Richard Montgomery Swim & Dive	1:58.22	1:57.68	q
27.45	57.12 (29.67)	1:27.27 (30.15)	1:57.68 (30.41)		
9 Cutter, Maeve	SO	Rockville High School	2:00.07	1:57.96	q
26.96	56.67 (29.71)	1:27.38 (30.71)	1:57.96 (30.58)		
10 Shelton, Pearl	SR	Walter Johnson High School	1:58.13	1:58.10	q
27.79	57.76 (29.97)	1:27.90 (30.14)	1:58.10 (30.20)		
11 Ivanovskaya, Taisiya		Damascus High School	1:57.24	1:58.32	q
27.93	57.95 (30.02)	1:28.15 (30.20)	1:58.32 (30.17)		
12 Lim, Sophie	SO	Georgetown Day School	1:57.71	1:58.84	q
27.77	57.57 (29.80)	1:28.38 (30.81)	1:58.84 (30.46)		
13 Caiazza-Blum, Alice	SR	Bethesda-Chevy Chase High Scho	1:56.60	1:59.62	q
27.86	57.99 (30.13)	1:28.76 (30.77)	1:59.62 (30.86)		
14 Mulkey, Anne	JR	Walter Johnson High School	1:57.30	1:59.66	q
27.54	57.65 (30.11)	1:28.61 (30.96)	1:59.66 (31.05)		
15 De Souza, Paige	JR	Winston Churchill	1:59.50	2:00.33	q
27.30	57.29 (29.99)	1:29.13 (31.84)	2:00.33 (31.20)		
16 Takada-Jacobson, Hannah	SR	Quince Orchard High School	2:03.62	2:00.42	q
28.65	58.94 (30.29)	1:29.78 (30.84)	2:00.42 (30.64)		
17 Dean, Skylar	JR	Colonel Zadok Magruder High Sc	1:59.27	2:00.47	q
27.92	58.58 (30.66)	1:29.71 (31.13)	2:00.47 (30.76)		
18 Gudana, Sophie	SO	Montgomery Blair Swim & Dive	1:54.86	2:00.81	q
27.63	57.85 (30.22)	1:29.65 (31.80)	2:00.81 (31.16)		
19 Green, Chloe	SR	Walt Whitman HS Swim and Dive	2:00.71	2:01.43	q
27.57	58.29 (30.72)	1:29.91 (31.62)	2:01.43 (31.52)		
20 Hughes, Sophia	FR	Walt Whitman HS Swim and Dive	1:59.97	2:01.56	q
27.75	58.70 (30.95)	1:30.17 (31.47)	2:01.56 (31.39)		
21 Hawman, Sora	FR	Rockville High School	2:05.75	2:01.78	
27.43	57.99 (30.56)	1:29.73 (31.74)	2:01.78 (32.05)		
22 Smith, Lauren	SR	Our Lady of Good Counsel	2:00.33	2:02.03	
28.66	59.25 (30.59)	1:30.64 (31.39)	2:02.03 (31.39)		
23 Katz, Ariana	JR	Quince Orchard High School	2:03.62	2:02.06	
28.05	58.47 (30.42)	1:30.34 (31.87)	2:02.06 (31.72)		

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 4 Girls 200 Yard Freestyle)

	Name	Yr	School	Seed Time	Prelim Time
24	Wang, Christine	SO	Poolesville	2:05.98	2:02.20
	27.86	58.49 (30.63)	1:30.02 (31.53)	2:02.20 (32.18)	
25	Ossi, Chloe	SO	Montgomery Blair Swim & Dive	2:03.66	2:02.79
	28.79	59.90 (31.11)	1:31.75 (31.85)	2:02.79 (31.04)	
26	Blachere, Corinne	JR	Sherwood Warriors	1:58.86	2:02.89
	28.23	58.92 (30.69)	1:30.36 (31.44)	2:02.89 (32.53)	
27	Morton, Olivia	FR	Bethesda-Chevy Chase High Scho	1:59.91	2:03.14
	27.48	58.16 (30.68)	1:30.31 (32.15)	2:03.14 (32.83)	
28	Coapstick, Rachel	FR	Wootton Swimming and Diving	2:02.98	2:03.34
	27.82	58.64 (30.82)	1:31.23 (32.59)	2:03.34 (32.11)	
29	Lee, Jeanelle	JR	Walter Johnson High School	2:04.70	2:03.39
	27.58	58.08 (30.50)	1:30.28 (32.20)	2:03.39 (33.11)	
30	Humpert, Lucy	SO	Montgomery Blair Swim & Dive	2:03.57	2:03.59
	27.99	59.73 (31.74)	1:32.07 (32.34)	2:03.59 (31.52)	
31	Latcovich, Madeline	28	National Cathedral School	2:03.34	2:03.86
	28.00	59.19 (31.19)	1:31.42 (32.23)	2:03.86 (32.44)	
32	Wolfington, Annika	SO	Quince Orchard High School	2:05.00	2:03.95
	28.67	1:00.31 (31.64)	1:32.59 (32.28)	2:03.95 (31.36)	
33	Stillman, Maeve	JR	Our Lady of Good Counsel	2:00.23	2:04.02
	28.45	59.97 (31.52)	1:32.42 (32.45)	2:04.02 (31.60)	
34	Floyd, Elle	JR	Sherwood Warriors	2:00.27	2:04.83
	28.65	1:00.01 (31.36)	1:32.96 (32.95)	2:04.83 (31.87)	
35	McGee, Grace	SO	Walt Whitman HS Swim and Dive	2:05.32	2:05.71
	29.01	1:01.00 (31.99)	1:33.63 (32.63)	2:05.71 (32.08)	
36	Felgenhauer, Willa	25	National Cathedral School	2:06.14	2:05.88
	28.31	59.58 (31.27)	1:32.36 (32.78)	2:05.88 (33.52)	
37	Grimberg, Olivia	SR	St. John's College High School	2:07.99	2:06.30
	29.65	1:01.63 (31.98)	1:35.26 (33.63)	2:06.30 (31.04)	
38	Guo, Melanie	JR	Poolesville	2:07.19	2:06.57
	29.57	1:01.17 (31.60)	1:33.55 (32.38)	2:06.57 (33.02)	
39	Khani, Allison	SR	Walt Whitman HS Swim and Dive	2:04.32	2:06.58
	29.05	1:01.12 (32.07)	1:33.71 (32.59)	2:06.58 (32.87)	
40	Southerling, Shawn	SO	The Holton-Arms School	2:07.44	2:06.75
	28.59	1:00.41 (31.82)	1:33.57 (33.16)	2:06.75 (33.18)	
41	Thomas, Abygail	FR	St. John's College High School	2:06.62	2:07.84
	28.24	1:00.53 (32.29)	1:34.87 (34.34)	2:07.84 (32.97)	
42	Gomez-Espinoza, Isabella	SO	Stone Ridge	2:04.24	2:09.03
	29.08	1:01.66 (32.58)	2:09.03 (1:07.37)		
43	Wilson, Madeleine	FR	Poolesville	2:06.37	2:09.22
	29.43	1:01.58 (32.15)	1:35.59 (34.01)	2:09.22 (33.63)	
44	Selak, Aden	FR	Seneca Valley High School	2:08.01	2:09.63
	30.30	1:03.45 (33.15)	1:36.54 (33.09)	2:09.63 (33.09)	
45	Cooke, Caroline	JR	Rockville High School	2:07.58	2:10.20
	30.41	1:03.47 (33.06)	1:37.03 (33.56)	2:10.20 (33.17)	
46	Faustini, Nina	SO	Our Lady of Good Counsel	2:06.42	2:11.28
	29.03	1:02.49 (33.46)	1:37.13 (34.64)	2:11.28 (34.15)	

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Event 5 Boys 200 Yard IM

METROS: 1:43.58 M 2/10/2024 Adriano Arioti GDS
1:49.14 AAAU
1:51.34 AAAC

Name	Yr	School	Prelim Time	Finals Time	Points
Championship Final					
1 Oehler, Griffin	SO	GEORGETOWN PREPARATORY SCHOC	1:49.82	1:47.32	24
23.51	49.30 (25.79)	1:20.97 (31.67)	1:47.32 (26.35)		
2 Dionne, Luc	SO	Walter Johnson High School	1:52.33	1:50.00	21
24.35	52.44 (28.09)	1:23.28 (30.84)	1:50.00 (26.72)		
3 Devinney, Edward	SO	Winston Churchill	1:53.78	1:51.55	20
23.55	52.23 (28.68)	1:24.70 (32.47)	1:51.55 (26.85)		
4 Jungbluth, Alexander	SO	DeMatha Catholic High School	1:54.72	1:51.82	19
23.62	52.33 (28.71)	1:24.42 (32.09)	1:51.82 (27.40)		
5 Shafer, Lukas	SR	Quince Orchard High School	1:55.46	1:53.08	18
24.12	53.04 (28.92)	1:25.89 (32.85)	1:53.08 (27.19)		
6 Morgan, William	SO	Gonzaga College High School	1:54.58	1:54.74	17
23.84	53.82 (29.98)	1:27.38 (33.56)	1:54.74 (27.36)		
7 Wilkinson, Caden	SR	Gonzaga College High School	1:54.32	1:54.80	16
24.33	53.64 (29.31)	1:26.80 (33.16)	1:54.80 (28.00)		
8 Mcdonough, Edward	SR	Montgomery Blair Swim & Dive	1:55.14	1:55.27	15
25.26	54.00 (28.74)	1:27.90 (33.90)	1:55.27 (27.37)		
9 Akselioglu, Deren	SO	Rockville High School	1:57.56	1:57.37	14
25.57	54.74 (29.17)	1:30.17 (35.43)	1:57.37 (27.20)		
10 Murphy, Taiyo	JR	Walter Johnson High School	1:56.87	1:57.83	13
25.98	54.68 (28.70)	1:28.90 (34.22)	1:57.83 (28.93)		
Consolation Final					
11 Conroy, Charlie	SR	Walt Whitman HS Swim and Dive	1:57.71	1:55.57	11
25.52	54.88 (29.36)	1:29.54 (34.66)	1:55.57 (26.03)		
12 Lombardo, Jonathan	SO	DeMatha Catholic High School	1:58.56	1:56.90	9
25.27	55.62 (30.35)	1:29.03 (33.41)	1:56.90 (27.87)		
13 Finnegan, Charles	SO	Richard Montgomery Swim & Dive	1:59.09	1:58.45	8
26.03	55.88 (29.85)	1:31.14 (35.26)	1:58.45 (27.31)		
14 Lakhe, Kyle	JR	Bethesda-Chevy Chase High Scho	2:00.08	1:58.89	7
26.36	58.14 (31.78)	1:30.70 (32.56)	1:58.89 (28.19)		
15 Burger, Seth	SO	Bullis School	1:58.73	1:59.13	6
25.99	55.69 (29.70)	1:30.22 (34.53)	1:59.13 (28.91)		
16 Peppelman, John	SR	Walter Johnson High School	1:59.95	1:59.53	5
25.74	57.20 (31.46)	1:30.24 (33.04)	1:59.53 (29.29)		
17 Maready, Mason	FR	Sherwood Warriors	2:00.24	1:59.89	4
26.40	55.49 (29.09)	1:31.07 (35.58)	1:59.89 (28.82)		
18 Soles, Isaac	SO	Poolesville	2:00.55	1:59.91	3
26.24	57.43 (31.19)	1:31.80 (34.37)	1:59.91 (28.11)		
19 Dawson, John	10	Blake Bengals	1:59.82	2:00.47	2
26.49	58.18 (31.69)	1:31.83 (33.65)	2:00.47 (28.64)		
20 Qian, Ethan	SR	Poolesville	1:58.91	2:01.35	1
26.32	57.84 (31.52)	1:32.47 (34.63)	2:01.35 (28.88)		

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Event 5 Boys 200 Yard IM

METROS: 1:43.58 M 2/10/2024 Adriano Arioti
1:49.14 AAAU
1:51.34 AAAC

GDS

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1	Oehler, Griffin	SO GEORGETOWN PREPARATORY SCHOC	1:47.22	1:49.82	q
	23.81	50.50 (26.69)	1:22.58 (32.08)	1:49.82 (27.24)	
2	Dionne, Luc	SO Walter Johnson High School	1:50.62	1:52.33	q
	24.83	53.77 (28.94)	1:24.96 (31.19)	1:52.33 (27.37)	
3	Devinney, Edward	SO Winston Churchill	1:51.94	1:53.78	q
	24.59	53.87 (29.28)	1:26.54 (32.67)	1:53.78 (27.24)	
4	Wilkinson, Caden	SR Gonzaga College High School	1:54.36	1:54.32	q
	24.68	54.02 (29.34)	1:26.75 (32.73)	1:54.32 (27.57)	
5	Morgan, William	SO Gonzaga College High School	1:53.44	1:54.58	q
	24.37	53.23 (28.86)	1:26.72 (33.49)	1:54.58 (27.86)	
6	Jungbluth, Alexander	SO DeMatha Catholic High School	1:52.25	1:54.72	q
	24.02	53.80 (29.78)	1:26.94 (33.14)	1:54.72 (27.78)	
7	Mcdonough, Edward	SR Montgomery Blair Swim & Dive	1:52.76	1:55.14	q
	25.06	54.05 (28.99)	1:27.75 (33.70)	1:55.14 (27.39)	
8	Shafer, Lukas	SR Quince Orchard High School	1:54.17	1:55.46	q
	25.12	54.21 (29.09)	1:27.78 (33.57)	1:55.46 (27.68)	
9	Murphy, Taiyo	JR Walter Johnson High School	1:54.94	1:56.87	q
	25.59	54.52 (28.93)	1:28.62 (34.10)	1:56.87 (28.25)	
10	Akselioglu, Deren	SO Rockville High School	1:56.86	1:57.56	q
	25.31	54.88 (29.57)	1:30.44 (35.56)	1:57.56 (27.12)	
11	Conroy, Charlie	SR Walt Whitman HS Swim and Dive	2:00.81	1:57.71	q
	25.19	54.84 (29.65)	1:30.15 (35.31)	1:57.71 (27.56)	
12	Lombardo, Jonathan	SO DeMatha Catholic High School	1:58.46	1:58.56	q
	26.41	57.98 (31.57)	1:31.07 (33.09)	1:58.56 (27.49)	
13	Burger, Seth	SO Bullis School	1:57.90	1:58.73	q
	25.32	54.92 (29.60)	1:29.46 (34.54)	1:58.73 (29.27)	
14	Qian, Ethan	SR Poolesville	2:00.28	1:58.91	q
	26.48	57.18 (30.70)	1:30.32 (33.14)	1:58.91 (28.59)	
15	Finnegan, Charles	SO Richard Montgomery Swim & Dive	1:58.57	1:59.09	q
	26.10	56.25 (30.15)	1:31.28 (35.03)	1:59.09 (27.81)	
16	Dawson, John	10 Blake Bengals	1:59.84	1:59.82	q
	26.16	57.85 (31.69)	1:31.27 (33.42)	1:59.82 (28.55)	
17	Peppelman, John	SR Walter Johnson High School	1:59.89	1:59.95	q
	25.89	57.74 (31.85)	1:31.20 (33.46)	1:59.95 (28.75)	
18	Lakhe, Kyle	JR Bethesda-Chevy Chase High Scho	1:59.41	2:00.08	q
	26.62	59.23 (32.61)	1:31.59 (32.36)	2:00.08 (28.49)	
19	Maready, Mason	FR Sherwood Warriors	2:01.88	2:00.24	q
	26.49	56.15 (29.66)	1:31.92 (35.77)	2:00.24 (28.32)	
20	Soles, Isaac	SO Poolesville	2:01.49	2:00.55	q
	26.34	58.23 (31.89)	1:32.45 (34.22)	2:00.55 (28.10)	
21	Groves, Cameron	SR Walt Whitman HS Swim and Dive	1:59.06	2:00.58	
	26.23	56.58 (30.35)	1:31.37 (34.79)	2:00.58 (29.21)	
22	Hamilton, Jack	JR DeMatha Catholic High School	1:54.61	2:00.63	
	25.69	56.34 (30.65)	1:31.62 (35.28)	2:00.63 (29.01)	
23	Jiminez, Patrick	JR Sidwell Friends School	2:02.52	2:01.14	
	25.25	57.62 (32.37)	1:32.17 (34.55)	2:01.14 (28.97)	

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 5 Boys 200 Yard IM)

Name	Yr	School	Seed Time	Prelim Time
24 Press, Joseph	JR	Walt Whitman HS Swim and Dive	2:03.05	2:01.76
26.43	56.85 (30.42)	1:31.83 (34.98)	2:01.76 (29.93)	
25 Lee, Ethan	JR	Poolesville	1:59.19	2:01.96
26.05	58.02 (31.97)	1:32.73 (34.71)	2:01.96 (29.23)	
26 Vaonakis, Phoenix	10	Blake Bengals	2:07.09	2:02.38
26.38	57.43 (31.05)	1:33.20 (35.77)	2:02.38 (29.18)	
27 Duma, John	JR	Bethesda-Chevy Chase High Scho	2:00.70	2:02.49
26.06	55.74 (29.68)	1:33.83 (38.09)	2:02.49 (28.66)	
28 Sparshott, Thomas	JR	Montgomery Blair Swim & Dive	2:07.79	2:03.60
26.11	57.56 (31.45)	1:34.84 (37.28)	2:03.60 (28.76)	
29 Hanson, Gaberiel	FR	GEORGETOWN PREPARATORY SCHOC	1:59.17	2:03.88
25.78	55.53 (29.75)	1:33.39 (37.86)	2:03.88 (30.49)	
30 Smith, Levi	FR	DeMatha Catholic High School	2:02.26	2:03.94
27.31	58.79 (31.48)	1:33.88 (35.09)	2:03.94 (30.06)	
31 Chandran, Alexander	JR	Poolesville	2:06.07	2:04.43
27.87	1:00.64 (32.77)	1:35.48 (34.84)	2:04.43 (28.95)	
32 Iimi, Shou	FR	Sidwell Friends School	2:03.56	2:04.54
26.97	59.00 (32.03)	1:34.66 (35.66)	2:04.54 (29.88)	
33 Arluck, Alexander	SO	Bullis School	2:01.22	2:05.47
26.38	57.62 (31.24)	1:34.50 (36.88)	2:05.47 (30.97)	
34 Spooner, Alex	JR	Gonzaga College High School	2:06.55	2:05.49
26.18	59.23 (33.05)	1:35.24 (36.01)	2:05.49 (30.25)	
35 Fry, Patrick	SO	St. John's College High School	2:07.86	2:05.84
25.82	57.56 (31.74)	1:35.12 (37.56)	2:05.84 (30.72)	
36 Scott, Maxwell		School Without Walls	2:12.50	2:06.04
27.30	59.90 (32.60)	1:36.74 (36.84)	2:06.04 (29.30)	
37 Chen, Kevin	FR	Walter Johnson High School	2:09.96	2:06.09
27.37	1:01.98 (34.61)	1:36.11 (34.13)	2:06.09 (29.98)	
38 Avalos, Ethan	FR	Bethesda-Chevy Chase High Scho	2:05.08	2:06.12
27.21	1:00.12 (32.91)	1:36.68 (36.56)	2:06.12 (29.44)	
39 Esquenet, Charles	JR	GEORGETOWN PREPARATORY SCHOC	2:06.23	2:06.21
26.84	58.81 (31.97)	1:36.76 (37.95)	2:06.21 (29.45)	
40 Alfonso-Frank, Simon	FR	Montgomery Blair Swim & Dive	2:08.71	2:07.49
27.07	59.02 (31.95)	1:36.33 (37.31)	2:07.49 (31.16)	
41 Stelzer, Graham	SO	Richard Montgomery Swim & Dive	2:06.96	2:07.98
26.80	59.33 (32.53)	1:37.35 (38.02)	2:07.98 (30.63)	
42 Quach, Ethan	SO	Damascus High School	2:07.84	2:08.23
28.53	1:03.81 (35.28)	1:38.26 (34.45)	2:08.23 (29.97)	
43 House, Nathan	FR	Gonzaga College High School	2:08.13	2:08.37
27.32	1:02.69 (35.37)	1:38.18 (35.49)	2:08.37 (30.19)	
44 Aronoff, Noah	SO	Landon School Varsity Swimming	2:07.18	2:08.79
26.80	1:01.14 (34.34)	1:39.89 (38.75)	2:08.79 (28.90)	
45 Cummins, Beckett	28	Flint Hill School	2:06.38	2:08.87
27.38	1:03.10 (35.72)	1:39.50 (36.40)	2:08.87 (29.37)	
46 Main, Josiah	SR	Richard Montgomery Swim & Dive	2:11.22	2:09.17
29.27	1:02.06 (32.79)	1:38.45 (36.39)	2:09.17 (30.72)	
47 Opima, Ayden	JR	Sherwood Warriors	2:08.72	2:09.26
27.33	59.90 (32.57)	1:38.30 (38.40)	2:09.26 (30.96)	
48 Helfers, William	FR	Wheaton High School	2:11.15	2:09.32
28.90	1:01.86 (32.96)	1:37.99 (36.13)	2:09.32 (31.33)	
49 Marchand, Luc	SO	Landon School Varsity Swimming	2:08.60	2:10.09
27.65	59.52 (31.87)	1:39.45 (39.93)	2:10.09 (30.64)	

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 5 Boys 200 Yard IM)

Name	Yr	School	Seed Time	Prelim Time
50 Donohue, John	SO	Bullis School	2:09.83	2:10.31
28.17	1:01.26 (33.09)	1:38.89 (37.63)	2:10.31 (31.42)	
51 Leeroy, Wesley	SR	Richard Montgomery Swim & Dive	2:05.44	2:10.59
28.00	1:03.89 (35.89)	1:39.66 (35.77)	2:10.59 (30.93)	
52 Li, Jaden	28	St. Albans School	2:08.65	2:11.52
28.70	1:03.98 (35.28)	1:39.35 (35.37)	2:11.52 (32.17)	
53 Fayed, Jacob	FR	Landon School Varsity Swimming	2:12.35	2:11.93
28.91	1:01.53 (32.62)	1:42.21 (40.68)	2:11.93 (29.72)	
54 Chen, Eric	SO	Montgomery Blair Swim & Dive	2:11.69	2:12.71
28.71	1:02.35 (33.64)	1:40.58 (38.23)	2:12.71 (32.13)	
55 Selak, Landen	SO	Seneca Valley High School	2:12.93	2:12.77
27.47	1:01.72 (34.25)	1:40.90 (39.18)	2:12.77 (31.87)	
56 Glenn, Tyler	JR	Colonel Zadok Magruder High Sc	2:09.61	2:13.02
28.83	1:01.57 (32.74)	1:40.51 (38.94)	2:13.02 (32.51)	
57 Chan, Isaac	SO	Northwest High School	2:13.09	2:14.07
29.38	1:05.66 (36.28)	1:43.08 (37.42)	2:14.07 (30.99)	
58 Hwang, Sean	FR	Northwest High School	2:11.28	2:14.41
28.73	1:03.78 (35.05)	1:44.12 (40.34)	2:14.41 (30.29)	
59 Nguyen, Blake	27	Flint Hill School	2:11.00	2:14.71
28.69	1:04.19 (35.50)	1:42.31 (38.12)	2:14.71 (32.40)	
60 Matsuyama, Aron	JR	Winston Churchill	2:04.40	2:15.24
27.21	59.40 (32.19)	1:40.40 (41.00)	2:15.24 (34.84)	
61 Dickens, Gregory	SO	Quince Orchard High School	2:11.84	2:15.63
30.17	1:07.00 (36.83)	1:45.09 (38.09)	2:15.63 (30.54)	
62 Verderese, Nicholas	SO	The Heights School	2:14.63	2:15.75
29.34	1:05.31 (35.97)	1:44.92 (39.61)	2:15.75 (30.83)	
63 Tat, Christian	SR	Northwest High School	2:14.15	2:16.14
27.67	1:03.64 (35.97)	1:42.96 (39.32)	2:16.14 (33.18)	
64 Smith, Adney	SR	Bethesda-Chevy Chase High Scho	2:10.41	2:16.95
29.44	1:04.56 (35.12)	1:45.12 (40.56)	2:16.95 (31.83)	
65 Finn, Charlie	SO	GEORGETOWN PREPARATORY SCHOC	2:14.66	2:20.77
30.06	1:06.71 (36.65)	1:49.48 (42.77)	2:20.77 (31.29)	

Event 6 Girls 200 Yard IM

METROS: 1:55.39 M 2/8/2020 Phoebe Bacon Stone Ridge
2:01.38 AAAU
2:04.11 AAAC

Name	Yr	School	Prelim Time	Finals Time	Points
Championship Final					
1 Simmons, Madeleine	SR	Walter Johnson High School	2:04.94	2:03.09	24
26.46	56.95 (30.49)	1:33.94 (36.99)	2:03.09 (29.15)		
2 Kincaid, Kellie	JR	Our Lady of Good Counsel	2:05.42	2:03.25	21
27.09	57.72 (30.63)	1:34.26 (36.54)	2:03.25 (28.99)		
*3 Webb, Maria	SR	Colonel Zadok Magruder High Sc	2:06.69	2:04.08	19.50
26.38	57.56 (31.18)	1:35.15 (37.59)	2:04.08 (28.93)		
*3 Bishop, Lexie	FR	St. John's College High School	2:05.95	2:04.08	19.50
26.78	58.80 (32.02)	1:35.44 (36.64)	2:04.08 (28.64)		
5 Bartholomew, Isla	SR	Walter Johnson High School	2:07.67	2:07.09	18
27.93	1:00.76 (32.83)	1:37.37 (36.61)	2:07.09 (29.72)		
6 Sunjaya, Viona	SO	Damascus High School	2:07.84	2:07.99	17
27.79	1:01.78 (33.99)	1:37.46 (35.68)	2:07.99 (30.53)		
7 Kwon, Alyssa	SR	Montgomery Blair Swim & Dive	2:09.13	2:09.01	16
27.72	59.77 (32.05)	1:38.89 (39.12)	2:09.01 (30.12)		

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Championship Final ... (Event 6 Girls 200 Yard IM)

Name	Yr	School	Prelim Time	Finals Time	Points
8 Yeou, Jisoo	FR	Walt Whitman HS Swim and Dive	2:09.90	2:09.75	15
29.05	1:01.23 (32.18)	1:38.80 (37.57)	2:09.75 (30.95)		
9 Xiao, Alice	JU	St. Andrew's Episcopal School	2:09.97	2:10.51	14
27.40	1:02.18 (34.78)	1:40.97 (38.79)	2:10.51 (29.54)		
10 McGee, Zoe	JR	Walter Johnson High School	2:10.64	2:10.71	13
27.31	1:00.62 (33.31)	1:40.15 (39.53)	2:10.71 (30.56)		
Consolation Final					
11 Rabah, Luana	FR	The Holton-Arms School	2:12.90	2:10.76	11
28.71	1:01.73 (33.02)	1:40.36 (38.63)	2:10.76 (30.40)		
12 Fleck, Kristina	SR	Walt Whitman HS Swim and Dive	2:11.58	2:10.92	9
28.03	1:02.39 (34.36)	1:40.23 (37.84)	2:10.92 (30.69)		
13 Groves, Caitlin	SO	Walt Whitman HS Swim and Dive	2:12.23	2:12.78	8
28.53	1:01.35 (32.82)	1:42.06 (40.71)	2:12.78 (30.72)		
14 Williams, Jill	JR	Sherwood Warriors	2:14.09	2:12.81	7
28.29	1:03.72 (35.43)	1:41.26 (37.54)	2:12.81 (31.55)		
15 Chong, Finley	FR	Richard Montgomery Swim & Dive	2:12.12	2:12.88	6
30.05	1:03.84 (33.79)	1:42.69 (38.85)	2:12.88 (30.19)		
16 Gaskin, Catherine	SR	The Holton-Arms School	2:14.58	2:13.11	5
28.20	1:02.33 (34.13)	1:41.83 (39.50)	2:13.11 (31.28)		
17 Frantz, Nyah	SO	Richard Montgomery Swim & Dive	2:13.29	2:13.99	4
28.38	1:03.74 (35.36)	1:42.05 (38.31)	2:13.99 (31.94)		
18 Andrews, Abigail	FR	St. John's College High School	2:13.86	2:15.73	3
29.56	1:04.16 (34.60)	1:43.04 (38.88)	2:15.73 (32.69)		
19 Li, Reyna	SO	Winston Churchill	2:15.01	2:16.83	2
29.04	1:04.61 (35.57)	1:43.21 (38.60)	2:16.83 (33.62)		
20 House, Cameron	SR	Stone Ridge	2:14.63	2:17.57	1
29.50	1:06.25 (36.75)	1:43.83 (37.58)	2:17.57 (33.74)		

Event 6 Girls 200 Yard IM

METROS: 1:55.39 M 2/8/2020 Phoebe Bacon Stone Ridge
2:01.38 AAAU
2:04.11 AAAC

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Simmons, Madeleine	SR	Walter Johnson High School	2:01.93	2:04.94	q
27.00	58.76 (31.76)	1:35.72 (36.96)	2:04.94 (29.22)		
2 Kincaid, Kellie	JR	Our Lady of Good Counsel	2:07.84	2:05.42	q
28.11	59.01 (30.90)	1:36.25 (37.24)	2:05.42 (29.17)		
3 Bishop, Lexie	FR	St. John's College High School	2:05.50	2:05.95	q
26.96	58.57 (31.61)	1:35.80 (37.23)	2:05.95 (30.15)		
4 Webb, Maria	SR	Colonel Zadok Magruder High Sc	2:04.44	2:06.69	q
26.88	58.09 (31.21)	1:36.81 (38.72)	2:06.69 (29.88)		
5 Bartholomew, Isla	SR	Walter Johnson High School	2:08.77	2:07.67	q
27.92	1:01.66 (33.74)	1:37.90 (36.24)	2:07.67 (29.77)		
6 Sunjaya, Viona	SO	Damascus High School	2:08.86	2:07.84	q
27.80	1:02.03 (34.23)	1:37.18 (35.15)	2:07.84 (30.66)		
7 Kwon, Alyssa	SR	Montgomery Blair Swim & Dive	2:08.41	2:09.13	q
28.08	1:00.44 (32.36)	1:39.55 (39.11)	2:09.13 (29.58)		
8 Yeou, Jisoo	FR	Walt Whitman HS Swim and Dive	2:11.78	2:09.90	q
29.40	1:01.49 (32.09)	1:39.17 (37.68)	2:09.90 (30.73)		
9 Xiao, Alice	JU	St. Andrew's Episcopal School	2:08.34	2:09.97	q
28.18	1:01.23 (33.05)	1:40.33 (39.10)	2:09.97 (29.64)		

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 6 Girls 200 Yard IM)

	Name	Yr	School	Seed Time	Prelim Time	
10	McGee, Zoe	JR	Walter Johnson High School	2:10.23	2:10.64	q
	27.58	1:00.73 (33.15)	2:10.64 (1:09.91)			
11	Fleck, Kristina	SR	Walt Whitman HS Swim and Dive	2:10.76	2:11.58	q
	28.77	1:02.97 (34.20)	1:40.66 (37.69)	2:11.58 (30.92)		
12	Chong, Finley	FR	Richard Montgomery Swim & Dive	2:10.94	2:12.12	q
	29.75	1:03.36 (33.61)	1:41.67 (38.31)	2:12.12 (30.45)		
13	Groves, Caitlin	SO	Walt Whitman HS Swim and Dive	2:12.42	2:12.23	q
	28.56	1:02.32 (33.76)	1:41.89 (39.57)	2:12.23 (30.34)		
14	Rabah, Luana	FR	The Holton-Arms School	2:13.50	2:12.90	q
	28.83	1:03.46 (34.63)	1:42.12 (38.66)	2:12.90 (30.78)		
15	Frantz, Nyah	SO	Richard Montgomery Swim & Dive	2:13.06	2:13.29	q
	28.59	1:03.85 (35.26)	1:41.45 (37.60)	2:13.29 (31.84)		
16	Andrews, Abigail	FR	St. John's College High School	2:10.35	2:13.86	q
	29.07	1:03.43 (34.36)	1:42.21 (38.78)	2:13.86 (31.65)		
17	Williams, Jill	JR	Sherwood Warriors	2:14.32	2:14.09	q
	28.78	1:04.23 (35.45)	1:42.32 (38.09)	2:14.09 (31.77)		
18	Gaskin, Catherine	SR	The Holton-Arms School	2:11.18	2:14.58	q
	28.19	1:03.43 (35.24)	1:43.71 (40.28)	2:14.58 (30.87)		
19	House, Cameron	SR	Stone Ridge	2:13.67	2:14.63	q
	29.20	1:05.28 (36.08)	1:42.20 (36.92)	2:14.63 (32.43)		
20	Li, Reyna	SO	Winston Churchill	2:15.95	2:15.01	q
	29.67	1:04.04 (34.37)	1:43.30 (39.26)	2:15.01 (31.71)		
21	Gravell, Kylie	JR	St. John's College High School	2:15.33	2:15.71	
	29.45	1:04.69 (35.24)	1:43.95 (39.26)	2:15.71 (31.76)		
22	Starr, Isabella	SR	Walt Whitman HS Swim and Dive	2:16.77	2:16.09	
	29.47	1:06.92 (37.45)	1:43.98 (37.06)	2:16.09 (32.11)		
23	Decatur, Audrey	FR	Our Lady of Good Counsel	2:15.36	2:16.74	
	29.19	1:04.14 (34.95)	1:44.07 (39.93)	2:16.74 (32.67)		
24	Gebre, Arriam	JR	MARET SCHOOL	2:15.76	2:17.11	
	29.94	1:04.99 (35.05)	1:45.30 (40.31)	2:17.11 (31.81)		
25	Watanabe, Amy	SR	Montgomery Blair Swim & Dive	2:21.43	2:17.97	
	29.72	1:05.96 (36.24)	1:46.39 (40.43)	2:17.97 (31.58)		
26	Yanes, Giselle	SR	Colonel Zadok Magruder High Sc	2:15.94	2:18.00	
	31.29	1:07.52 (36.23)	1:45.37 (37.85)	2:18.00 (32.63)		
27	Pollitt, Addison	SR	Walter Johnson High School	2:12.68	2:18.33	
	30.12	1:04.24 (34.12)	1:45.21 (40.97)	2:18.33 (33.12)		
28	Ma, Enya	SO	Montgomery Blair Swim & Dive	2:20.76	2:18.51	
	29.44	1:06.21 (36.77)	1:47.16 (40.95)	2:18.51 (31.35)		
29	Johnson, Mia	SR	Bishop McNamara High School	2:22.80	2:19.11	
	29.45	1:05.73 (36.28)	1:45.99 (40.26)	2:19.11 (33.12)		
30	Krupinski, Grace	JR	Bethesda-Chevy Chase High Scho	2:18.41	2:20.06	
	30.17	1:04.41 (34.24)	1:47.10 (42.69)	2:20.06 (32.96)		
31	Shive, Leah	SO	Winston Churchill	2:13.57	2:20.68	
	28.67	1:04.05 (35.38)	1:45.16 (41.11)	2:20.68 (35.52)		
32	Harms, Sofia	SO	Sidwell Friends School	2:17.60	2:20.78	
	29.11	1:04.53 (35.42)	1:47.81 (43.28)	2:20.78 (32.97)		
*33	Zhou, Elly	FR	Winston Churchill	2:22.39	2:20.97	
	28.74	1:05.38 (36.64)	1:46.54 (41.16)	2:20.97 (34.43)		
*33	Mendizabal, Malia	FR	Bethesda-Chevy Chase High Scho	2:24.80	2:20.97	
	29.63	1:06.74 (37.11)	1:48.16 (41.42)	2:20.97 (32.81)		

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 6 Girls 200 Yard IM)

Name	Yr	School	Seed Time	Prelim Time
35 Henry, Paige	JR	Rockville High School	2:17.61	2:21.47
30.57	1:06.13 (35.56)	1:48.86 (42.73)	2:21.47 (32.61)	
36 Goch, Elliot	FR	Sidwell Friends School	2:19.02	2:22.27
30.41	1:06.42 (36.01)	1:49.07 (42.65)	2:22.27 (33.20)	
37 Ossi, Hope	SO	Montgomery Blair Swim & Dive	2:22.26	2:22.74
30.19	1:08.16 (37.97)	1:51.23 (43.07)	2:22.74 (31.51)	
38 Sislen, Tea	SO	MARET SCHOOL	2:21.15	2:23.07
31.59	1:05.69 (34.10)	1:50.92 (45.23)	2:23.07 (32.15)	
39 Scott, Samantha	FR	St. John's College High School	2:25.09	2:23.08
30.92	1:05.79 (34.87)	1:48.76 (42.97)	2:23.08 (34.32)	
40 Patterson, Brooke	JR	Bethesda-Chevy Chase High Scho	2:17.32	2:23.20
30.29	1:08.42 (38.13)	1:50.39 (41.97)	2:23.20 (32.81)	
41 Floyd, Sofie	FR	Sherwood Warriors	2:23.38	2:23.86
31.84	1:08.57 (36.73)	1:49.86 (41.29)	2:23.86 (34.00)	
42 Baillie, Lily	FR	Rockville High School	2:25.71	2:23.89
32.62	1:09.19 (36.57)	1:50.99 (41.80)	2:23.89 (32.90)	
43 Grahl, Sophie	JR	THE ACADEMY OF THE HOLY CROSS	2:25.53	2:24.22
30.30	1:07.61 (37.31)	1:49.49 (41.88)	2:24.22 (34.73)	
44 Kuzmenko, Kristina	SO	Poolesville	2:24.40	2:24.63
31.08	1:07.40 (36.32)	1:51.39 (43.99)	2:24.63 (33.24)	
45 Braden, Cara	FR	Stone Ridge	2:23.35	2:24.79
31.19	1:06.09 (34.90)	1:51.50 (45.41)	2:24.79 (33.29)	
46 Weiner, Isabelle	SO	Wootton Swimming and Diving	2:25.12	2:25.49
31.23	1:07.52 (36.29)	1:51.85 (44.33)	2:25.49 (33.64)	
47 Yan, Brianna	FR	Wootton Swimming and Diving	2:25.78	2:26.99
31.01	1:07.11 (36.10)	1:51.26 (44.15)	2:26.99 (35.73)	
48 Lowell, Sylvie	FR	Stone Ridge	2:25.25	2:27.31
31.42	1:07.90 (36.48)	1:51.26 (43.36)	2:27.31 (36.05)	
49 Rogers, Lily	JR	The Holton-Arms School	2:17.36	2:27.72
31.00	1:09.51 (38.51)	1:50.71 (41.20)	2:27.72 (37.01)	
50 Cardenas Gaviria, Jaylinne	SR	Northwest High School	2:24.69	2:27.99
30.39	1:08.49 (38.10)	1:53.13 (44.64)	2:27.99 (34.86)	
51 Lopez Murphy, Malena	FR	Sidwell Friends School	2:25.51	2:28.08
31.46	1:09.25 (37.79)	1:54.03 (44.78)	2:28.08 (34.05)	
52 Avila, Amelia	SO	Our Lady of Good Counsel	2:24.55	2:30.66
31.93	1:10.66 (38.73)	1:56.49 (45.83)	2:30.66 (34.17)	
--- Lacson, Aleah Mara	SO	Richard Montgomery Swim & Dive	2:23.94	DFS

Event 7 Boys 50 Yard Freestyle

METROS: 19.85 M 2/11/2012 Jack Conger Good Counsel
20.41 AAAU
20.80 AAAC

Name	Yr	School	Prelim Time	Finals Time	Points
Championship Final					
1 Ross, Jayson	SR	DeMatha Catholic High School	20.96	20.45	24
2 Vanas, Andrew	JR	GEORGETOWN PREPARATORY SCHOC	20.70	20.56	21
3 Coapstick, Tyler	SR	Wootton Swimming and Diving	21.16	20.76	20
4 Bice, Palmer	SR	Gonzaga College High School	21.15	20.78	19
5 Ginsburg, Jonah	JR	DeMatha Catholic High School	21.44	21.62	18
6 Barnett, Brig	JR	Rockville High School	21.91	21.75	17
7 Starr, Graham	JR	Walt Whitman HS Swim and Dive	21.99	21.93	16
8 Fisher, Patrick	FR	Gonzaga College High School	22.09	22.04	15

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Championship Final ... (Event 7 Boys 50 Yard Freestyle)

Name	Yr	School	Prelim Time	Finals Time	Points
9 Kalinin, Nikolai	SR	Our Lady of Good Counsel	21.89	22.07	14
10 DeLellis, JD	JR	The Heights School	22.02	22.45	13
Consolation Final					
11 Hughes, Johnny	JR	GEORGETOWN PREPARATORY SCHOC	22.16	21.87	11
12 Lakso, Justin	SR	Sherwood Warriors	22.11	21.88	9
13 Thiede, George	SO	Gonzaga College High School	22.18	22.10	8
14 Sislen, Leonardo	SR	MARET SCHOOL	22.15	22.11	7
15 Kantovitz Nociti, Luca	SR	Walt Whitman HS Swim and Dive	22.42	22.16	6
16 Phillips, Dain	JR	Walter Johnson High School	22.25	22.20	5
17 Roscetti, Nicholas	FR	Landon School Varsity Swimming	22.41	22.29	4
18 Bagshaw, Maxwell	JR	Walter Johnson High School	22.38	22.30	3
19 Sonne, Matthew	SR	Landon School Varsity Swimming	22.33	22.31	2
20 Parfomak, Kasper	SO	Gonzaga College High School	22.36	22.64	1

Event 7 Boys 50 Yard Freestyle

METROS: 19.85 M 2/11/2012 Jack Conger Good Counsel
20.41 AAAU
20.80 AAAC

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Vanas, Andrew	JR	GEORGETOWN PREPARATORY SCHOC	20.71	20.70	q
2 Ross, Jayson	SR	DeMatha Catholic High School	20.42	20.96	q
3 Bice, Palmer	SR	Gonzaga College High School	21.03	21.15	q
4 Coapstick, Tyler	SR	Wootton Swimming and Diving	20.95	21.16	q
5 Ginsburg, Jonah	JR	DeMatha Catholic High School	21.44	21.44	q
6 Kalinin, Nikolai	SR	Our Lady of Good Counsel	21.94	21.89	q
7 Barnett, Brig	JR	Rockville High School	21.94	21.91	q
8 Starr, Graham	JR	Walt Whitman HS Swim and Dive	22.00	21.99	q
9 DeLellis, JD	JR	The Heights School	22.34	22.02	q
10 Fisher, Patrick	FR	Gonzaga College High School	21.83	22.09	q
11 Lakso, Justin	SR	Sherwood Warriors	22.07	22.11	q
12 Sislen, Leonardo	SR	MARET SCHOOL	22.43	22.15	q
13 Hughes, Johnny	JR	GEORGETOWN PREPARATORY SCHOC	21.94	22.16	q
14 Thiede, George	SO	Gonzaga College High School	22.10	22.18	q
15 Phillips, Dain	JR	Walter Johnson High School	22.38	22.25	q
16 Sonne, Matthew	SR	Landon School Varsity Swimming	22.01	22.33	q
17 Parfomak, Kasper	SO	Gonzaga College High School	22.35	22.36	q
18 Bagshaw, Maxwell	JR	Walter Johnson High School	22.66	22.38	q
19 Roscetti, Nicholas	FR	Landon School Varsity Swimming	22.17	22.41	q
20 Kantovitz Nociti, Luca	SR	Walt Whitman HS Swim and Dive	22.10	22.42	q
21 Mukoyama, Ray	SR	Walter Johnson High School	22.02	22.44	
22 Hou, Jaden	SR	Poolesville	22.37	22.52	
23 Lepre, William	SO	The Heights School	22.43	J22.52	
24 Penn, Charles	SO	Walt Whitman HS Swim and Dive	22.97	22.55	
25 Ferrara, Eli	JR	Poolesville	22.00	22.62	
26 Suh, Alex	26	St. Albans School	22.33	22.68	
*27 Franck, Ryan	SR	The Heights School	22.71	22.73	
*27 Schestopol, Bram	FR	MARET SCHOOL	22.71	22.73	
29 Pevzner, Daniel	SO	Bethesda-Chevy Chase High Scho	22.38	22.79	
30 Ramirez, Diego	SR	DeMatha Catholic High School	22.52	22.87	

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 7 Boys 50 Yard Freestyle)

Name	Yr	School	Seed Time	Prelim Time
31 Kaleem, Jacob		Jackson-Reed Tiger Sharks	23.50	22.90
32 Huyck, James	SR	Northwest High School	23.52	22.99
33 Chalk, Kieran	26	St. Albans School	22.59	23.01
34 Joshi, Gabriel	SR	Wheaton High School	22.74	23.04
35 Mettler, Trent	SR	Quince Orchard High School	23.20	23.11
*36 Botti, Andrew	SR	Damascus High School	23.20	23.12
*36 Lee, Ryan	SR	Winston Churchill	22.72	23.12
*36 Lockard, Andrew	SR	Colonel Zadok Magruder High Sc	22.91	23.12
39 Ye, Anson	SO	Poolesville	23.56	23.19
40 Geoghegan, Zachary	SR	GEORGETOWN PREPARATORY SCHOC	23.27	23.25
41 Nagao, Kazuki	JR	Quince Orchard High School	23.07	23.26
42 Hanson, Timothy	JR	Our Lady of Good Counsel	23.30	23.27
43 Christman, Beckett	SR	Bethesda-Chevy Chase High Scho	23.07	23.29
*44 Scherr, Aiden	JR	Wootton Swimming and Diving	23.25	23.30
*44 Male, Finnian	SR	Montgomery Blair Swim & Dive	23.69	23.30
46 Conte, Antonio	JR	Northwest High School	22.94	23.31
*47 Walton, Evan	28	St. Albans School	23.33	23.37
*47 Doh, Jacob	SO	Quince Orchard High School	23.04	23.37
49 Egan, James	SR	St. John's College High School	23.25	23.39
*50 Johnson, Lucien	SR	Albert Einstein High School	23.54	23.44
*50 Zhao, Andrew	JR	Montgomery Blair Swim & Dive	23.28	23.44
52 Johnson, Maxwell	SR	Clarksburg High School	23.19	23.46
53 Greer, Christian	FR	Walter Johnson High School	23.50	23.54
54 Finberg, Matthias	SO	Montgomery Blair Swim & Dive	23.58	23.56
55 Chu-Roxas, Aidan	SR	Winston Churchill	23.34	23.61
56 Cobb, Joseph	SR	Winston Churchill	23.13	23.62
57 Shaw, Brennan		Sandy Spring Friends School	23.76	23.74
58 Gorban, Lev	SO	Wootton Swimming and Diving	23.34	23.78
59 Davis, Caleb	SO	Poolesville	23.62	23.81
60 Girimonte, Owen	SR	Quince Orchard High School	23.72	23.87
61 Khwaja, Rayan	JR	Clarksburg High School	23.69	24.06
62 Singleton, Thomas	JR	GEORGETOWN PREPARATORY SCHOC	23.77	24.07
63 Hamilton, Austin	SR	Bethesda-Chevy Chase High Scho	23.73	24.12
64 Giffin, Henry	JR	Gaithersburg High School	23.71	24.13
65 Bravo, Rodrigo	JR	Walt Whitman HS Swim and Dive	23.53	24.21
66 Henry, Mark	SR	Rockville High School	23.16	24.23
67 Anvari, Rayan	SR	Landon School Varsity Swimming	23.52	24.34
--- Tan, Zachary	27	Flint Hill School	23.50	DFS
--- Joun, Justin	FR	Wootton Swimming and Diving	23.66	20.59

Event 8 Girls 50 Yard Freestyle

METROS: 22.69 M 2/7/2015 Caroline McTaggart Holton-Arms
23.08 AAAU
23.54 AAAC

Name	Yr	School	Prelim Time	Finals Time	Points
Championship Final					
1 Day, Gabrielle	SO	Bullis School	23.67	23.50	24
2 Roemer, Samantha	FR	Stone Ridge	23.82	23.63	21
3 Nishnianidze, Anna	JR	Wootton Swimming and Diving	24.19	23.71	20
4 Clattenburg, Hannah	SO	MARET SCHOOL	24.02	23.98	19
5 Ji, KaiLi	FR	The Holton-Arms School	24.55	24.24	18

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Championship Final ... (Event 8 Girls 50 Yard Freestyle)

Name	Yr	School	Prelim Time	Finals Time	Points
6 Denney, Ellie	25	National Cathedral School	24.31	24.48	17
7 Linck, Elizabeth	SR	THE ACADEMY OF THE HOLY CROSS	24.63	24.49	16
8 Hmem, Rania	JR	Seneca Valley High School	24.68	24.67	15
9 Gotting, Lauren	SR	Richard Montgomery Swim & Dive	24.69	24.77	14
10 Douglas, Hannah	SR	Damascus High School	24.61	24.79	13
Consolation Final					
11 Ndu, Omannaya	JR	The Holton-Arms School	24.86	24.62	11
12 Cai, Anika	SO	Winston Churchill	25.23	24.70	9
13 Webb, Addison	JR	Stone Ridge	24.89	24.74	8
14 Hammond, Hailey	JR	Bethesda-Chevy Chase High Scho	25.05	24.77	7
15 Miller, Kate	SR	Our Lady of Good Counsel	24.72	24.95	6
16 Jeffrey, Fayth	SO	Walter Johnson High School	25.18	24.99	5
17 Morse, Victoria	SR	Bethesda-Chevy Chase High Scho	24.89	25.15	4
18 Carswell, McKenna	JR	Northwest High School	25.41	25.30	3
19 Lotsch, Maika	SO	Walt Whitman HS Swim and Dive	25.45	25.41	2
20 Depman, Megan	SR	THE ACADEMY OF THE HOLY CROSS	25.44	25.43	1

Event 8 Girls 50 Yard Freestyle

METROS: 22.69 M 2/7/2015 Caroline McTaggart Holton-Arms
23.08 AAAU
23.54 AAAC

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Day, Gabrielle	SO	Bullis School	24.12	23.67	q
2 Roemer, Samantha	FR	Stone Ridge	23.68	23.82	q
3 Clattenburg, Hannah	SO	MARET SCHOOL	23.83	24.02	q
4 Nishnianidze, Anna	JR	Wootton Swimming and Diving	23.86	24.19	q
5 Denney, Ellie	25	National Cathedral School	24.29	24.31	q
6 Ji, KaiLi	FR	The Holton-Arms School	24.99	24.55	q
7 Douglas, Hannah	SR	Damascus High School	25.21	24.61	q
8 Linck, Elizabeth	SR	THE ACADEMY OF THE HOLY CROSS	24.32	24.63	q
9 Hmem, Rania	JR	Seneca Valley High School	24.93	24.68	q
10 Gotting, Lauren	SR	Richard Montgomery Swim & Dive	24.47	24.69	q
11 Miller, Kate	SR	Our Lady of Good Counsel	24.59	24.72	q
12 Ndu, Omannaya	JR	The Holton-Arms School	24.29	24.86	q
*13 Morse, Victoria	SR	Bethesda-Chevy Chase High Scho	25.12	24.89	q
*13 Webb, Addison	JR	Stone Ridge	24.31	24.89	q
15 Hammond, Hailey	JR	Bethesda-Chevy Chase High Scho	24.58	25.05	q
16 Jeffrey, Fayth	SO	Walter Johnson High School	25.38	25.18	q
17 Cai, Anika	SO	Winston Churchill	24.34	25.23	q
18 Carswell, McKenna	JR	Northwest High School	26.04	25.41	q
19 Depman, Megan	SR	THE ACADEMY OF THE HOLY CROSS	25.02	25.44	q
20 Lotsch, Maika	SO	Walt Whitman HS Swim and Dive	25.63	25.45	q
21 Alston, Elizabeth	SR	St. Vincent Pallotti	25.75	25.51	
22 Bangert, Anna	JR	Walter Johnson High School	25.63	25.53	
23 Burger, Emily	FR	Winston Churchill	25.49	25.59	
24 Mongelli, Megan	JR	THE ACADEMY OF THE HOLY CROSS	25.59	25.64	
25 Mitin, Veronica	SO	Poolesville	25.47	25.68	
26 Green, Chloe	SR	Walt Whitman HS Swim and Dive	25.38	25.70	
27 Egwim, Tiffany	JR	Springbrook Swim and Dive Team	26.26	25.71	

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 8 Girls 50 Yard Freestyle)

	Name	Yr	School	Seed Time	Prelim Time
*28	McCarty, Natalie	FR	Walter Johnson High School	26.45	25.74
*28	Zalalutdinov, Darya	JR	Montgomery Blair Swim & Dive	25.90	25.74
*30	LaMotteo, Madison	JR	Our Lady of Good Counsel	25.45	25.83
*30	Brown, Brea	SR	Our Lady of Good Counsel	25.74	25.83
32	Ren, Samantha	FR	Richard Montgomery Swim & Dive	26.03	25.92
33	Kelly, Bridget	SR	St. John's College High School	25.38	25.93
34	Szubert, Dorota	SO	Richard Montgomery Swim & Dive	26.44	25.94
35	Zheng, Emma	SO	Bullis School	26.17	25.96
36	Loftis, Jillian	SO	Clarksburg High School	26.10	26.01
37	Grenham, Kaitlyn	JR	THE ACADEMY OF THE HOLY CROSS	26.14	26.02
38	Beabout, Claire	SR	Damascus High School	25.41	26.05
39	Potter, Addison	FR	St. John's College High School	25.69	26.09
40	Liu, Rachael	SO	Winston Churchill	25.45	26.11
41	Chesson, Gabby	SR	Elizabeth Seton Varsity swimmi	25.81	26.12
*42	Dedolph, Charlotte	SO	Bethesda-Chevy Chase High Scho	25.62	26.13
*42	Bernasek, Isabelle	SR	Stone Ridge	26.13	26.13
44	Allbritton, Jada	SR	Bishop McNamara High School	25.91	26.15
*45	Velasquez, Alesandra	FR	Sherwood Warriors	26.15	26.17
*45	Case, Charlotte	SR	Northwood	25.68	26.17
47	Marino, Augusta	FR	Stone Ridge	25.65	26.19
48	Lang, Graciela	FR	St. John's College High School	25.92	26.22
49	Holley, Palmer	SR	The Holton-Arms School	25.95	26.27
50	Goch, Elliot	FR	Sidwell Friends School	25.87	26.32
51	Trang, Kimberley	11	Blake Bengals	26.34	26.39
52	Muoio, Adele	26	National Cathedral School	25.40	26.40
53	Quiroga, Maya	JR	Sherwood Warriors	26.50	26.47
54	Sha, Anabel	JR	Poolesville	26.50	26.54
55	Barish, Gemma	SO	Our Lady of Good Counsel	26.22	26.59
56	Musslewhite, Parker	25	National Cathedral School	26.00	26.61
57	Cherry, Ava		Holy Child	26.26	26.63
58	Congdon, Lilian	JR	Poolesville	25.53	26.66
59	Staley, Blythe	JR	The Holton-Arms School	26.58	26.68
60	Fayyad, Zoe	JR	St. John's College High School	26.45	26.88
61	Yan, Alisia	FR	Wootton Swimming and Diving	26.57	26.92
62	Najarro, Isabella	SR	Gaithersburg High School	26.33	26.93
63	Parker, Claudia	SR	Sherwood Warriors	26.49	26.99
64	Kiniry, Olivia	JR	Sherwood Warriors	26.57	27.09
65	Sidawy, Natalie	SO	Winston Churchill	26.25	27.11
66	Carty, Olivia	SR	Bethesda-Chevy Chase High Scho	26.44	27.30
---	Belknap, Penelope	SO	Walt Whitman HS Swim and Dive	24.71	DQ
---	Schwieters, Julie	SR	Richard Montgomery Swim & Dive	23.86	DFS
---	Simon, Olivia	FR	Bullis School	25.86	DFS

Event 9 Boys 1 mtr Diving

METROS: 596.25 M 2/4/2015		John Crow	BCC			
Name	Yr	School		Finals Score	Points	
1	Imirowicz, Dylan	JR	Bethesda-Chevy Chase High Scho	NP	502.85	24
2	Skipper, James	SR	Walt Whitman HS Swim and Dive	NP	482.80	21
3	Zimsky, Dylan	SO	Bullis School	NP	456.50	20
4	Pikofsky-Christianse, Samuel	SR	John F. Kennedy High School	NP	453.50	19
5	Amprey, Beau	FR	Sidwell Friends School	NP	423.05	18

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

(Event 9 Boys 1 mtr Diving)

	Name	Yr	School		Finals Score	Points
6	Medina, Evan	SR	Clarksburg High School	NP	410.50	17
7	Adelson, Sam	SR	Walt Whitman HS Swim and Dive	NP	403.25	16
8	Saberi, Tobias	FR	Walt Whitman HS Swim and Dive	NP	374.70	15
9	Hermann, Gabriel	SR	Poolesville	NP	360.85	14
10	White, Cooper	FR	Our Lady of Good Counsel	NP	344.70	13
11	Hsu, Asa	SR	Walt Whitman HS Swim and Dive	NP	342.30	11
12	Lawson, Kai	SR	Walter Johnson High School	NP	329.25	9
13	Meisel, Zachary	SR	Bethesda-Chevy Chase High Scho	NP	327.15	8
14	Landreth, Luke	FR	Sherwood Warriors	NP	324.35	7
15	Lawlor, Aidan	JR	Montgomery Blair Swim & Dive	NP	271.30	6
16	Luo, James	JR	Richard Montgomery Swim & Dive	NP	251.20	5
17	Billington, Aedan	SR	Winston Churchill	NP	243.70	4
18	Fry, Daniel	FR	St. John's College High School	NP	243.05	3
19	Norris, Mason	SR	Winston Churchill	NP	242.60	2
20	Bynum, Samuel	JR	Landon School Varsity Swimming	NP	240.80	1
21	Farrel, Ryan	SR	Winston Churchill	NP	186.95	
22	Walsh, Timothy	SO	Gonzaga College High School	NP	183.85	
23	Ferris, Michael	SO	Bethesda-Chevy Chase High Scho	NP	163.55	
24	Twoorkowski, Alec	SO	Our Lady of Good Counsel	NP	162.40	
25	Haley, Jackson	SR	Damascus High School	NP	114.00	
26	Gay, Clive	SO	Gonzaga College High School	NP	107.60	
27	Fry, Patrick	SO	St. John's College High School	NP	106.95	
28	Angelides, Theodore	SO	Landon School Varsity Swimming	NP	106.20	
29	Solomon, Micah	SO	Bethesda-Chevy Chase High Scho	NP	104.10	
30	Pucci, Charles	JR	Montgomery Blair Swim & Dive	NP	104.00	
31	Watteau, Luke	FR	Rockville High School	NP	102.95	
32	Lee, Jonah	SO	Richard Montgomery Swim & Dive	NP	101.10	
33	Kanarek, Lucas	SR	Rockville High School	NP	100.35	
34	Ryba, Vincent	SR	Colonel Zadok Magruder High Sc	NP	95.00	
35	Iorio, Antonio	JR	Damascus High School	NP	94.70	
36	Nagel, Jacob	SR	Poolesville	NP	93.80	
37	Socias, Tomas	SO	St. John's College High School	NP	93.10	
38	Prudenti, Ryan	JR	Sherwood Warriors	NP	90.60	
39	Moitoza, Evan	JR	Seneca Valley High School	NP	79.85	
40	Murray, Sean	FR	GEORGETOWN PREPARATORY SCHOC	NP	75.55	
41	Ricchini, Jonathan	SR	Damascus High School	NP	68.95	
42	Snelgrove, Jacob	SR	Montgomery Blair Swim & Dive	NP	57.25	
43	Foustoukos, Kyrill	JR	John F. Kennedy High School	NP	53.35	

Event 10 Girls 1 mtr Diving

	Name	Yr	School		Finals Score	Points
	METROS: 512.10 M 2/8/2007		Meg Hostage		Holy Cross	
1	Brenner, Eden	JR	Bethesda-Chevy Chase High Scho	NP	415.35	24
2	Peresunko, Katya	JR	Walt Whitman HS Swim and Dive	NP	406.80	21
3	Pantezzi, Elise	JR	Quince Orchard High School	NP	397.45	20
4	Anttila Dotson, Eleanor	FR	Rockville High School	NP	392.05	19
5	Moffitt, Avery Clare	JR	Bethesda-Chevy Chase High Scho	NP	375.60	18
6	Gee, Audrey	SR	Bethesda-Chevy Chase High Scho	NP	373.30	17
7	Kessner, Anne	SR	Walt Whitman HS Swim and Dive	NP	370.20	16
8	Amprey, Desi	SR	Sidwell Friends School	NP	370.05	15
9	Walsh, Calleigh	FR	Stone Ridge	NP	367.80	14

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

(Event 10 Girls 1 mtr Diving)

	Name	Yr	School		Finals Score	Points
*10	Williams, Kaarina	JR	Walt Whitman HS Swim and Dive	NP	365.50	12
*10	Dockx, Annie	SR	Quince Orchard High School	NP	365.50	12
12	Silvola, Briley	FR	Walt Whitman HS Swim and Dive	NP	363.65	9
13	Kashatus, Ainsley	SR	The Holton-Arms School	NP	357.90	8
14	Congdon, Brynn	FR	Poolesville	NP	305.35	7
15	Bruce, Sophie	FR	Albert Einstein High School	NP	304.40	6
16	Majorowitz, Keira		Albert Einstein High School	NP	282.90	5
17	Ryba, Joy	JR	Colonel Zadok Magruder High Sc	NP	266.80	4
18	Rudick, Julia	JR	The Holton-Arms School	NP	260.50	3
19	Seiler, Eliana	JR	Bethesda-Chevy Chase High Scho	NP	251.20	2
20	Kraft, Allison	FR	Sherwood Warriors	NP	239.15	1
21	Merideth, Isabel	SO	Sidwell Friends School	NP	186.65	
22	Wilson, Innana	SO	Winston Churchill	NP	184.80	
23	Crosby, Jacquelyn	SO	Richard Montgomery Swim & Dive	NP	177.00	
24	Levy, Whitney	SO	Stone Ridge	NP	155.75	
25	Twoorkowski, Fiona	SR	Our Lady of Good Counsel	NP	155.45	
26	Moore, Madigan	FR	Colonel Zadok Magruder High Sc	NP	117.85	
27	Young, Dorothy	JR	Sherwood Warriors	NP	111.50	
28	Kaizer, Madeline	JR	Bullis School	NP	111.35	
29	Lockard, Cate	SO	St. Andrew's Episcopal School	NP	111.30	
30	Christakis, Charlotte	SO	THE ACADEMY OF THE HOLY CROSS	NP	109.25	
31	Dunston, Tegan	SO	Rockville High School	NP	105.35	
32	VanPraagh, Sophia	JR	Montgomery Blair Swim & Dive	NP	104.05	
33	Mongelli, Megan	JR	THE ACADEMY OF THE HOLY CROSS	NP	103.15	
34	Miller, Tessa	SR	John F. Kennedy High School	NP	102.90	
35	Malmstrom, Nealah	SR	Our Lady of Good Counsel	NP	98.55	
36	Pishvaian, Joya	SO	Winston Churchill	NP	92.60	
37	O'Connor, Lucia	FR	St. John's College High School	NP	92.40	
38	Pisula, Casimir	SO	The Holton-Arms School	NP	89.85	
39	Haag, Amelia	SO	Stone Ridge	NP	88.30	
40	Goodrich, Mayzie	SO	Damascus High School	NP	88.25	
41	Lewis, Isabel	JR	Our Lady of Good Counsel	NP	86.80	
42	Tawney, Joelle	FR	John F. Kennedy High School	NP	71.05	
43	Silver, Zoe	SR	Winston Churchill	NP	69.35	
44	Ahlborn, Bianca	FR	THE ACADEMY OF THE HOLY CROSS	NP	61.00	
---	Schamaun, Sophie	SR	John F. Kennedy High School	NP	DQ	

Event 11 Boys 100 Yard Butterfly

METROS: 47.32 M 2/11/2023 **Adriano Arioti** **Georgetown Day**
 48.38 AAAU
 49.53 AAAC

	Name	Yr	School	Prelim Time	Finals Time	Points
Championship Final						
1	Brooks, Andrejs	SR	Gonzaga College High School	49.36	48.44	24
	22.88		48.44 (25.56)			
2	Jungbluth, Alexander	SO	DeMatha Catholic High School	49.40	48.84	21
	22.73		48.84 (26.11)			
3	Potter, Noah	SR	Walter Johnson High School	49.87	48.88	20
	22.95		48.88 (25.93)			
4	Marchionini, Quinn	SR	Northwood	50.21	49.59	19
	22.67		49.59 (26.92)			

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Championship Final ... (Event 11 Boys 100 Yard Butterfly)

Name	Yr	School	Prelim Time	Finals Time	Points
5 Henrickson-Brandt, Kai		School Without Walls	51.04	50.23	18
23.39	50.23	(26.84)			
6 Widman, Nathan	SR	Saint Anselm's Abbey School	50.66	50.31	17
23.50	50.31	(26.81)			
7 Greenwood, Charlie	25	St. Albans School	50.66	50.35	16
23.64	50.35	(26.71)			
8 Kueh, Michael	JR	Wootton Swimming and Diving	51.28	50.58	15
24.03	50.58	(26.55)			
9 Waterman, Clayton	SR	Bethesda-Chevy Chase High Scho	51.18	50.74	14
23.74	50.74	(27.00)			
10 Morgan, William	SO	Gonzaga College High School	50.91	50.81	13
23.86	50.81	(26.95)			

Consolation Final

11 Spencer, Gray	25	St. Albans School	51.65	51.53	11
23.95	51.53	(27.58)			
12 Shafer, Lukas	SR	Quince Orchard High School	51.67	51.62	9
24.21	51.62	(27.41)			
13 Vaughn, Jordan	JR	DeMatha Catholic High School	51.80	51.63	8
24.27	51.63	(27.36)			
14 Thiede, George	SO	Gonzaga College High School	52.75	51.74	7
24.39	51.74	(27.35)			
15 Anderson, Sean	SO	Winston Churchill	51.90	52.01	6
24.02	52.01	(27.99)			
16 Roscetti, Nicholas	FR	Landon School Varsity Swimming	52.95	52.09	5
24.43	52.09	(27.66)			
17 Sislen, Leonardo	SR	MARET SCHOOL	52.75	52.43	4
24.52	52.43	(27.91)			
18 Liu, Brandon	SO	Walt Whitman HS Swim and Dive	52.76	52.69	3
24.54	52.69	(28.15)			
19 McCurdy, Ethan	JR	Quince Orchard High School	52.82	52.92	2
24.84	52.92	(28.08)			
20 Chen, Caleb	SR	Walt Whitman HS Swim and Dive	52.69	53.07	1
25.20	53.07	(27.87)			

Event 11 Boys 100 Yard Butterfly

METROS: 47.32 M 2/11/2023 Adriano Arioti

Georgetown Day

48.38 AAAU

49.53 AAAC

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Brooks, Andrejs	SR	Gonzaga College High School	49.39	49.36	q
23.10	49.36	(26.26)			
2 Jungbluth, Alexander	SO	DeMatha Catholic High School	48.94	49.40	q
23.14	49.40	(26.26)			
3 Potter, Noah	SR	Walter Johnson High School	49.79	49.87	q
23.22	49.87	(26.65)			
4 Marchionini, Quinn	SR	Northwood	50.69	50.21	q
23.82	50.21	(26.39)			
*5 Greenwood, Charlie	25	St. Albans School	49.70	50.66	q
23.79	50.66	(26.87)			
*5 Widman, Nathan	SR	Saint Anselm's Abbey School	53.73	50.66	q
23.62	50.66	(27.04)			

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 11 Boys 100 Yard Butterfly)

Name	Yr	School	Seed Time	Prelim Time	
7 Morgan, William	SO	Gonzaga College High School	50.81	50.91	q
23.58	50.91 (27.33)				
8 Henrickson-Brandt, Kai		School Without Walls	56.01	51.04	q
23.80	51.04 (27.24)				
9 Waterman, Clayton	SR	Bethesda-Chevy Chase High Scho	51.07	51.18	q
23.77	51.18 (27.41)				
10 Kueh, Michael	JR	Wootton Swimming and Diving	50.68	51.28	q
24.23	51.28 (27.05)				
11 Spencer, Gray	25	St. Albans School	51.49	51.65	q
23.79	51.65 (27.86)				
12 Shafer, Lukas	SR	Quince Orchard High School	50.93	51.67	q
24.27	51.67 (27.40)				
13 Vaughn, Jordan	JR	DeMatha Catholic High School	51.25	51.80	q
23.83	51.80 (27.97)				
14 Anderson, Sean	SO	Winston Churchill	52.68	51.90	q
24.37	51.90 (27.53)				
15 Chen, Caleb	SR	Walt Whitman HS Swim and Dive	53.75	52.69	q
25.02	52.69 (27.67)				
*16 Thiede, George	SO	Gonzaga College High School	51.90	52.75	q
24.52	52.75 (28.23)				
*16 Sislen, Leonardo	SR	MARET SCHOOL	52.42	52.75	q
25.05	52.75 (27.70)				
18 Liu, Brandon	SO	Walt Whitman HS Swim and Dive	52.50	52.76	q
24.56	52.76 (28.20)				
19 McCurdy, Ethan	JR	Quince Orchard High School	53.00	52.82	q
24.32	52.82 (28.50)				
20 Roscetti, Nicholas	FR	Landon School Varsity Swimming	52.90	52.95	q
24.87	52.95 (28.08)				
21 Zhou, Arthur	27	St. Albans School	57.83	53.04	
24.87	53.04 (28.17)				
22 Jiminez, Patrick	JR	Sidwell Friends School	52.15	53.17	
24.84	53.17 (28.33)				
23 Penn, Charles	SO	Walt Whitman HS Swim and Dive	52.64	53.20	
24.55	53.20 (28.65)				
24 Friedman, Owen	JR	Walter Johnson High School	52.52	53.43	
25.26	53.43 (28.17)				
25 Kim, Lucas	SO	Montgomery Blair Swim & Dive	53.27	53.68	
24.97	53.68 (28.71)				
26 Rogovoy, Jack	SR	Northwest High School	52.62	53.71	
26.04	53.71 (27.67)				
*27 Eshler, Dresden	SO	Clarksburg High School	55.87	53.77	
25.02	53.77 (28.75)				
*27 Lakhan, Kieran	SR	Bethesda-Chevy Chase High Scho	54.41	53.77	
25.25	53.77 (28.52)				
29 McKenna, Pierce	SO	Bethesda-Chevy Chase High Scho	55.14	53.89	
25.04	53.89 (28.85)				
30 Windt, Aleksander		Albert Einstein High School	54.81	53.91	
25.93	53.91 (27.98)				
31 Drews, Roman	SO	Our Lady of Good Counsel	53.03	54.17	
25.68	54.17 (28.49)				

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 11 Boys 100 Yard Butterfly)

Name	Yr	School	Seed Time	Prelim Time
32 Soles, Isaac	SO	Poolesville	55.59	54.23
26.19		54.23 (28.04)		
33 De Angelis, Pietro	JR	Wootton Swimming and Diving	54.38	54.30
25.58		54.30 (28.72)		
34 Sparshott, Thomas	JR	Montgomery Blair Swim & Dive	57.13	54.77
26.36		54.77 (28.41)		
35 Vaonakis, Phoenix	10	Blake Bengals	54.24	54.98
25.89		54.98 (29.09)		
36 Klein, Andrew	SR	Damascus High School	55.62	55.21
25.64		55.21 (29.57)		
37 Ramirez, Diego	SR	DeMatha Catholic High School	54.41	55.60
25.93		55.60 (29.67)		
38 Arluck, Alexander	SO	Bullis School	55.70	55.64
26.20		55.64 (29.44)		
39 Cantrell, William	26	St. Albans School	54.51	55.72
26.54		55.72 (29.18)		
40 Campello, Anderson	FR	Sidwell Friends School	56.40	55.97
26.43		55.97 (29.54)		
41 Scott, Maxwell		School Without Walls	58.09	56.00
26.26		56.00 (29.74)		
42 Chen, Ethan	SR	Poolesville	57.62	56.31
26.71		56.31 (29.60)		
43 Wong, Harrison	JR	Winston Churchill	56.56	56.58
26.72		56.58 (29.86)		
44 Diaz, Gary	SO	Walter Johnson High School	57.81	56.77
26.05		56.77 (30.72)		
45 Mishkin, Aidan	SO	Winston Churchill	56.94	56.81
26.32		56.81 (30.49)		
46 Aronoff, Noah	SO	Landon School Varsity Swimming	56.27	56.90
27.15		56.90 (29.75)		
47 Maranchi, Krishan	SO	Poolesville	57.97	57.07
26.60		57.07 (30.47)		
48 Doan, Kevin	JR	Richard Montgomery Swim & Dive	57.00	57.10
26.50		57.10 (30.60)		
49 Gerhardt, Logan	FR	Wheaton High School	57.13	57.16
26.08		57.16 (31.08)		
50 Badmus, Nathan	FR	Walt Whitman HS Swim and Dive	58.47	57.47
27.04		57.47 (30.43)		
51 Hybl, Ziyad Phoenix	JR	Seneca Valley High School	59.18	57.57
27.74		57.57 (29.83)		
52 Watkins, William	SO	Rockville High School	58.41	57.75
26.48		57.75 (31.27)		
53 Ngo, Henry	SO	Sherwood Warriors	58.93	57.81
27.37		57.81 (30.44)		
54 Marchand, Luc	SO	Landon School Varsity Swimming	57.20	57.86
26.97		57.86 (30.89)		
55 Portner, Sullivan	F	St. Andrew's Episcopal School	57.76	57.92
26.63		57.92 (31.29)		
56 Goldsborough, Evan	FR	Winston Churchill	57.72	57.99
26.86		57.99 (31.13)		
57 Mutter, David	SR	Sherwood Warriors	58.56	58.27
26.68		58.27 (31.59)		

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 11 Boys 100 Yard Butterfly)

Name	Yr	School	Seed Time	Prelim Time
58 Mettler, Trent	SR	Quince Orchard High School	57.01	58.69
26.18				58.69 (32.51)
59 Tolifon, Matthew	FR	GEORGETOWN PREPARATORY SCHOC	58.05	58.79
27.78				58.79 (31.01)
60 Theos, Christopher	SO	Richard Montgomery Swim & Dive	57.19	58.87
27.14				58.87 (31.73)
61 Magee, Benjamin	JR	The Heights School	59.39	58.96
27.03				58.96 (31.93)
62 Henry, Mark	SR	Rockville High School	55.21	59.15
27.36				59.15 (31.79)
63 Nguyen, Thien Trieu	JR	Springbrook Swim and Dive Team	58.21	59.26
28.09				59.26 (31.17)
64 Guo, Ethan	SO	Montgomery Blair Swim & Dive	58.88	59.54
27.46				59.54 (32.08)
65 Fry, Daniel	FR	St. John's College High School	58.84	59.62
66 Gooch, Oliver	JR	Gonzaga College High School	56.02	59.73
26.32				59.73 (33.41)
67 Wick, Graham	SR	Northwood	58.31	59.88
27.68				59.88 (32.20)
68 Pineda, Martin	JR	Wolverines	59.25	1:00.23
27.51				1:00.23 (32.72)
69 May, Trevor	SR	Quince Orchard High School	58.20	1:00.30
27.64				1:00.30 (32.66)
--- Arovas, Adrian	JR	Bethesda-Chevy Chase High Scho	56.38	DQ
26.62				DQ (30.71)
--- Levy, Evan	JR	Walter Johnson High School	55.19	DFS
--- du Lac, Miles	SO	DeMatha Catholic High School	55.25	DFS
--- Herman, Wyatt	SR	Bullis School	55.97	DFS

Event 12 Girls 100 Yard Butterfly

METROS: 52.91 M 2/10/2018 Phoebe Bacon Stone Ridge
54.32 AAAU
55.58 AAAC

Name	Yr	School	Prelim Time	Finals Time	Points
Championship Final					
1 Webb, Maria	SR	Colonel Zadok Magruder High Sc	56.46	54.84	24
25.83				54.84 (29.01)	
2 Simmons, Madeleine	SR	Walter Johnson High School	56.80	55.67	21
26.49				55.67 (29.18)	
3 Bishop, Lexie	FR	St. John's College High School	56.32	55.88	20
26.20				55.88 (29.68)	
4 Yang, Julie	JR	Walt Whitman HS Swim and Dive	57.09	56.39	19
26.39				56.39 (30.00)	
5 Kaiser, Gabriela	JR	Winston Churchill	56.87	56.81	18
26.47				56.81 (30.34)	
6 Xiao, Alice	JU	St. Andrew's Episcopal School	57.23	57.03	17
26.82				57.03 (30.21)	
7 McGee, Zoe	JR	Walter Johnson High School	58.01	57.57	16
27.18				57.57 (30.39)	
8 Carswell, McKenna	JR	Northwest High School	58.74	57.81	15
27.00				57.81 (30.81)	

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Championship Final ... (Event 12 Girls 100 Yard Butterfly)

Name	Yr	School	Prelim Time	Finals Time	Points
9 Inman, Maddie	SO	Our Lady of Good Counsel	57.98	57.95	14
26.74	57.95	(31.21)			
10 Rushton, Harper	SO	Stone Ridge	58.97	58.89	13
27.84	58.89	(31.05)			
Consolation Final					
11 Hammond, Hailey	JR	Bethesda-Chevy Chase High Scho	59.65	57.67	11
27.01	57.67	(30.66)			
12 Cai, Anika	SO	Winston Churchill	59.49	58.56	9
27.22	58.56	(31.34)			
13 Liu, Ashley	FR	Walt Whitman HS Swim and Dive	59.35	58.97	8
27.59	58.97	(31.38)			
14 Gotting, Lauren	SR	Richard Montgomery Swim & Dive	59.09	59.03	7
27.55	59.03	(31.48)			
15 Groves, Caitlin	SO	Walt Whitman HS Swim and Dive	59.23	59.17	6
27.77	59.17	(31.40)			
16 Arias, Samantha	JR	Gaithersburg High School	59.05	59.28	5
27.24	59.28	(32.04)			
17 Williams, Jill	JR	Sherwood Warriors	59.38	59.64	4
28.26	59.64	(31.38)			
18 Block, Jessica		Jackson-Reed Tiger Sharks	59.72	59.76	3
27.86	59.76	(31.90)			
19 Takada-Jacobson, Hannah	SR	Quince Orchard High School	59.84	59.77	2
28.57	59.77	(31.20)			
20 Linck, Elizabeth	SR	THE ACADEMY OF THE HOLY CROSS	1:00.00	1:01.59	1
28.74	1:01.59	(32.85)			

Event 12 Girls 100 Yard Butterfly

METROS: 52.91 M 2/10/2018 Phoebe Bacon Stone Ridge
54.32 AAAU
55.58 AAAC

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Bishop, Lexie	FR	St. John's College High School	56.78	56.32	q
27.16	56.32	(29.16)			
2 Webb, Maria	SR	Colonel Zadok Magruder High Sc	54.84	56.46	q
26.33	56.46	(30.13)			
3 Simmons, Madeleine	SR	Walter Johnson High School	55.40	56.80	q
26.89	56.80	(29.91)			
4 Kaiser, Gabriela	JR	Winston Churchill	55.84	56.87	q
26.66	56.87	(30.21)			
5 Yang, Julie	JR	Walt Whitman HS Swim and Dive	56.83	57.09	q
26.83	57.09	(30.26)			
6 Xiao, Alice	JU	St. Andrew's Episcopal School	56.32	57.23	q
26.65	57.23	(30.58)			
7 Inman, Maddie	SO	Our Lady of Good Counsel	58.28	57.98	q
27.02	57.98	(30.96)			
8 McGee, Zoe	JR	Walter Johnson High School	56.55	58.01	q
27.51	58.01	(30.50)			
9 Carswell, McKenna	JR	Northwest High School	58.25	58.74	q
27.76	58.74	(30.98)			
10 Rushton, Harper	SO	Stone Ridge	58.37	58.97	q
27.78	58.97	(31.19)			

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 12 Girls 100 Yard Butterfly)

Name	Yr	School	Seed Time	Prelim Time	
11 Arias, Samantha	JR	Gaithersburg High School	1:01.53	59.05	q
27.39		59.05 (31.66)			
12 Gotting, Lauren	SR	Richard Montgomery Swim & Dive	1:01.38	59.09	q
27.80		59.09 (31.29)			
13 Groves, Caitlin	SO	Walt Whitman HS Swim and Dive	58.76	59.23	q
28.06		59.23 (31.17)			
14 Liu, Ashley	FR	Walt Whitman HS Swim and Dive	1:02.13	59.35	q
27.71		59.35 (31.64)			
15 Williams, Jill	JR	Sherwood Warriors	59.89	59.38	q
28.21		59.38 (31.17)			
16 Cai, Anika	SO	Winston Churchill	56.91	59.49	q
27.81		59.49 (31.68)			
17 Hammond, Hailey	JR	Bethesda-Chevy Chase High Scho	56.97	59.65	q
27.62		59.65 (32.03)			
18 Block, Jessica		Jackson-Reed Tiger Sharks	1:02.06	59.72	q
27.75		59.72 (31.97)			
19 Takada-Jacobson, Hannah	SR	Quince Orchard High School	59.95	59.84	q
27.91		59.84 (31.93)			
20 Linck, Elizabeth	SR	THE ACADEMY OF THE HOLY CROSS	1:00.08	1:00.00	q
28.70		1:00.00 (31.30)			
21 Gaskin, Catherine	SR	The Holton-Arms School	58.67	1:00.05	
28.08		1:00.05 (31.97)			
22 Baumann, Alyssa	SR	Montgomery Blair Swim & Dive	59.47	1:00.20	
28.33		1:00.20 (31.87)			
23 Erkan, Alara	SR	Wootton Swimming and Diving	1:03.11	1:00.26	
27.89		1:00.26 (32.37)			
24 Rabah, Luana	FR	The Holton-Arms School	1:00.31	1:00.77	
28.71		1:00.77 (32.06)			
25 DeLuca, Campbell	SR	Georgetown VIsitation	1:01.01	1:01.01	
28.16		1:01.01 (32.85)			
26 Marks, Stephanie	JR	Quince Orchard High School	1:00.39	1:01.09	
28.28		1:01.09 (32.81)			
27 Harms, Sofia	SO	Sidwell Friends School	1:01.18	1:01.16	
28.61		1:01.16 (32.55)			
28 Long, Piper	JU	St. Andrew's Episcopal School	1:02.90	1:01.18	
28.37		1:01.18 (32.81)			
29 Fletcher, Leah		Jackson-Reed Tiger Sharks	1:03.23	1:01.26	
28.03		1:01.26 (33.23)			
30 She, Vivian	SO	Poolesville	1:02.97	1:01.34	
28.68		1:01.34 (32.66)			
31 Gondi, Zoë	SR	Montgomery Blair Swim & Dive	1:02.75	1:01.38	
28.39		1:01.38 (32.99)			
32 Georgiou, Maria Olympia	FR	The Holton-Arms School	1:03.75	1:01.62	
28.66		1:01.62 (32.96)			
33 Conrad, Addison	FR	Our Lady of Good Counsel	1:01.31	1:01.76	
29.72		1:01.76 (32.04)			
34 Chan, Catherine	SR	Winston Churchill	1:02.20	1:01.88	
35 Zhou, Elly	FR	Winston Churchill	1:02.22	1:01.89	
28.66		1:01.89 (33.23)			
*36 Hennelly, Samantha	JR	Damascus High School	1:03.53	1:02.04	
27.96		1:02.04 (34.08)			

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 12 Girls 100 Yard Butterfly)

	Name	Yr	School	Seed Time	Prelim Time
*36	Ren, Samantha	FR	Richard Montgomery Swim & Dive	1:01.94	1:02.04
	29.45		1:02.04 (32.59)		
38	Congdon, Lilian	JR	Poolesville	1:00.90	1:02.21
	28.41		1:02.21 (33.80)		
39	Zalalutdinov, Darya	JR	Montgomery Blair Swim & Dive	1:04.69	1:02.67
	29.08		1:02.67 (33.59)		
40	Chen, Elizabeth	SO	Wootton Swimming and Diving	1:01.38	1:02.69
	28.45		1:02.69 (34.24)		
41	Khani, Allison	SR	Walt Whitman HS Swim and Dive	1:02.46	1:02.72
	28.94		1:02.72 (33.78)		
42	Andrews, Lily	SR	Walter Johnson High School	1:05.24	1:02.75
	28.88		1:02.75 (33.87)		
43	Mendizabal, Malia	FR	Bethesda-Chevy Chase High Scho	1:04.21	1:02.94
	29.20		1:02.94 (33.74)		
44	Ma, Enya	SO	Montgomery Blair Swim & Dive	1:05.48	1:02.97
	29.64		1:02.97 (33.33)		
45	Chertow, Mahlia	SO	Walter Johnson High School	1:02.71	1:03.09
46	Schulz, Paige		Albert Einstein High School	1:03.20	1:03.13
	28.91		1:03.13 (34.22)		
47	Sanford, Molly	9	Blake Bengals	1:04.34	1:03.18
	29.28		1:03.18 (33.90)		
48	Smith, Charlotte	SR	Bishop McNamara High School	1:03.90	1:03.97
	29.69		1:03.97 (34.28)		
49	Cardenas Gaviria, Jaylinne	SR	Northwest High School	1:05.13	1:04.02
	29.93		1:04.02 (34.09)		
50	Yang, Chloe	FR	Richard Montgomery Swim & Dive	1:06.03	1:04.05
	29.66		1:04.05 (34.39)		
51	Holtz, Nadia	JR	Bethesda-Chevy Chase High Scho	1:03.28	1:04.25
	30.57		1:04.25 (33.68)		
52	Haughton, Minjae	SR	Clarksburg High School	1:05.34	1:04.42
	30.19		1:04.42 (34.23)		
53	Shriharsha, Advika	JR	Northwest High School	1:04.83	1:04.43
	30.08		1:04.43 (34.35)		
54	Kemp, Josie	SO	Our Lady of Good Counsel	1:04.64	1:04.97
	30.52		1:04.97 (34.45)		
55	Weiner, Isabelle	SO	Wootton Swimming and Diving	1:04.83	1:05.01
	30.77		1:05.01 (34.24)		
56	Petrousky, Gabrielle	FR	Damascus High School	1:04.56	1:05.29
	30.16		1:05.29 (35.13)		
57	Boyd, Adeline	JR	Georgetown Visitation	1:06.51	1:05.36
	30.03		1:05.36 (35.33)		
58	Lopez Murphy, Malena	FR	Sidwell Friends School	1:05.63	1:05.70
	30.87		1:05.70 (34.83)		
59	Cosgrove, Eileen	JR	Stone Ridge	1:03.68	1:05.75
	30.31		1:05.75 (35.44)		
60	Mitin, Veronica	SO	Poolesville	1:02.47	1:05.88
	29.91		1:05.88 (35.97)		
61	Mascott, Avery	26	National Cathedral School	1:05.62	1:05.96
	31.11		1:05.96 (34.85)		
62	Faustini, Nina	SO	Our Lady of Good Counsel	1:05.15	1:06.08
	30.40		1:06.08 (35.68)		
63	Egwim, Tiffany	JR	Springbrook Swim and Dive Team	1:06.13	1:06.28

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 12 Girls 100 Yard Butterfly)

Name	Yr	School	Seed Time	Prelim Time
64 Fouts, Janae	JR	Quince Orchard High School	1:06.31	1:06.37
30.51		1:06.37 (35.86)		
65 Goodweather, Isabelle	SN	St. Andrew's Episcopal School	1:04.72	1:06.47
30.24		1:06.47 (36.23)		
66 Riel, Charlotte	FR	THE ACADEMY OF THE HOLY CROSS	1:06.00	1:07.54
31.09		1:07.54 (36.45)		
67 Zhang, Chelsea	SR	Poolesville	1:04.96	1:07.58
32.03		1:07.58 (35.55)		
68 Tokinon, Kimiko	FR	Sherwood Warriors	1:06.16	1:07.93
31.06		1:07.93 (36.87)		
69 Bayona-Alvarez, Jimena	SO	Rockville High School	1:06.45	1:10.18
31.40		1:10.18 (38.78)		
--- Hooff, Lainey	FR	St. John's College High School	1:00.99	DQ

Event 13 Boys 100 Yard Freestyle

METROS: 42.81 M 2/9/2013 Jack Conger Good Counsel
44.72 AAAU
45.56 AAAC

Name	Yr	School	Prelim Time	Finals Time	Points
Championship Final					
1 Bice, Palmer	SR	Gonzaga College High School	46.12	44.68	24
21.76		44.68 (22.92)			
2 Vanas, Andrew	JR	GEORGETOWN PREPARATORY SCHOC	45.40	44.83	21
21.73		44.83 (23.10)			
3 Coapstick, Tyler	SR	Wootton Swimming and Diving	46.16	45.82	20
21.61		45.82 (24.21)			
4 Rooney, Seamus	JR	DeMatha Catholic High School	47.11	46.25	19
22.04		46.25 (24.21)			
5 Svensson, Casper	SR	Walt Whitman HS Swim and Dive	47.19	47.15	18
22.75		47.15 (24.40)			
6 Ginsburg, Jonah	JR	DeMatha Catholic High School	47.03	47.23	17
22.71		47.23 (24.52)			
7 Rose, Matthew	SR	The Heights School	47.80	47.26	16
22.73		47.26 (24.53)			
8 Ross, Jayson	SR	DeMatha Catholic High School	47.16	47.63	15
22.78		47.63 (24.85)			
9 Murphy, Taiyo	JR	Walter Johnson High School	47.43	47.66	14
23.00		47.66 (24.66)			
10 Mettler, Colton	SO	Quince Orchard High School	47.85	47.79	13
22.75		47.79 (25.04)			
Consolation Final					
11 Kim, Tyler	SR	Richard Montgomery Swim & Dive	48.08	47.69	11
22.75		47.69 (24.94)			
12 White, John	JR	Wootton Swimming and Diving	48.25	47.89	9
23.01		47.89 (24.88)			
13 Starr, Graham	JR	Walt Whitman HS Swim and Dive	48.26	48.00	8
22.92		48.00 (25.08)			
14 McLellan, Owen	SO	Walter Johnson High School	48.83	48.25	7
23.23		48.25 (25.02)			
15 Kratz, James	FR	GEORGETOWN PREPARATORY SCHOC	48.41	48.40	6
23.50		48.40 (24.90)			

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Consolation Final ... (Event 13 Boys 100 Yard Freestyle)

Name	Yr	School	Prelim Time	Finals Time	Points
16 Chen, Kyle	JR	Walt Whitman HS Swim and Dive	48.58	48.52	5
23.41		48.52 (25.11)			
17 Hou, Jaden	SR	Poolesville	48.91	49.06	4
23.37		49.06 (25.69)			
18 Lakso, Justin	SR	Sherwood Warriors	49.49	49.16	3
23.61		49.16 (25.55)			
19 Fisher, Patrick	FR	Gonzaga College High School	49.47	50.17	2
23.52		50.17 (26.65)			
20 Kalinin, Nikolai	SR	Our Lady of Good Counsel	49.36	51.46	1
24.16		51.46 (27.30)			

Event 13 Boys 100 Yard Freestyle

METROS: 42.81 M 2/9/2013 Jack Conger
44.72 AAAU
45.56 AAAC

Good Counsel

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Vanas, Andrew	JR	GEORGETOWN PREPARATORY SCHOC	44.97	45.40	q
22.04		45.40 (23.36)			
2 Bice, Palmer	SR	Gonzaga College High School	45.34	46.12	q
22.20		46.12 (23.92)			
3 Coapstick, Tyler	SR	Wootton Swimming and Diving	46.18	46.16	q
22.13		46.16 (24.03)			
4 Ginsburg, Jonah	JR	DeMatha Catholic High School	47.23	47.03	q
22.87		47.03 (24.16)			
5 Rooney, Seamus	JR	DeMatha Catholic High School	46.61	47.11	q
22.44		47.11 (24.67)			
6 Ross, Jayson	SR	DeMatha Catholic High School	45.64	47.16	q
23.05		47.16 (24.11)			
7 Svensson, Casper	SR	Walt Whitman HS Swim and Dive	47.65	47.19	q
22.78		47.19 (24.41)			
8 Murphy, Taiyo	JR	Walter Johnson High School	47.51	47.43	q
22.72		47.43 (24.71)			
9 Rose, Matthew	SR	The Heights School	47.21	47.80	q
23.24		47.80 (24.56)			
10 Mettler, Colton	SO	Quince Orchard High School	47.25	47.85	q
22.97		47.85 (24.88)			
11 Kim, Tyler	SR	Richard Montgomery Swim & Dive	47.38	48.08	q
23.06		48.08 (25.02)			
12 White, John	JR	Wootton Swimming and Diving	48.25	48.25	q
23.20		48.25 (25.05)			
13 Starr, Graham	JR	Walt Whitman HS Swim and Dive	48.56	48.26	q
22.75		48.26 (25.51)			
14 Kratz, James	FR	GEORGETOWN PREPARATORY SCHOC	48.37	48.41	q
23.33		48.41 (25.08)			
15 Chen, Kyle	JR	Walt Whitman HS Swim and Dive	49.94	48.58	q
23.24		48.58 (25.34)			
16 McLellan, Owen	SO	Walter Johnson High School	47.97	48.83	q
23.51		48.83 (25.32)			
17 Hou, Jaden	SR	Poolesville	48.03	48.91	q
23.21		48.91 (25.70)			

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 13 Boys 100 Yard Freestyle)

	Name	Yr	School	Seed Time	Prelim Time	
18	Kalinin, Nikolai	SR	Our Lady of Good Counsel	48.81	49.36	q
	23.63		49.36 (25.73)			
19	Fisher, Patrick	FR	Gonzaga College High School	52.63	49.47	q
	23.22		49.47 (26.25)			
20	Lakso, Justin	SR	Sherwood Warriors	49.66	49.49	q
	23.56		49.49 (25.93)			
21	Mukoyama, Ray	SR	Walter Johnson High School	48.46	49.55	
	23.56		49.55 (25.99)			
22	Fayed, Zachary	SR	Landon School Varsity Swimming	48.79	49.68	
	24.05		49.68 (25.63)			
23	Laufer, Abraham	SR	Montgomery Blair Swim & Dive	48.37	49.79	
	23.87		49.79 (25.92)			
24	Finnegan, Charles	SO	Richard Montgomery Swim & Dive	49.53	49.80	
	24.09		49.80 (25.71)			
25	Jenkins, Ari	JR	DeMatha Catholic High School	48.96	49.84	
	23.78		49.84 (26.06)			
26	Cobb, Jason	SO	Our Lady of Good Counsel	49.93	49.85	
	23.84		49.85 (26.01)			
*27	Huyck, James	SR	Northwest High School	50.47	49.92	
	23.97		49.92 (25.95)			
*27	Christman, Beckett	SR	Bethesda-Chevy Chase High Scho	48.58	49.92	
	24.28		49.92 (25.64)			
29	Eshler, Dresden	SO	Clarksburg High School	49.89	49.95	
	24.19		49.95 (25.76)			
30	Dawson, John	SO	St. John's College High School	48.78	50.03	
	24.12		50.03 (25.91)			
31	Schestopol, Bram	FR	MARET SCHOOL	49.67	50.07	
	23.83		50.07 (26.24)			
32	Hua, Ethan		Montgomery Blair Swim & Dive	51.32	50.25	
	24.22		50.25 (26.03)			
33	Franken, Evander	JR	Rockville High School	51.06	50.27	
	23.97		50.27 (26.30)			
34	Ash, Noah	SO	Winston Churchill	49.94	50.28	
	23.99		50.28 (26.29)			
35	Gangemi, Cole	FR	Gonzaga College High School	49.50	50.29	
	23.73		50.29 (26.56)			
36	Ye, Anson	SO	Poolesville	51.50	50.30	
	24.09		50.30 (26.21)			
37	Ferrara, Eli	JR	Poolesville	49.75	50.38	
	24.34		50.38 (26.04)			
38	Makepeace, Archer	JR	Gonzaga College High School	48.02	50.49	
	23.58		50.49 (26.91)			
39	Drakakis, John	SR	Bethesda-Chevy Chase High Scho	49.64	50.52	
	23.85		50.52 (26.67)			
40	Hughes, Johnny	JR	GEORGETOWN PREPARATORY SCHOC	50.13	50.60	
	23.65		50.60 (26.95)			
41	Pevzner, Daniel	SO	Bethesda-Chevy Chase High Scho	50.03	50.78	
	24.26		50.78 (26.52)			
42	Wang, William	SO	Winston Churchill	50.09	50.79	
	24.82		50.79 (25.97)			
43	Suh, Alex	26	St. Albans School	50.65	50.83	
	24.08		50.83 (26.75)			

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 13 Boys 100 Yard Freestyle)

Name	Yr	School	Seed Time	Prelim Time
44 Finberg, Matthias	SO	Montgomery Blair Swim & Dive	51.84	50.86
24.68	50.86 (26.18)			
*45 Humphreys, Colby	FR	Walter Johnson High School	51.21	51.18
24.71	51.18 (26.47)			
*45 Joshi, Gabriel	SR	Wheaton High School	50.63	51.18
24.40	51.18 (26.78)			
47 Botti, Andrew	SR	Damascus High School	51.33	51.26
24.28	51.26 (26.98)			
48 Bolten, Gage	SO	Landon School Varsity Swimming	51.99	51.27
24.40	51.27 (26.87)			
49 Hume, Rafi	27	St. Albans School	52.92	51.31
24.44	51.31 (26.87)			
50 Chalk, Kieran	26	St. Albans School	51.06	51.32
24.34	51.32 (26.98)			
51 Conley, Padraig	JR	Richard Montgomery Swim & Dive	51.66	51.37
24.75	51.37 (26.62)			
52 Donahue, Chase	SR	GEORGETOWN PREPARATORY SCHOC	51.16	51.39
24.43	51.39 (26.96)			
53 Doh, Jacob	SO	Quince Orchard High School	50.06	51.53
24.23	51.53 (27.30)			
54 Lindroos, Kai	27	Flint Hill School	51.29	51.54
24.16	51.54 (27.38)			
55 Rook, William	SR	Landon School Varsity Swimming	52.73	51.60
24.51	51.60 (27.09)			
56 Bravo, Rodrigo	JR	Walt Whitman HS Swim and Dive	52.07	51.75
25.24	51.75 (26.51)			
57 Cubero Villiers, Santiago	SR	Wootton Swimming and Diving	52.77	52.12
58 Hanson, Timothy	JR	Our Lady of Good Counsel	51.10	52.19
25.00	52.19 (27.19)			
59 Opima, Bryce	JR	Sherwood Warriors	52.35	52.22
25.04	52.22 (27.18)			
60 Lassak, Szymon	FR	Montgomery Blair Swim & Dive	52.85	52.43
24.97	52.43 (27.46)			
61 Pleasure, Zev	SO	Sherwood Warriors	52.04	52.52
25.04	52.52 (27.48)			
62 Beares, Gordon	SO	Landon School Varsity Swimming	52.84	52.86
25.32	52.86 (27.54)			
63 Smyth, Loki	SO	Rockville High School	51.52	53.03
25.12	53.03 (27.91)			
64 Hybl, Zyad Phoenix	JR	Seneca Valley High School	52.50	53.06
25.45	53.06 (27.61)			
65 Conte, Antonio	JR	Northwest High School	52.93	53.08
25.55	53.08 (27.53)			
66 Wick, Graham	SR	Northwood	52.75	53.32
25.98	53.32 (27.34)			
67 Dahlke, Tegegn	SR	Northwest High School	52.81	53.67
25.68	53.67 (27.99)			
68 Kettering, Will	SR	St. John's College High School	52.95	53.94
25.68	53.94 (28.26)			
69 Kemp, Robert	SO	Wheaton High School	52.66	54.01
25.88	54.01 (28.13)			

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 13 Boys 100 Yard Freestyle)

Name	Yr	School	Seed Time	Prelim Time
70 Goldsborough, Evan	FR	Winston Churchill	52.07	56.25
26.51		56.25 (29.74)		
--- Lee, Teddy	25	St. Albans School	51.92	DQ
--- Milligan, Liam	JR	Northwest High School	52.95	DFS

Event 14 Girls 100 Yard Freestyle

METROS: 48.19 M 2/11/2023 Erin Gemmell Stone Ridge
50.16 AAAU
50.99 AAAC

Name	Yr	School	Prelim Time	Finals Time	Points
Championship Final					
1 Hinds, Virginia	JR	Bethesda-Chevy Chase High Scho	49.82	49.35	24
23.44		49.35 (25.91)			
2 Day, Gabrielle	SO	Bullis School	51.40	51.31	21
24.50		51.31 (26.81)			
3 Clattenburg, Hannah	SO	MARET SCHOOL	51.40	51.45	20
24.84		51.45 (26.61)			
4 Nishnianidze, Anna	JR	Wootton Swimming and Diving	52.52	51.67	19
24.82		51.67 (26.85)			
5 Roemer, Samantha	FR	Stone Ridge	51.82	51.92	18
25.10		51.92 (26.82)			
6 Bu, Catherine	JR	Winston Churchill	53.05	52.32	17
25.28		52.32 (27.04)			
7 Ji, KaiLi	FR	The Holton-Arms School	53.50	52.60	16
25.25		52.60 (27.35)			
8 Young, Lindsay	JR	Montgomery Blair Swim & Dive	53.52	52.72	15
25.26		52.72 (27.46)			
9 Kwon, Alyssa	SR	Montgomery Blair Swim & Dive	53.80	53.55	14
25.78		53.55 (27.77)			
10 Denney, Ellie	25	National Cathedral School	53.59	53.66	13
25.58		53.66 (28.08)			
Consolation Final					
11 Belknap, Penelope	SO	Walt Whitman HS Swim and Dive	54.10	53.42	11
25.32		53.42 (28.10)			
12 Mulkey, Anne	JR	Walter Johnson High School	55.69	53.93	9
26.06		53.93 (27.87)			
13 Webb, Addison	JR	Stone Ridge	54.12	54.52	8
25.95		54.52 (28.57)			
14 Hmem, Rania	JR	Seneca Valley High School	54.54	54.55	7
26.01		54.55 (28.54)			
15 Jeffrey, Fayth	SO	Walter Johnson High School	54.83	54.66	6
26.30		54.66 (28.36)			
16 Douglas, Hannah	SR	Damascus High School	54.84	54.76	5
26.03		54.76 (28.73)			
17 O'Hara, Megan	SR	Colonel Zadok Magruder High Sc	55.25	54.80	4
26.25		54.80 (28.55)			
18 Schur, Gracelyn	FR	Winston Churchill	54.14	54.94	3
26.03		54.94 (28.91)			
19 Depman, Megan	SR	THE ACADEMY OF THE HOLY CROSS	55.35	55.13	2
26.14		55.13 (28.99)			
20 Davy-Brown, Layla	FR	Bullis School	55.47	55.14	1
26.21		55.14 (28.93)			

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Event 14 Girls 100 Yard Freestyle

METROS: 48.19 M 2/11/2023 Erin Gemmell

Stone Ridge

50.16 AAAU

50.99 AAAC

<u>Name</u>	<u>Yr</u>	<u>School</u>	<u>Seed Time</u>	<u>Prelim Time</u>	
Preliminaries					
1 Hinds, Virginia	JR	Bethesda-Chevy Chase High Scho	49.78	49.82	q
23.69		49.82 (26.13)			
*2 Day, Gabrielle	SO	Bullis School	51.64	51.40	q
24.61		51.40 (26.79)			
*2 Clattenburg, Hannah	SO	MARET SCHOOL	51.18	51.40	q
24.95		51.40 (26.45)			
4 Roemer, Samantha	FR	Stone Ridge	51.04	51.82	q
24.98		51.82 (26.84)			
5 Nishnianidze, Anna	JR	Wootton Swimming and Diving	52.21	52.52	q
25.30		52.52 (27.22)			
6 Bu, Catherine	JR	Winston Churchill	52.38	53.05	q
25.63		53.05 (27.42)			
7 Ji, KaiLi	FR	The Holton-Arms School	53.19	53.50	q
25.80		53.50 (27.70)			
8 Young, Lindsay	JR	Montgomery Blair Swim & Dive	52.63	53.52	q
25.75		53.52 (27.77)			
9 Denney, Ellie	25	National Cathedral School	52.96	53.59	q
25.53		53.59 (28.06)			
10 Kwon, Alyssa	SR	Montgomery Blair Swim & Dive	53.08	53.80	q
25.93		53.80 (27.87)			
11 Belknap, Penelope	SO	Walt Whitman HS Swim and Dive	54.69	54.10	q
25.53		54.10 (28.57)			
12 Webb, Addison	JR	Stone Ridge	52.53	54.12	q
25.85		54.12 (28.27)			
13 Schur, Gracelyn	FR	Winston Churchill	55.03	54.14	q
26.04		54.14 (28.10)			
14 Hmem, Rania	JR	Seneca Valley High School	55.50	54.54	q
26.16		54.54 (28.38)			
15 Jeffrey, Fayth	SO	Walter Johnson High School	55.57	54.83	q
26.34		54.83 (28.49)			
16 Douglas, Hannah	SR	Damascus High School	54.92	54.84	q
25.97		54.84 (28.87)			
17 O'Hara, Megan	SR	Colonel Zadok Magruder High Sc	54.88	55.25	q
26.45		55.25 (28.80)			
18 Depman, Megan	SR	THE ACADEMY OF THE HOLY CROSS	54.70	55.35	q
26.41		55.35 (28.94)			
19 Davy-Brown, Layla	FR	Bullis School	55.53	55.47	q
20 Mulkey, Anne	JR	Walter Johnson High School	53.87	55.69	q
26.80		55.69 (28.89)			
21 Kelly, Bridget	SR	St. John's College High School	54.93	55.76	
26.63		55.76 (29.13)			
22 Fiery, Eden	JR	THE ACADEMY OF THE HOLY CROSS	54.89	55.79	
26.49		55.79 (29.30)			
23 Lee, Jeanelle	JR	Walter Johnson High School	55.01	55.90	
27.16		55.90 (28.74)			
24 McCarty, Natalie	FR	Walter Johnson High School	57.19	55.92	
27.01		55.92 (28.91)			

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 14 Girls 100 Yard Freestyle)

Name	Yr	School	Seed Time	Prelim Time
25 Allbritton, Jada	SR	Bishop McNamara High School	56.10	55.95
26.78	55.95 (29.17)			
26 Gudana, Sophie	SO	Montgomery Blair Swim & Dive	53.01	56.01
27.08	56.01 (28.93)			
27 Huang, Sophie	JR	Poolesville	54.77	56.08
26.76	56.08 (29.32)			
28 LaMotte, Madison	JR	Our Lady of Good Counsel	55.58	56.22
26.71	56.22 (29.51)			
29 Johnson, Avery	SO	Northwest High School	57.81	56.33
27.34	56.33 (28.99)			
30 Humpert, Lucy	SO	Montgomery Blair Swim & Dive	56.57	56.36
27.16	56.36 (29.20)			
31 Grimberg, Olivia	SR	St. John's College High School	57.85	56.45
27.60	56.45 (28.85)			
*32 Ndu, Omannaya	JR	The Holton-Arms School	55.80	56.48
26.49	56.48 (29.99)			
*32 Loftis, Jillian	SO	Clarksburg High School	58.67	56.48
26.98	56.48 (29.50)			
34 Zheng, Emma	SO	Bullis School	56.06	56.50
27.23	56.50 (29.27)			
35 Lotsch, Maika	SO	Walt Whitman HS Swim and Dive	58.45	56.55
26.60	56.55 (29.95)			
36 Mitchum, Anna	SR	Richard Montgomery Swim & Dive	53.06	56.61
26.93	56.61 (29.68)			
37 Miller, Kate	SR	Our Lady of Good Counsel	54.91	56.63
26.83	56.63 (29.80)			
38 Coapstick, Rachel	FR	Wootton Swimming and Diving	57.93	56.81
27.69	56.81 (29.12)			
39 Rampulla, Maya	SO	Walt Whitman HS Swim and Dive	56.83	56.88
27.12	56.88 (29.76)			
40 Sanford, Molly	9	Blake Bengals	58.28	56.89
27.32	56.89 (29.57)			
41 Brown, Brea	SR	Our Lady of Good Counsel	55.68	57.07
27.33	57.07 (29.74)			
42 Staley, Blythe	JR	The Holton-Arms School	57.07	57.09
27.38	57.09 (29.71)			
43 Liu, Rachael	SO	Winston Churchill	55.81	57.38
27.67	57.38 (29.71)			
44 Bernasek, Isabelle	SR	Stone Ridge	57.89	57.45
27.50	57.45 (29.95)			
45 Lang, Graciela	FR	St. John's College High School	55.47	57.49
27.58	57.49 (29.91)			
46 Grenham, Kaitlyn	JR	THE ACADEMY OF THE HOLY CROSS	57.59	57.63
27.45	57.63 (30.18)			
47 Gao, Elizabeth	SR	Wootton Swimming and Diving	57.38	57.64
27.58	57.64 (30.06)			
48 Quiroga, Maya	JR	Sherwood Warriors	57.05	57.77
49 Felgenhauer, Willa	25	National Cathedral School	56.95	57.79
27.74	57.79 (30.05)			
50 Henry, Paige	JR	Rockville High School	57.35	57.94
27.84	57.94 (30.10)			

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 14 Girls 100 Yard Freestyle)

Name	Yr	School	Seed Time	Prelim Time
51 Musslewhite, Parker 27.68	25	National Cathedral School	57.39	58.20
			58.20 (30.52)	
52 Patterson, Brooke 27.56	JR	Bethesda-Chevy Chase High Scho	57.29	58.23
			58.23 (30.67)	
53 Way, Josie Olivia 27.85	SO	Richard Montgomery Swim & Dive	58.67	58.38
			58.38 (30.53)	
54 Fayyad, Zoe 27.83	JR	St. John's College High School	57.56	58.40
			58.40 (30.57)	
55 Martinez, Denise 27.86	SR	Wheaton High School	57.58	58.57
			58.57 (30.71)	
56 Muoio, Adele 28.24	26	National Cathedral School	58.15	58.95
			58.95 (30.71)	
57 Marino, Augusta 27.98	FR	Stone Ridge	58.42	59.03
			59.03 (31.05)	
58 Velasquez, Alesandra 28.07	FR	Sherwood Warriors	57.50	59.21
			59.21 (31.14)	
59 Deng, Callie 28.42	SO	Richard Montgomery Swim & Dive	56.84	59.55
			59.55 (31.13)	
60 Han, Bailey 28.16	SO	Walt Whitman HS Swim and Dive	57.86	59.67
			59.67 (31.51)	
61 Najarro, Isabella 28.39	SR	Gaithersburg High School	57.99	59.90
			59.90 (31.51)	
62 Zhang, Chelsea 29.35	SR	Poolesville	57.79	1:00.18
			1:00.18 (30.83)	
63 Parsons, Kiera 28.86	JR	Elizabeth Seton Varsity swimmi	58.44	1:00.29
			1:00.29 (31.43)	
64 Kemp, Josie 28.96	SO	Our Lady of Good Counsel	58.50	1:00.47
			1:00.47 (31.51)	
--- Schwieters, Julie	SR	Richard Montgomery Swim & Dive	52.07	DFS
--- Goodweather, Isabelle	SN	St. Andrew's Episcopal School	58.17	DFS
--- Simon, Olivia	FR	Bullis School	57.61	DFS

Event 15 Boys 500 Yard Freestyle

METROS: 4:13.87 M 2/9/2013 Jack Conger Good Counsel
4:28.60 AAAU
4:32.95 AAAC

Name	Yr	School	Prelim Time	Finals Time	Points
Championship Final					
1 Lopez, Joshua 23.75	SR	DeMatha Catholic High School	4:28.99	4:30.43	24
			50.12 (26.37) 1:17.16 (27.04) 1:44.79 (27.63)		
			2:12.11 (27.32) 2:39.45 (27.34) 3:07.07 (27.62) 3:34.68 (27.61)		
			4:02.57 (27.89) 4:30.43 (27.86)		
2 Kominski, Tyler 24.32	SO	Sherwood Warriors	4:28.65	4:33.66	21
			50.76 (26.44) 1:18.18 (27.42) 1:45.77 (27.59)		
			2:13.51 (27.74) 2:41.21 (27.70) 3:09.34 (28.13) 3:37.73 (28.39)		
			4:06.01 (28.28) 4:33.66 (27.65)		
3 Nurit, Leopold 24.46	FR	Walt Whitman HS Swim and Dive	4:36.03	4:35.34	20
			51.16 (26.70) 1:18.87 (27.71) 1:46.87 (28.00)		
			2:15.24 (28.37) 2:43.54 (28.30) 3:11.71 (28.17) 3:40.13 (28.42)		
			4:08.21 (28.08) 4:35.34 (27.13)		

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Championship Final ... (Event 15 Boys 500 Yard Freestyle)

	Name	Yr	School	Prelim Time	Finals Time	Points
4	Bishop, Anderson	SR	Gonzaga College High School	4:36.98	4:36.22	19
	24.99	52.18 (27.19)	1:20.20 (28.02)	1:48.62 (28.42)		
	2:16.52 (27.90)	2:43.77 (27.25)	3:11.97 (28.20)	3:40.26 (28.29)		
	4:08.57 (28.31)	4:36.22 (27.65)				
5	Begin, Charlie	JR	Winston Churchill	4:31.38	4:37.89	18
	25.26	52.48 (27.22)	1:20.42 (27.94)	1:48.60 (28.18)		
	2:16.64 (28.04)	2:44.64 (28.00)	3:13.11 (28.47)	3:41.57 (28.46)		
	4:10.22 (28.65)	4:37.89 (27.67)				
6	Minear, Connor	FR	Gonzaga College High School	4:38.76	4:39.22	17
	25.24	52.92 (27.68)	1:21.28 (28.36)	1:49.66 (28.38)		
	2:18.11 (28.45)	2:46.80 (28.69)	3:15.81 (29.01)	3:43.72 (27.91)		
	4:11.92 (28.20)	4:39.22 (27.30)				
7	Nguyen, Alexander	SR	Richard Montgomery Swim & Dive	4:32.08	4:39.67	16
	25.40	52.03 (26.63)	1:19.49 (27.46)	1:47.44 (27.95)		
	2:15.68 (28.24)	2:44.44 (28.76)	3:13.38 (28.94)	3:42.42 (29.04)		
	4:11.55 (29.13)	4:39.67 (28.12)				
8	Bartholomew, Lachlan	FR	Walter Johnson High School	4:36.43	4:41.76	15
	25.23	52.92 (27.69)	1:21.06 (28.14)	1:49.50 (28.44)		
	2:18.13 (28.63)	2:46.95 (28.82)	3:15.96 (29.01)	3:44.96 (29.00)		
	4:13.97 (29.01)	4:41.76 (27.79)				
9	Sims, Douglas	JR	Winston Churchill	4:34.44	4:42.01	14
	25.40	52.93 (27.53)	1:20.98 (28.05)	1:49.44 (28.46)		
	2:17.89 (28.45)	2:46.89 (29.00)	3:15.77 (28.88)	3:45.05 (29.28)		
	4:14.47 (29.42)	4:42.01 (27.54)				
10	Liberty, Nicholas	SO	Sherwood Warriors	4:40.23	4:44.60	13
	25.69	53.17 (27.48)	1:21.29 (28.12)	1:49.82 (28.53)		
	2:18.72 (28.90)	2:47.72 (29.00)	3:16.79 (29.07)	3:46.39 (29.60)		
	4:15.93 (29.54)	4:44.60 (28.67)				
Consolation Final						
11	Zakorchemny, Cooper	JR	Our Lady of Good Counsel	4:40.36	4:39.11	11
	24.73	51.81 (27.08)	1:19.77 (27.96)	1:48.09 (28.32)		
	2:16.49 (28.40)	2:44.90 (28.41)	3:13.68 (28.78)	3:42.48 (28.80)		
	4:11.17 (28.69)	4:39.11 (27.94)				
12	Lee, Kevin	SO	Richard Montgomery Swim & Dive	4:41.64	4:39.97	9
	25.25	53.08 (27.83)	1:21.23 (28.15)	1:49.88 (28.65)		
	2:18.38 (28.50)	2:47.20 (28.82)	3:15.83 (28.63)	3:44.50 (28.67)		
	4:12.84 (28.34)	4:39.97 (27.13)				
13	Kissel, Andrew	JR	Quince Orchard High School	4:43.68	4:41.25	8
	25.47	53.12 (27.65)	1:21.29 (28.17)	1:49.62 (28.33)		
	2:18.16 (28.54)	2:47.04 (28.88)	3:15.96 (28.92)	3:45.07 (29.11)		
	4:13.36 (28.29)	4:41.25 (27.89)				
14	Albert, Ryan	25	St. Albans School	4:44.81	4:43.87	7
	25.80	53.44 (27.64)	1:21.82 (28.38)	1:50.39 (28.57)		
	2:19.02 (28.63)	2:47.91 (28.89)	3:16.73 (28.82)	3:45.91 (29.18)		
	4:15.02 (29.11)	4:43.87 (28.85)				
15	Donley, Trevor	SO	Sidwell Friends School	4:40.85	4:44.44	6
	25.54	53.19 (27.65)	1:21.78 (28.59)	1:50.82 (29.04)		
	2:19.76 (28.94)	2:49.00 (29.24)	3:18.14 (29.14)	3:47.52 (29.38)		
	4:16.90 (29.38)	4:44.44 (27.54)				
16	Jarczynski, Justin	JR	Poolesville	4:46.57	4:44.75	5
	25.71	53.81 (28.10)	1:22.37 (28.56)	1:51.25 (28.88)		
	2:20.09 (28.84)	2:49.47 (29.38)	3:18.43 (28.96)	3:47.38 (28.95)		
	4:16.33 (28.95)	4:44.75 (28.42)				

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Consolation Final ... (Event 15 Boys 500 Yard Freestyle)

Name	Yr	School	Prelim Time	Finals Time	Points
17 Fontana, Enzo	SO	Northwest High School	4:43.27	4:45.10	4
25.22	53.17 (27.95)	1:21.68 (28.51)	1:50.63 (28.95)		
2:19.77 (29.14)	2:49.06 (29.29)	3:18.42 (29.36)	3:47.60 (29.18)		
4:16.93 (29.33)	4:45.10 (28.17)				
18 Kim, Lucas	SO	Montgomery Blair Swim & Dive	4:50.90	4:46.91	3
25.60	54.27 (28.67)	1:23.12 (28.85)	1:52.57 (29.45)		
2:22.26 (29.69)	2:51.68 (29.42)	3:21.04 (29.36)	3:50.29 (29.25)		
4:19.26 (28.97)	4:46.91 (27.65)				
19 Conroy, Charlie	SR	Walt Whitman HS Swim and Dive	4:45.91	4:48.56	2
25.63	53.64 (28.01)	1:22.49 (28.85)	1:51.41 (28.92)		
2:20.96 (29.55)	2:50.50 (29.54)	3:20.32 (29.82)	3:50.17 (29.85)		
4:19.87 (29.70)	4:48.56 (28.69)				
20 Bailey, Matthew	FR	The Heights School	4:55.03	4:57.21	1
26.20	54.88 (28.68)	1:24.18 (29.30)	1:53.83 (29.65)		
2:24.03 (30.20)	2:54.30 (30.27)	3:24.88 (30.58)	3:55.90 (31.02)		
4:27.00 (31.10)	4:57.21 (30.21)				

Event 15 Boys 500 Yard Freestyle

METROS: 4:13.87 M 2/9/2013 Jack Conger Good Counsel
4:28.60 AAAU
4:32.95 AAAC

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Kominski, Tyler	SO	Sherwood Warriors	4:45.36	4:28.65	q
24.32	50.54 (26.22)	1:17.60 (27.06)	1:44.98 (27.38)		
2:12.35 (27.37)	2:39.71 (27.36)	3:07.30 (27.59)	3:34.87 (27.57)		
4:02.32 (27.45)	4:28.65 (26.33)				
2 Lopez, Joshua	SR	DeMatha Catholic High School	4:29.90	4:28.99	q
24.40	51.47 (27.07)	1:19.01 (27.54)	1:46.10 (27.09)		
2:13.58 (27.48)	2:40.79 (27.21)	3:08.05 (27.26)	3:35.12 (27.07)		
4:02.42 (27.30)	4:28.99 (26.57)				
3 Begin, Charlie	JR	Winston Churchill	4:29.41	4:31.38	q
25.31	52.29 (26.98)	1:19.52 (27.23)	1:47.12 (27.60)		
2:14.57 (27.45)	2:41.97 (27.40)	3:09.36 (27.39)	3:37.15 (27.79)		
4:04.50 (27.35)	4:31.38 (26.88)				
4 Nguyen, Alexander	SR	Richard Montgomery Swim & Dive	4:32.78	4:32.08	q
25.77	52.90 (27.13)	1:20.18 (27.28)	1:47.67 (27.49)		
2:15.04 (27.37)	2:42.47 (27.43)	3:09.75 (27.28)	3:37.28 (27.53)		
4:04.93 (27.65)	4:32.08 (27.15)				
5 Sims, Douglas	JR	Winston Churchill	4:37.66	4:34.44	q
24.77	51.94 (27.17)	1:19.23 (27.29)	1:47.14 (27.91)		
2:15.09 (27.95)	2:42.88 (27.79)	3:10.99 (28.11)	3:39.17 (28.18)		
4:07.45 (28.28)	4:34.44 (26.99)				
6 Nurit, Leopold	FR	Walt Whitman HS Swim and Dive	4:35.83	4:36.03	q
24.84	51.66 (26.82)	1:19.18 (27.52)	1:46.74 (27.56)		
2:14.56 (27.82)	2:42.69 (28.13)	3:10.98 (28.29)	3:39.72 (28.74)		
4:08.13 (28.41)	4:36.03 (27.90)				
7 Bartholomew, Lachlan	FR	Walter Johnson High School	4:46.50	4:36.43	q
25.09	52.74 (27.65)	1:20.24 (27.50)	1:47.95 (27.71)		
2:15.55 (27.60)	2:43.68 (28.13)	3:12.21 (28.53)	3:40.78 (28.57)		
4:09.12 (28.34)	4:36.43 (27.31)				

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 15 Boys 500 Yard Freestyle)

Name	Yr	School	Seed Time	Prelim Time	
8 Bishop, Anderson	SR	Gonzaga College High School	4:36.59	4:36.98	q
25.71	53.48 (27.77)	1:21.77 (28.29)	1:50.35 (28.58)		
2:18.68 (28.33)	2:46.88 (28.20)	3:14.34 (27.46)	3:41.97 (27.63)		
4:10.05 (28.08)	4:36.98 (26.93)				
9 Minear, Connor	FR	Gonzaga College High School	4:41.39	4:38.76	q
25.48	53.65 (28.17)	1:21.53 (27.88)	1:49.98 (28.45)		
2:18.53 (28.55)	2:46.65 (28.12)	3:14.92 (28.27)	3:43.23 (28.31)		
4:11.10 (27.87)	4:38.76 (27.66)				
10 Liberty, Nicholas	SO	Sherwood Warriors	4:38.89	4:40.23	q
25.52	52.97 (27.45)	1:21.01 (28.04)	1:49.31 (28.30)		
2:17.50 (28.19)	2:46.04 (28.54)	3:14.62 (28.58)	3:43.39 (28.77)		
4:12.28 (28.89)	4:40.23 (27.95)				
11 Zakorchemny, Cooper	JR	Our Lady of Good Counsel	4:32.91	4:40.36	q
25.20	52.67 (27.47)	1:20.77 (28.10)	1:49.02 (28.25)		
2:17.50 (28.48)	2:46.03 (28.53)	3:14.70 (28.67)	3:43.71 (29.01)		
4:12.55 (28.84)	4:40.36 (27.81)				
12 Donley, Trevor	SO	Sidwell Friends School	4:43.88	4:40.85	q
25.06	52.76 (27.70)	1:21.31 (28.55)	1:50.23 (28.92)		
2:18.72 (28.49)	2:47.47 (28.75)	3:16.16 (28.69)	3:45.02 (28.86)		
4:13.46 (28.44)	4:40.85 (27.39)				
13 Lee, Kevin	SO	Richard Montgomery Swim & Dive	4:49.05	4:41.64	q
24.94	53.02 (28.08)	1:21.71 (28.69)	1:50.59 (28.88)		
2:19.53 (28.94)	2:48.29 (28.76)	3:17.15 (28.86)	3:45.95 (28.80)		
4:14.23 (28.28)	4:41.64 (27.41)				
14 Fontana, Enzo	SO	Northwest High School	4:53.98	4:43.27	q
25.05	52.59 (27.54)	1:20.66 (28.07)	1:49.11 (28.45)		
2:17.94 (28.83)	2:46.96 (29.02)	3:16.07 (29.11)	3:45.42 (29.35)		
4:14.80 (29.38)	4:43.27 (28.47)				
15 Kissel, Andrew	JR	Quince Orchard High School	4:44.06	4:43.68	q
26.07	54.31 (28.24)	1:22.57 (28.26)	1:51.06 (28.49)		
2:19.96 (28.90)	2:49.01 (29.05)	3:18.04 (29.03)	3:47.23 (29.19)		
4:15.60 (28.37)	4:43.68 (28.08)				
16 Albert, Ryan	25	St. Albans School	4:44.43	4:44.81	q
25.77	53.82 (28.05)	1:21.66 (27.84)	1:50.04 (28.38)		
2:18.65 (28.61)	2:47.26 (28.61)	3:16.05 (28.79)	3:45.19 (29.14)		
4:15.26 (30.07)	4:44.81 (29.55)				
17 Conroy, Charlie	SR	Walt Whitman HS Swim and Dive	4:50.82	4:45.91	q
26.01	54.62 (28.61)	1:23.61 (28.99)	1:52.35 (28.74)		
2:20.83 (28.48)	2:49.49 (28.66)	3:18.66 (29.17)	3:48.15 (29.49)		
4:17.42 (29.27)	4:45.91 (28.49)				
18 Jarczynski, Justin	JR	Poolesville	4:44.93	4:46.57	q
25.70	53.45 (27.75)	1:21.71 (28.26)	1:50.40 (28.69)		
2:18.92 (28.52)	2:47.87 (28.95)	3:17.06 (29.19)	3:46.75 (29.69)		
4:16.70 (29.95)	4:46.57 (29.87)				
19 Kim, Lucas	SO	Montgomery Blair Swim & Dive	4:52.86	4:50.90	q
25.25	53.40 (28.15)	1:22.57 (29.17)	1:52.37 (29.80)		
2:22.16 (29.79)	2:52.21 (30.05)	3:22.35 (30.14)	3:52.20 (29.85)		
4:22.04 (29.84)	4:50.90 (28.86)				
20 Bailey, Matthew	FR	The Heights School	4:55.94	4:55.03	q
26.36	55.40 (29.04)	1:25.47 (30.07)	1:55.88 (30.41)		
2:26.11 (30.23)	2:56.42 (30.31)	3:26.48 (30.06)	3:56.31 (29.83)		
4:26.00 (29.69)	4:55.03 (29.03)				

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 15 Boys 500 Yard Freestyle)

Name	Yr	School	Seed Time	Prelim Time
21 Wizenberg, Griffin	FR	Walt Whitman HS Swim and Dive	4:54.69	4:55.09
26.14	55.01 (28.87)	1:24.80 (29.79)	1:54.38 (29.58)	
2:24.44 (30.06)	2:55.00 (30.56)	3:25.05 (30.05)	3:55.67 (30.62)	
4:26.05 (30.38)	4:55.09 (29.04)			
22 Anderson, Sean	SO	Winston Churchill	5:02.46	4:55.17
27.00	56.72 (29.72)	1:26.88 (30.16)	1:56.79 (29.91)	
2:26.75 (29.96)	2:56.33 (29.58)	3:26.21 (29.88)	3:56.47 (30.26)	
4:26.42 (29.95)	4:55.17 (28.75)			
23 Cantrell, William	26	St. Albans School	4:55.99	4:56.21
25.63	53.99 (28.36)	1:23.34 (29.35)	1:53.72 (30.38)	
2:24.00 (30.28)	2:54.68 (30.68)	3:25.80 (31.12)	3:56.86 (31.06)	
4:27.24 (30.38)	4:56.21 (28.97)			
24 Peppelman, Matthew	FR	Walter Johnson High School	5:01.97	4:56.69
26.38	55.47 (29.09)	1:25.13 (29.66)	1:55.42 (30.29)	
2:25.65 (30.23)	2:56.17 (30.52)	3:26.31 (30.14)	3:56.87 (30.56)	
4:27.15 (30.28)	4:56.69 (29.54)			
25 Mutter, David	SR	Sherwood Warriors	5:02.50	4:56.84
26.16	54.79 (28.63)	1:24.30 (29.51)	1:54.62 (30.32)	
2:24.90 (30.28)	2:55.49 (30.59)	3:26.01 (30.52)	3:56.40 (30.39)	
4:27.10 (30.70)	4:56.84 (29.74)			
26 Johnson, Maxwell	SR	Clarksburg High School	5:03.00	4:57.05
26.75	57.07 (30.32)	1:27.56 (30.49)	1:58.03 (30.47)	
2:28.82 (30.79)	2:58.98 (30.16)	3:28.80 (29.82)	3:58.97 (30.17)	
4:28.39 (29.42)	4:57.05 (28.66)			
27 Scott, Edward		School Without Walls	5:10.34	4:57.58
26.32	55.33 (29.01)	1:24.46 (29.13)	1:53.92 (29.46)	
2:23.46 (29.54)	2:53.61 (30.15)	3:24.19 (30.58)	3:55.67 (31.48)	
4:27.24 (31.57)	4:57.58 (30.34)			
28 Esquenet, Charles	JR	GEORGETOWN PREPARATORY SCHOC	5:03.48	4:58.18
27.11	57.06 (29.95)	1:27.10 (30.04)	1:57.04 (29.94)	
2:27.17 (30.13)	2:57.42 (30.25)	3:27.81 (30.39)	3:58.37 (30.56)	
4:28.87 (30.50)	4:58.18 (29.31)			
29 Watkins, William	SO	Rockville High School	5:04.42	5:00.63
26.46	56.18 (29.72)	1:26.57 (30.39)	1:57.04 (30.47)	
2:27.49 (30.45)	2:58.16 (30.67)	3:28.77 (30.61)	3:59.60 (30.83)	
4:30.48 (30.88)	5:00.63 (30.15)			
30 Khalili, Aarad	FR	Montgomery Blair Swim & Dive	5:13.89	5:00.74
27.23	56.19 (28.96)	1:25.96 (29.77)	1:55.96 (30.00)	
2:26.51 (30.55)	2:57.03 (30.52)	3:27.73 (30.70)	3:58.91 (31.18)	
4:30.03 (31.12)	5:00.74 (30.71)			
31 Campello, Anderson	FR	Sidwell Friends School	5:01.62	5:01.37
26.87	56.70 (29.83)	1:26.96 (30.26)	1:57.38 (30.42)	
2:27.92 (30.54)	2:58.42 (30.50)	3:29.19 (30.77)	4:00.03 (30.84)	
4:31.16 (31.13)	5:01.37 (30.21)			
32 Buck, Grainger	FR	Winston Churchill	5:16.39	5:02.26
26.98	56.29 (29.31)	1:26.49 (30.20)	1:57.27 (30.78)	
2:27.91 (30.64)	2:58.58 (30.67)	3:29.41 (30.83)	4:00.28 (30.87)	
4:31.62 (31.34)	5:02.26 (30.64)			
33 Conze, Augustus	FR	Walter Johnson High School	5:02.48	5:03.53
26.12	55.11 (28.99)	1:24.80 (29.69)	1:55.17 (30.37)	
2:25.98 (30.81)	2:56.78 (30.80)	3:28.42 (31.64)	4:00.10 (31.68)	
4:32.27 (32.17)	5:03.53 (31.26)			

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 15 Boys 500 Yard Freestyle)

Name	Yr	School	Seed Time	Prelim Time
34 Nedd, Christopher	FR	DeMatha Catholic High School	4:57.20	5:04.09
26.38	55.53 (29.15)	1:26.19 (30.66)	1:57.48 (31.29)	
2:28.79 (31.31)	2:59.84 (31.05)	3:30.70 (30.86)	4:01.93 (31.23)	
4:33.37 (31.44)	5:04.09 (30.72)			
35 Ross, Robert	SO	Bethesda-Chevy Chase High Scho	5:16.10	5:05.04
27.14	56.71 (29.57)	1:27.10 (30.39)	1:58.08 (30.98)	
2:29.52 (31.44)	3:00.44 (30.92)	3:31.82 (31.38)	4:03.45 (31.63)	
4:34.94 (31.49)	5:05.04 (30.10)			
36 Ford, Brendan	JR	DeMatha Catholic High School	5:11.14	5:06.19
27.05	56.56 (29.51)	1:26.93 (30.37)	1:57.91 (30.98)	
2:29.25 (31.34)	3:00.84 (31.59)	3:32.24 (31.40)	4:04.14 (31.90)	
4:36.03 (31.89)	5:06.19 (30.16)			
37 Stelzer, Graham	SO	Richard Montgomery Swim & Dive	5:09.07	5:06.38
26.39	56.06 (29.67)	1:26.72 (30.66)	1:57.63 (30.91)	
2:29.16 (31.53)	3:00.58 (31.42)	3:32.31 (31.73)	4:04.12 (31.81)	
4:36.01 (31.89)	5:06.38 (30.37)			
38 Avalos, Ethan	FR	Bethesda-Chevy Chase High Scho	5:08.50	5:06.55
27.58	57.77 (30.19)	1:28.85 (31.08)	2:00.90 (32.05)	
2:32.25 (31.35)	3:03.43 (31.18)	3:34.97 (31.54)	4:06.30 (31.33)	
4:37.29 (30.99)	5:06.55 (29.26)			
39 Urzua, Agustin	SO	Walt Whitman HS Swim and Dive	5:14.94	5:06.59
26.62	55.85 (29.23)	1:25.82 (29.97)	1:56.29 (30.47)	
2:27.14 (30.85)	2:58.27 (31.13)	3:29.76 (31.49)	4:02.08 (32.32)	
4:34.60 (32.52)	5:06.59 (31.99)			
40 Doherty, Cillian	SR	Bethesda-Chevy Chase High Scho	5:08.33	5:07.08
26.97	55.93 (28.96)	1:25.96 (30.03)	1:56.92 (30.96)	
2:28.46 (31.54)	3:00.12 (31.66)	3:31.85 (31.73)	4:03.94 (32.09)	
4:35.95 (32.01)	5:07.08 (31.13)			
41 Hume, Rafi	27	St. Albans School	5:09.61	5:07.55
26.58	56.55 (29.97)	1:27.28 (30.73)	1:58.36 (31.08)	
2:29.97 (31.61)	3:02.02 (32.05)	3:33.62 (31.60)	4:05.95 (32.33)	
4:37.38 (31.43)	5:07.55 (30.17)			
42 Reeves, Kazuki	SO	DeMatha Catholic High School	5:07.48	5:08.44
27.28	57.13 (29.85)	1:27.33 (30.20)	1:57.85 (30.52)	
2:28.58 (30.73)	3:00.00 (31.42)	3:32.00 (32.00)	4:03.97 (31.97)	
4:36.26 (32.29)	5:08.44 (32.18)			
43 Faucette, Samuel	FR	Walter Johnson High School	5:05.62	5:13.09
27.99	58.97 (30.98)	1:30.26 (31.29)	2:02.07 (31.81)	
2:34.17 (32.10)	3:06.14 (31.97)	3:38.20 (32.06)	4:10.24 (32.04)	
4:42.21 (31.97)	5:13.09 (30.88)			
44 Quach, Gavin	SO	Damascus High School	5:14.63	5:13.37
27.93	58.87 (30.94)	1:30.59 (31.72)	2:02.49 (31.90)	
2:34.11 (31.62)	3:06.07 (31.96)	3:38.16 (32.09)	4:10.53 (32.37)	
4:42.37 (31.84)	5:13.37 (31.00)			
45 Reeves, Elijah	SO	Montgomery Blair Swim & Dive	5:12.97	5:14.21
27.60	57.86 (30.26)	1:28.61 (30.75)	2:00.74 (32.13)	
2:33.09 (32.35)	3:05.47 (32.38)	3:37.96 (32.49)	4:10.63 (32.67)	
4:42.87 (32.24)	5:14.21 (31.34)			
46 Smith, Adney	SR	Bethesda-Chevy Chase High Scho	5:13.72	5:15.35
27.29	57.64 (30.35)	1:29.08 (31.44)	2:00.90 (31.82)	
2:33.06 (32.16)	3:05.89 (32.83)	3:38.14 (32.25)	4:10.71 (32.57)	
4:43.36 (32.65)	5:15.35 (31.99)			

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 15 Boys 500 Yard Freestyle)

Name	Yr	School	Seed Time	Prelim Time
47 Eloshway, Luke	JR	Our Lady of Good Counsel	5:18.02	5:15.69
28.11	58.54 (30.43)	1:29.78 (31.24)	2:01.85 (32.07)	
2:33.71 (31.86)	3:05.81 (32.10)	3:38.50 (32.69)	4:11.52 (33.02)	
4:43.41 (31.89)	5:15.69 (32.28)			
48 Goetcheus, Jax	SO	Gonzaga College High School	5:10.90	5:16.87
27.86	58.71 (30.85)	1:30.25 (31.54)	2:02.09 (31.84)	
2:34.59 (32.50)	3:06.60 (32.01)	3:39.34 (32.74)	4:12.02 (32.68)	
4:44.65 (32.63)	5:16.87 (32.22)			
49 Salvado, Juan	FR	GEORGETOWN PREPARATORY SCHOC	5:07.77	5:17.61
28.14	58.59 (30.45)	1:30.12 (31.53)	2:01.96 (31.84)	
2:34.14 (32.18)	3:06.72 (32.58)	3:39.44 (32.72)	4:12.33 (32.89)	
4:45.30 (32.97)	5:17.61 (32.31)			
50 Verderese, Nicholas	SO	The Heights School	5:19.71	5:18.18
27.95	59.59 (31.64)	1:31.95 (32.36)	2:04.14 (32.19)	
2:37.06 (32.92)	3:10.21 (33.15)	3:42.65 (32.44)	4:15.56 (32.91)	
4:47.90 (32.34)	5:18.18 (30.28)			
51 Arora, Pierce	JR	Bullis School	5:12.09	5:24.13
27.17	57.62 (30.45)	1:29.29 (31.67)	2:01.93 (32.64)	
2:35.10 (33.17)	3:09.36 (34.26)	3:42.31 (32.95)	4:16.30 (33.99)	
4:50.70 (34.40)	5:24.13 (33.43)			
--- Belopolskiy, Simon	JR	Wootton Swimming and Diving	5:04.07	DFS
--- Stubner, John	SO	Gonzaga College High School	5:15.84	DFS

Event 16 Girls 500 Yard Freestyle

METROS: 4:26.58 M 2/6/2015 Kathleen Ledecy Stone Ridge
4:53.16 AAAU
4:58.35 AAAC

Name	Yr	School	Prelim Time	Finals Time	Points
Championship Final					
1 Dworak, Andrea	12	Blake Bengals	4:52.63	4:56.06	24
26.29	54.99 (28.70)	1:24.36 (29.37)	1:54.04 (29.68)		
2:24.15 (30.11)	2:54.34 (30.19)	3:24.71 (30.37)	3:55.44 (30.73)		
4:26.15 (30.71)	4:56.06 (29.91)				
2 Kincaid, Kellie	JR	Our Lady of Good Counsel	4:58.30	4:57.86	21
27.04	56.20 (29.16)	1:26.36 (30.16)	1:56.41 (30.05)		
2:26.67 (30.26)	2:56.89 (30.22)	3:27.42 (30.53)	3:57.94 (30.52)		
4:28.25 (30.31)	4:57.86 (29.61)				
3 Saybolt, Elanor	SO	Walter Johnson High School	5:00.31	4:59.73	20
27.21	56.87 (29.66)	1:27.05 (30.18)	1:57.53 (30.48)		
2:28.14 (30.61)	2:58.43 (30.29)	3:29.04 (30.61)	3:59.42 (30.38)		
4:29.67 (30.25)	4:59.73 (30.06)				
4 Orlic, Anastasia	JR	MARET SCHOOL	5:01.85	5:06.56	19
27.42	57.39 (29.97)	1:28.03 (30.64)	1:59.09 (31.06)		
2:30.02 (30.93)	3:01.57 (31.55)	3:33.20 (31.63)	4:04.24 (31.04)		
4:35.54 (31.30)	5:06.56 (31.02)				
5 Zettler, Julia	FR	Stone Ridge	5:01.85	5:08.70	18
27.89	58.63 (30.74)	1:30.01 (31.38)	2:01.28 (31.27)		
2:32.44 (31.16)	3:03.99 (31.55)	3:35.38 (31.39)	4:06.85 (31.47)		
4:38.13 (31.28)	5:08.70 (30.57)				
6 Propper, Ella	SO	Bullis School	5:09.65	5:10.20	17
28.34	59.25 (30.91)	1:30.50 (31.25)	2:01.57 (31.07)		
2:32.88 (31.31)	3:04.67 (31.79)	3:36.21 (31.54)	4:08.02 (31.81)		
4:39.54 (31.52)	5:10.20 (30.66)				

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Championship Final ... (Event 16 Girls 500 Yard Freestyle)

Name	Yr	School	Prelim Time	Finals Time	Points
7 Ivanovskaya, Taisiya		Damascus High School	5:12.05	5:13.54	16
28.38	58.89 (30.51)	1:30.42 (31.53)	2:02.23 (31.81)		
2:34.32 (32.09)	3:06.50 (32.18)	3:38.62 (32.12)	4:10.91 (32.29)		
4:42.63 (31.72)	5:13.54 (30.91)				
8 Shelton, Pearl	SR	Walter Johnson High School	5:11.64	5:18.20	15
28.57	59.80 (31.23)	1:31.69 (31.89)	2:04.48 (32.79)		
2:36.69 (32.21)	3:09.02 (32.33)	3:40.93 (31.91)	4:13.56 (32.63)		
4:46.21 (32.65)	5:18.20 (31.99)				
9 Lim, Sophie	SO	Georgetown Day School	5:12.86	5:19.23	14
29.45	1:00.87 (31.42)	1:32.94 (32.07)	2:05.06 (32.12)		
2:37.26 (32.20)	3:09.89 (32.63)	3:42.44 (32.55)	4:15.28 (32.84)		
4:47.92 (32.64)	5:19.23 (31.31)				
10 Dean, Skylar	JR	Colonel Zadok Magruder High Sc	5:11.25	5:20.01	13
28.89	1:00.17 (31.28)	1:32.54 (32.37)	2:05.27 (32.73)		
2:37.73 (32.46)	3:10.38 (32.65)	3:43.19 (32.81)	4:15.92 (32.73)		
4:48.46 (32.54)	5:20.01 (31.55)				
Consolation Final					
11 Hooff, Olivia	JR	St. John's College High School	5:15.92	5:10.86	11
28.33	59.20 (30.87)	1:30.67 (31.47)	2:02.12 (31.45)		
2:34.33 (32.21)	3:05.48 (31.15)	3:37.10 (31.62)	4:08.52 (31.42)		
4:39.90 (31.38)	5:10.86 (30.96)				
12 Gravell, Kylie	JR	St. John's College High School	5:15.96	5:12.02	9
28.40	59.24 (30.84)	1:30.42 (31.18)	2:01.83 (31.41)		
2:33.34 (31.51)	3:04.83 (31.49)	3:36.66 (31.83)	4:08.66 (32.00)		
4:40.71 (32.05)	5:12.02 (31.31)				
13 Crown, Ella	JR	Northwest High School	5:17.88	5:16.07	8
28.80	59.76 (30.96)	1:31.15 (31.39)	2:03.33 (32.18)		
2:35.55 (32.22)	3:07.82 (32.27)	3:40.25 (32.43)	4:12.52 (32.27)		
4:44.53 (32.01)	5:16.07 (31.54)				
14 Ossi, Chloe	SO	Montgomery Blair Swim & Dive	5:16.14	5:17.03	7
28.94	59.88 (30.94)	1:31.85 (31.97)	2:04.02 (32.17)		
2:36.36 (32.34)	3:08.80 (32.44)	3:41.12 (32.32)	4:13.38 (32.26)		
4:45.55 (32.17)	5:17.03 (31.48)				
15 Fecko, Mia	SO	Sherwood Warriors	5:16.27	5:17.82	6
29.87	1:00.91 (31.04)	1:32.64 (31.73)	2:04.74 (32.10)		
2:36.74 (32.00)	3:08.90 (32.16)	3:41.43 (32.53)	4:13.96 (32.53)		
4:46.32 (32.36)	5:17.82 (31.50)				
16 Swezey, Charlotte	JR	Stone Ridge	5:17.89	5:18.90	5
28.67	1:00.08 (31.41)	1:32.12 (32.04)	2:04.59 (32.47)		
2:37.01 (32.42)	3:09.39 (32.38)	3:42.00 (32.61)	4:14.76 (32.76)		
4:47.18 (32.42)	5:18.90 (31.72)				
17 DeLuca, Campbell	SR	Georgetown VIsitation	5:18.14	5:20.01	4
28.28	59.06 (30.78)	1:30.36 (31.30)	2:02.64 (32.28)		
2:35.38 (32.74)	3:08.63 (33.25)	3:41.60 (32.97)	4:14.82 (33.22)		
4:47.82 (33.00)	5:20.01 (32.19)				
18 De Souza, Paige	JR	Winston Churchill	5:16.69	5:20.56	3
28.96	1:00.28 (31.32)	1:32.14 (31.86)	2:04.53 (32.39)		
2:37.15 (32.62)	3:09.91 (32.76)	3:42.66 (32.75)	4:15.54 (32.88)		
4:48.47 (32.93)	5:20.56 (32.09)				
19 Cutter, Maeve	SO	Rockville High School	5:14.07	5:22.34	2
28.11	59.55 (31.44)	1:31.27 (31.72)	2:03.74 (32.47)		
2:36.72 (32.98)	3:09.53 (32.81)	3:43.18 (33.65)	4:16.88 (33.70)		
4:50.12 (33.24)	5:22.34 (32.22)				

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Consolation Final ... (Event 16 Girls 500 Yard Freestyle)

Name	Yr	School	Prelim Time	Finals Time	Points
20 Hughes, Sophia	FR	Walt Whitman HS Swim and Dive	5:18.16	5:23.94	1
			28.11	59.21 (31.10)	
			1:31.26 (32.05)	2:03.89 (32.63)	
			2:36.51 (32.62)	3:09.45 (32.94)	
			3:42.76 (33.31)	4:16.80 (34.04)	
			4:50.43 (33.63)	5:23.94 (33.51)	

Event 16 Girls 500 Yard Freestyle

METROS: 4:26.58 M 2/6/2015 Kathleen Ledecy Stone Ridge
4:53.16 AAAU
4:58.35 AAAC

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Dworak, Andrea	12	Blake Bengals	4:46.55	4:52.63	q
			26.61	55.29 (28.68)	
			1:24.44 (29.15)	1:53.81 (29.37)	
			2:23.37 (29.56)	2:52.88 (29.51)	
			3:22.61 (29.73)	3:52.77 (30.16)	
			4:23.03 (30.26)	4:52.63 (29.60)	
2 Kincaid, Kellie	JR	Our Lady of Good Counsel	4:57.87	4:58.30	q
			26.75	56.22 (29.47)	
			1:26.27 (30.05)	1:56.20 (29.93)	
			2:26.18 (29.98)	2:56.44 (30.26)	
			3:27.13 (30.69)	3:57.95 (30.82)	
			4:28.79 (30.84)	4:58.30 (29.51)	
3 Saybolt, Elanor	SO	Walter Johnson High School	4:59.14	5:00.31	q
			27.40	57.53 (30.13)	
			1:28.12 (30.59)	1:58.55 (30.43)	
			2:29.12 (30.57)	2:59.43 (30.31)	
			3:29.59 (30.16)	4:00.04 (30.45)	
			4:30.50 (30.46)	5:00.31 (29.81)	
*4 Orlic, Anastasia	JR	MARET SCHOOL	5:00.77	5:01.85	q
			26.87	56.60 (29.73)	
			1:26.80 (30.20)	1:57.57 (30.77)	
			2:28.30 (30.73)	2:59.50 (31.20)	
			3:30.51 (31.01)	4:01.37 (30.86)	
			4:32.04 (30.67)	5:01.85 (29.81)	
*4 Zettler, Julia	FR	Stone Ridge	5:06.06	5:01.85	q
			27.35	57.15 (29.80)	
			1:27.72 (30.57)	1:58.43 (30.71)	
			2:28.91 (30.48)	2:59.32 (30.41)	
			3:29.85 (30.53)	4:00.54 (30.69)	
			4:31.56 (31.02)	5:01.85 (30.29)	
6 Propper, Ella	SO	Bullis School	5:07.83	5:09.65	q
			28.24	58.85 (30.61)	
			1:29.82 (30.97)	2:01.09 (31.27)	
			2:32.31 (31.22)	3:03.87 (31.56)	
			3:35.51 (31.64)	4:07.04 (31.53)	
			4:38.73 (31.69)	5:09.65 (30.92)	
7 Dean, Skylar	JR	Colonel Zadok Magruder High Sc	5:07.89	5:11.25	q
			28.46	59.14 (30.68)	
			1:30.78 (31.64)	2:02.61 (31.83)	
			2:34.32 (31.71)	3:06.23 (31.91)	
			3:38.00 (31.77)	4:09.78 (31.78)	
			4:41.17 (31.39)	5:11.25 (30.08)	
8 Shelton, Pearl	SR	Walter Johnson High School	5:15.77	5:11.64	q
			28.68	59.81 (31.13)	
			1:31.69 (31.88)	2:03.58 (31.89)	
			2:35.86 (32.28)	3:07.84 (31.98)	
			3:38.94 (31.10)	4:10.21 (31.27)	
			4:41.33 (31.12)	5:11.64 (30.31)	
9 Ivanovskaya, Taisiya		Damascus High School	5:10.13	5:12.05	q
			28.59	59.64 (31.05)	
			1:31.01 (31.37)	2:02.71 (31.70)	
			2:34.47 (31.76)	3:06.05 (31.58)	
			3:37.86 (31.81)	4:09.72 (31.86)	
			4:41.32 (31.60)	5:12.05 (30.73)	
10 Lim, Sophie	SO	Georgetown Day School	5:15.50	5:12.86	q
			28.99	59.92 (30.93)	
			1:30.90 (30.98)	2:02.24 (31.34)	
			2:33.74 (31.50)	3:05.35 (31.61)	
			3:37.21 (31.86)	4:09.37 (32.16)	
			4:41.52 (32.15)	5:12.86 (31.34)	

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 16 Girls 500 Yard Freestyle)

	Name	Yr	School	Seed Time	Prelim Time	
11	Cutter, Maeve	SO	Rockville High School	5:34.30	5:14.07	q
	27.47	58.59 (31.12)	1:30.14 (31.55)	2:02.35 (32.21)		
	2:34.68 (32.33)	3:07.17 (32.49)	3:39.63 (32.46)	4:12.15 (32.52)		
	4:44.09 (31.94)	5:14.07 (29.98)				
12	Hooff, Olivia	JR	St. John's College High School	5:02.77	5:15.92	q
	27.27	57.31 (30.04)	1:28.28 (30.97)	1:59.47 (31.19)		
	2:30.93 (31.46)	3:03.60 (32.67)	3:36.55 (32.95)	4:09.74 (33.19)		
	4:43.44 (33.70)	5:15.92 (32.48)				
13	Gravell, Kylie	JR	St. John's College High School	5:20.58	5:15.96	q
	29.15	1:00.50 (31.35)	1:32.37 (31.87)	2:04.36 (31.99)		
	2:36.16 (31.80)	3:08.03 (31.87)	3:40.21 (32.18)	4:12.30 (32.09)		
	4:44.57 (32.27)	5:15.96 (31.39)				
14	Ossi, Chloe	SO	Montgomery Blair Swim & Dive	5:27.26	5:16.14	q
	29.39	1:00.95 (31.56)	1:32.76 (31.81)	2:04.46 (31.70)		
	2:36.98 (32.52)	3:08.94 (31.96)	3:41.09 (32.15)	4:12.97 (31.88)		
	4:44.60 (31.63)	5:16.14 (31.54)				
15	Fecko, Mia	SO	Sherwood Warriors	5:20.15	5:16.27	q
	30.11	1:01.89 (31.78)	1:33.46 (31.57)	2:05.35 (31.89)		
	2:37.18 (31.83)	3:09.04 (31.86)	3:41.04 (32.00)	4:13.14 (32.10)		
	4:44.92 (31.78)	5:16.27 (31.35)				
16	De Souza, Paige	JR	Winston Churchill	5:21.63	5:16.69	q
	28.02	58.80 (30.78)	1:30.31 (31.51)	2:02.38 (32.07)		
	2:34.71 (32.33)	3:07.11 (32.40)	3:39.82 (32.71)	4:12.53 (32.71)		
	4:45.09 (32.56)	5:16.69 (31.60)				
17	Crown, Ella	JR	Northwest High School	5:11.42	5:17.88	q
	28.28	59.09 (30.81)	1:30.74 (31.65)	2:02.70 (31.96)		
	2:35.06 (32.36)	3:07.49 (32.43)	3:40.14 (32.65)	4:13.13 (32.99)		
	4:45.96 (32.83)	5:17.88 (31.92)				
18	Swezey, Charlotte	JR	Stone Ridge	5:15.85	5:17.89	q
	28.53	59.72 (31.19)	1:31.34 (31.62)	2:03.49 (32.15)		
	2:35.64 (32.15)	3:08.11 (32.47)	3:40.88 (32.77)	4:13.57 (32.69)		
	4:46.11 (32.54)	5:17.89 (31.78)				
19	DeLuca, Campbell	SR	Georgetown Visitation	5:29.02	5:18.14	q
	28.36	59.32 (30.96)	1:30.81 (31.49)	2:02.60 (31.79)		
	2:34.58 (31.98)	3:06.91 (32.33)	3:39.35 (32.44)	4:12.24 (32.89)		
	4:45.69 (33.45)	5:18.14 (32.45)				
20	Hughes, Sophia	FR	Walt Whitman HS Swim and Dive	5:14.50	5:18.16	q
	28.38	58.95 (30.57)	1:31.00 (32.05)	2:03.62 (32.62)		
	2:36.58 (32.96)	3:09.30 (32.72)	3:42.48 (33.18)	4:15.15 (32.67)		
	4:47.10 (31.95)	5:18.16 (31.06)				
21	Smith, Lauren	SR	Our Lady of Good Counsel	5:17.56	5:18.38	
	29.40	1:00.95 (31.55)	1:33.05 (32.10)	2:05.27 (32.22)		
	2:37.74 (32.47)	3:10.05 (32.31)	3:42.60 (32.55)	4:15.08 (32.48)		
	4:47.38 (32.30)	5:18.38 (31.00)				
22	Caiazza-Blum, Alice	SR	Bethesda-Chevy Chase High Scho	5:16.10	5:20.17	
	28.76	1:00.08 (31.32)	1:32.30 (32.22)	2:05.19 (32.89)		
	2:37.89 (32.70)	3:10.58 (32.69)	3:43.23 (32.65)	4:15.61 (32.38)		
	4:47.98 (32.37)	5:20.17 (32.19)				
23	Decatur, Audrey	FR	Our Lady of Good Counsel	5:18.62	5:21.58	
	28.86	1:00.34 (31.48)	1:32.15 (31.81)	2:04.69 (32.54)		
	2:37.70 (33.01)	3:10.68 (32.98)	3:43.85 (33.17)	4:17.13 (33.28)		
	4:49.82 (32.69)	5:21.58 (31.76)				

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 16 Girls 500 Yard Freestyle)

Name	Yr	School	Seed Time	Prelim Time
24 Johnson, Jordan	SR	Richard Montgomery Swim & Dive	5:22.81	5:21.72
28.76	1:00.19 (31.43)	1:31.96 (31.77)	2:04.50 (32.54)	
2:37.16 (32.66)	3:10.09 (32.93)	3:43.25 (33.16)	4:16.40 (33.15)	
4:49.43 (33.03)	5:21.72 (32.29)			
25 Down, Isabella	SO	Walter Johnson High School	5:23.53	5:22.51
28.68	59.91 (31.23)	1:31.99 (32.08)	2:04.57 (32.58)	
2:37.53 (32.96)	3:10.65 (33.12)	3:43.80 (33.15)	4:17.08 (33.28)	
4:50.04 (32.96)	5:22.51 (32.47)			
26 Floyd, Elle	JR	Sherwood Warriors	5:18.50	5:22.58
29.22	1:00.49 (31.27)	1:32.37 (31.88)	2:04.75 (32.38)	
2:37.75 (33.00)	3:11.11 (33.36)	3:44.10 (32.99)	4:17.49 (33.39)	
4:50.82 (33.33)	5:22.58 (31.76)			
27 Marks, Stephanie	JR	Quince Orchard High School	5:19.76	5:24.12
28.67	1:00.44 (31.77)	1:32.45 (32.01)	2:04.71 (32.26)	
2:37.10 (32.39)	3:09.30 (32.20)	3:42.37 (33.07)	4:16.35 (33.98)	
4:50.29 (33.94)	5:24.12 (33.83)			
28 McGee, Grace	SO	Walt Whitman HS Swim and Dive	5:29.81	5:28.61
30.03	1:02.85 (32.82)	1:36.14 (33.29)	2:09.21 (33.07)	
2:42.23 (33.02)	3:15.72 (33.49)	3:49.11 (33.39)	4:22.51 (33.40)	
4:56.26 (33.75)	5:28.61 (32.35)			
29 Ossi, Hope	SO	Montgomery Blair Swim & Dive	5:27.92	5:30.37
29.70	1:02.59 (32.89)	1:36.00 (33.41)	2:09.49 (33.49)	
2:42.52 (33.03)	3:16.16 (33.64)	3:50.05 (33.89)	4:23.62 (33.57)	
4:57.60 (33.98)	5:30.37 (32.77)			
30 Lipman, Tessa	FR	Georgetown Day School	5:32.30	5:30.54
29.16	1:01.53 (32.37)	1:34.72 (33.19)	2:08.17 (33.45)	
2:41.66 (33.49)	3:15.22 (33.56)	3:48.72 (33.50)	4:22.64 (33.92)	
4:56.88 (34.24)	5:30.54 (33.66)			
31 Cutter, Abigail	SO	Rockville High School	5:41.06	5:33.82
28.84	1:01.35 (32.51)	1:35.11 (33.76)	2:09.66 (34.55)	
2:43.90 (34.24)	3:18.66 (34.76)	3:53.55 (34.89)	4:27.50 (33.95)	
5:01.36 (33.86)	5:33.82 (32.46)			
32 Gomez-Espinoza, Isabella	SO	Stone Ridge	5:40.71	5:35.02
31.08	1:04.52 (33.44)	1:39.32 (34.80)	2:13.95 (34.63)	
2:48.49 (34.54)	3:22.25 (33.76)	3:56.23 (33.98)	4:29.50 (33.27)	
5:03.49 (33.99)	5:35.02 (31.53)			
33 Southerling, Shawn	SO	The Holton-Arms School	5:33.88	5:35.08
28.99	1:00.93 (31.94)	1:34.39 (33.46)	2:08.42 (34.03)	
2:42.56 (34.14)	3:16.95 (34.39)	3:51.71 (34.76)	4:26.64 (34.93)	
5:01.29 (34.65)	5:35.08 (33.79)			
34 Wilson, Madeleine	FR	Poolesville	5:35.45	5:35.63
29.54	1:02.43 (32.89)	1:36.53 (34.10)	2:11.24 (34.71)	
2:45.42 (34.18)	3:20.20 (34.78)	3:55.18 (34.98)	4:29.83 (34.65)	
5:03.62 (33.79)	5:35.63 (32.01)			
35 White, Taylor	SR	Walter Johnson High School	5:44.58	5:35.79
29.45	1:02.48 (33.03)	1:36.65 (34.17)	2:10.98 (34.33)	
2:45.41 (34.43)	3:19.66 (34.25)	3:53.94 (34.28)	4:28.36 (34.42)	
5:02.44 (34.08)	5:35.79 (33.35)			
36 Heitzmann, Lily	FR	Richard Montgomery Swim & Dive	5:39.48	5:37.86
31.18	1:05.29 (34.11)	1:39.74 (34.45)	2:14.35 (34.61)	
2:48.33 (33.98)	3:22.46 (34.13)	3:56.88 (34.42)	4:30.99 (34.11)	
5:04.91 (33.92)	5:37.86 (32.95)			

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 16 Girls 500 Yard Freestyle)

Name	Yr	School	Seed Time	Prelim Time
37 Oskvig, Kari	SO	Winston Churchill	5:38.00	5:38.40
30.00	1:02.80 (32.80)	1:36.81 (34.01)	2:10.73 (33.92)	
2:44.94 (34.21)	3:19.38 (34.44)	3:54.45 (35.07)	4:29.16 (34.71)	
5:03.97 (34.81)	5:38.40 (34.43)			
38 Guo, Melanie	JR	Poolesville	5:42.84	5:40.70
29.45	1:02.38 (32.93)	1:36.24 (33.86)	2:10.49 (34.25)	
2:45.02 (34.53)	3:19.85 (34.83)	3:54.72 (34.87)	4:30.01 (35.29)	
5:05.73 (35.72)	5:40.70 (34.97)			
39 Park, Samantha	JR	Winston Churchill	5:42.91	5:41.52
29.48	1:01.91 (32.43)	1:35.78 (33.87)	2:10.08 (34.30)	
2:45.32 (35.24)	3:20.75 (35.43)	3:56.25 (35.50)	4:31.54 (35.29)	
5:06.77 (35.23)	5:41.52 (34.75)			
40 Cooke, Caroline	JR	Rockville High School	5:39.71	5:43.22
30.20	1:04.04 (33.84)	1:38.90 (34.86)	2:13.89 (34.99)	
2:48.62 (34.73)	3:23.82 (35.20)	3:58.53 (34.71)	4:33.52 (34.99)	
5:08.86 (35.34)	5:43.22 (34.36)			
41 Katsaros, Charlotte	FR	Walt Whitman HS Swim and Dive	5:40.02	5:49.23
31.38	1:05.41 (34.03)	1:39.80 (34.39)	2:14.80 (35.00)	
2:49.58 (34.78)	3:25.10 (35.52)	4:01.04 (35.94)	4:37.08 (36.04)	
5:13.31 (36.23)	5:49.23 (35.92)			
42 Klein, Carolina	FR	Damascus High School	5:45.14	5:50.74
31.15	1:05.59 (34.44)	1:41.12 (35.53)	2:16.59 (35.47)	
2:52.20 (35.61)	3:28.09 (35.89)	4:03.89 (35.80)	4:39.86 (35.97)	
5:15.85 (35.99)	5:50.74 (34.89)			
43 Ladd, Ruth	SO	Bethesda-Chevy Chase High Scho	5:46.80	5:50.88
29.62	1:02.97 (33.35)	1:38.01 (35.04)	2:13.44 (35.43)	
2:49.38 (35.94)	3:25.59 (36.21)	4:02.16 (36.57)	4:38.60 (36.44)	
5:15.32 (36.72)	5:50.88 (35.56)			
44 Cosgrove, Eileen	JR	Stone Ridge	5:45.05	5:56.49
30.59	1:04.46 (33.87)	1:40.33 (35.87)	2:16.99 (36.66)	
2:53.83 (36.84)	3:29.85 (36.02)	4:06.48 (36.63)	4:43.44 (36.96)	
5:20.44 (37.00)	5:56.49 (36.05)			
45 Manne, Madison	SO	Winston Churchill	5:36.98	6:14.86
31.76	1:07.46 (35.70)	1:45.06 (37.60)	2:22.65 (37.59)	
3:00.41 (37.76)	3:39.04 (38.63)	4:18.06 (39.02)	4:57.39 (39.33)	
5:36.39 (39.00)	6:14.86 (38.47)			
--- Stillman, Maeve	JR	Our Lady of Good Counsel	5:14.60	XDFS
--- Yoder, Claire		Jackson-Reed Tiger Sharks	5:27.97	DFS

Event 17 Boys 200 Yard Freestyle Relay

METROS: 1:23.23 M 2/12/2022 Gonzaga College High School
J Moloney, A Bond, L Zidlicky, E Doudna

1:24.15 AAU
1:25.57 AAAC

Team	Relay	Prelim Time	Finals Time	Points
Championship Final				
1 DeMatha Catholic High School		1:25.91	1:23.94	48
1) Rooney, Seamus JR	2) Lopez, Joshua SR	3) Ginsburg, Jonah JR	4) Ross, Jayson SR	
21.16	42.59 (21.43)	1:03.57 (20.98)	1:23.94 (20.37)	
2 Gonzaga College High School		1:26.44	1:24.05	42
1) Brooks, Andrejs SR	2) Wilkinson, Caden SR	3) Fisher, Patrick FR	4) Bice, Palmer SR	
20.62	41.87 (21.25)	1:03.71 (21.84)	1:24.05 (20.34)	

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Championship Final ... (Event 17 Boys 200 Yard Freestyle Relay)

Team	Relay	Prelim Time	Finals Time	Points
3 Walt Whitman HS Swim and Dive		1:27.56	1:26.70	40
1) Starr, Graham JR	2) Chen, Kyle JR	3) Nociti, Luca SR	4) Svensson, Casper SR	
22.25	43.71 (21.46)	1:05.21 (21.50)	1:26.70 (21.49)	
4 Quince Orchard High School		1:27.96	1:27.01	38
1) Mettler, Colton SO	2) Mettler, Trent SR	3) McCurdy, Ethan JR	4) Shafer, Lukas SR	
21.46	43.48 (22.02)	1:05.76 (22.28)	1:27.01 (21.25)	
5 Wootton Swimming and Diving		1:27.67	1:27.17	36
1) White, John JR	2) Coapstick, Tyler SR	3) Lei, Jonathan JR	4) Kueh, Michael JR	
22.10	42.69 (20.59)	1:04.92 (22.23)	1:27.17 (22.25)	
6 Walter Johnson High School		1:28.17	1:27.52	34
1) Murphy, Taiyo JR	2) McLellan, Owen SO	3) Mukoyama, Ray SR	4) Phillips, Dain JR	
22.17	43.97 (21.80)	1:05.54 (21.57)	1:27.52 (21.98)	
7 The Heights School		1:29.01	1:28.24	32
1) Rose, Matthew SR	2) Franck, Ryan SR	3) Lepre, William SO	4) DeLellis, JD JR	
22.07	44.44 (22.37)	1:06.53 (22.09)	1:28.24 (21.71)	
8 Montgomery Blair Swim & Dive		1:28.27	1:28.55	30
1) Kojanov, Mikhail SR	2) Mcdonough, Edward SR	3) Kim, Lucas SO	4) Laufer, Abraham SR	
21.53	43.55 (22.02)	1:06.18 (22.63)	1:28.55 (22.37)	
9 Poolesville		1:28.71	1:29.07	28
1) Ferrara, Eli JR	2) Ye, Anson SO	3) Lee, Ethan JR	4) Hou, Jaden SR	
22.10	45.33 (23.23)	1:07.39 (22.06)	1:29.07 (21.68)	
10 GEORGETOWN PREPARATORY S		1:28.99	1:29.40	26
1) Esquenet, Charles JR	2) Geoghegan, Zachary SR	3) Hanson, Gaberiel FR	4) Hughes, Johnny JR	
23.69	45.98 (22.29)	1:08.07 (22.09)	1:29.40 (21.33)	
Consolation Final				
11 Richard Montgomery Swim & Div		1:29.79	1:28.76	22
1) Kim, Tyler SR	2) Nguyen, Alexander SR	3) Lee, Kevin SO	4) Finnegan, Charles SO	
21.96	44.08 (22.12)	1:06.37 (22.29)	1:28.76 (22.39)	
12 St. Albans School		1:29.85	1:28.97	18
1) Zhou, Arthur 27	2) Walton, Evan 28	3) Chalk, Kieran 26	4) Suh, Alex 26	
21.54	44.46 (22.92)	1:06.76 (22.30)	1:28.97 (22.21)	
13 Winston Churchill		1:32.48	1:29.30	16
1) Sims, Douglas JR	2) Ash, Noah SO	3) Anderson, Sean SO	4) Lee, Ryan SR	
22.02	44.41 (22.39)	1:06.95 (22.54)	1:29.30 (22.35)	
14 Bethesda-Chevy Chase High Scho		1:29.95	1:29.37	14
1) Pevzner, Daniel SO	2) Drakakis, John SR	3) Christman, Beckett SR	4) McKenna, Pierce SO	
22.47	44.31 (21.84)	1:06.87 (22.56)	1:29.37 (22.50)	
15 Sherwood Warriors		1:30.94	1:30.39	12
1) Lakso, Justin SR	2) Maready, Mason FR	3) Mutter, David SR	4) Kominski, Tyler SO	
22.42	45.19 (22.77)	1:08.40 (23.21)	1:30.39 (21.99)	
16 Rockville High School		1:31.58	1:30.91	10
1) Barnett, Brig JR	2) Henry, Mark SR	3) Akselioglu, Deren SO	4) Franken, Evander JR	
21.60	44.80 (23.20)	1:08.22 (23.42)	1:30.91 (22.69)	
17 Flint Hill School		1:31.41	1:31.23	8
1) Landwehr, Todd 27	2) Lindroos, Kai 27	3) Tan, Zachary 27	4) Bermudez, Lucas 26	
22.54	45.75 (23.21)	1:08.92 (23.17)	1:31.23 (22.31)	
18 Sidwell Friends School		1:32.60	1:32.58	6
1) Donley, Trevor SO	2) Iimi, Shou FR	3) Campello, Anderson FR	4) Jimenez, Patrick JR	
23.37	46.25 (22.88)	1:10.16 (23.91)	1:32.58 (22.42)	
19 Northwest High School		1:32.66	1:32.78	4
1) Huyck, James SR	2) Rogovoy, Jack SR	3) Chan, Isaac SO	4) Conte, Antonio JR	
22.93	46.48 (23.55)	1:10.03 (23.55)	1:32.78 (22.75)	

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Consolation Final ... (Event 17 Boys 200 Yard Freestyle Relay)

Team	Relay	Prelim Time	Finals Time	Points
20 Our Lady of Good Counsel		1:31.64	1:32.79	2
1) Kalinin, Nikolai SR	2) Cobb, Jason SO	3) Culkin, Matthew SR	4) Hanson, Timothy JR	
23.41	46.16 (22.75)	1:10.26 (24.10)	1:32.79 (22.53)	

Event 17 Boys 200 Yard Freestyle Relay

METROS: 1:23.23 M 2/12/2022 Gonzaga College High School
J Moloney, A Bond, L Zidlicky, E Doudna

1:24.15 AAAU

1:25.57 AAAC

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1 DeMatha Catholic High School		1:24.25	1:25.91 q
1) Ginsburg, Jonah JR	2) Rooney, Seamus JR	3) Lopez, Joshua SR	4) Ross, Jayson SR
21.56	43.14 (21.58)	1:04.51 (21.37)	1:25.91 (21.40)
2 Gonzaga College High School		1:24.88	1:26.44 q
1) Brooks, Andrejs SR	2) Thiede, George SO	3) Fisher, Patrick FR	4) Bice, Palmer SR
21.20	43.19 (21.99)	1:05.21 (22.02)	1:26.44 (21.23)
3 Walt Whitman HS Swim and Dive		1:28.46	1:27.56 q
1) Nociti, Luca SR	2) Chen, Kyle JR	3) Starr, Graham JR	4) Svensson, Casper SR
22.37	44.14 (21.77)	1:05.90 (21.76)	1:27.56 (21.66)
4 Wootton Swimming and Diving		1:28.19	1:27.67 q
1) Kueh, Michael JR	2) White, John JR	3) Lei, Jonathan JR	4) Coapstick, Tyler SR
22.88	45.03 (22.15)	1:07.09 (22.06)	1:27.67 (20.58)
5 Quince Orchard High School		1:28.13	1:27.96 q
1) Mettler, Colton SO	2) McCurdy, Ethan JR	3) Mettler, Trent SR	4) Shafer, Lukas SR
21.83	44.00 (22.17)	1:06.79 (22.79)	1:27.96 (21.17)
6 Walter Johnson High School		1:27.02	1:28.17 q
1) Murphy, Taiyo JR	2) McLellan, Owen SO	3) Mukoyama, Ray SR	4) Phillips, Dain JR
21.95	44.12 (22.17)	1:06.25 (22.13)	1:28.17 (21.92)
7 Montgomery Blair Swim & Dive		1:29.97	1:28.27 q
1) Kojanov, Mikhail SR	2) Mcdonough, Edward SR	3) Kim, Lucas SO	4) Laufer, Abraham SR
21.53	43.36 (21.83)	1:05.71 (22.35)	1:28.27 (22.56)
8 Poolesville		1:28.48	1:28.71 q
1) Lee, Ethan JR	2) Ye, Anson SO	3) Ferrara, Eli JR	4) Hou, Jaden SR
22.66	45.43 (22.77)	1:06.85 (21.42)	1:28.71 (21.86)
9 GEORGETOWN PREPARATORY S		1:24.56	1:28.99 q
1) Esquenet, Charles JR	2) Geoghegan, Zachary SR	3) Hanson, Gaberiel FR	4) Hughes, Johnny JR
23.35	45.86 (22.51)	1:07.57 (21.71)	1:28.99 (21.42)
10 The Heights School		1:28.38	1:29.01 q
1) DeLellis, JD JR	2) Franck, Ryan SR	3) Lepre, William SO	4) Rose, Matthew SR
22.15	44.56 (22.41)	1:06.77 (22.21)	1:29.01 (22.24)
11 Richard Montgomery Swim & Div		1:31.09	1:29.79 q
1) Kim, Tyler SR	2) Nguyen, Alexander SR	3) Lee, Kevin SO	4) Finnegan, Charles SO
21.99	44.55 (22.56)	1:07.15 (22.60)	1:29.79 (22.64)
12 St. Albans School		1:27.87	1:29.85 q
1) Zhou, Arthur 27	2) Walton, Evan 28	3) Chalk, Kieran 26	4) Suh, Alex 26
21.81	44.70 (22.89)	1:07.53 (22.83)	1:29.85 (22.32)
13 Bethesda-Chevy Chase High Scho		1:31.53	1:29.95 q
1) Pevzner, Daniel SO	2) Drakakis, John SR	3) Christman, Beckett SR	4) McKenna, Pierce SO
22.54	45.05 (22.51)	1:07.46 (22.41)	1:29.95 (22.49)
14 Sherwood Warriors		1:32.41	1:30.94 q
1) Kominski, Tyler SO	2) Maready, Mason FR	3) Mutter, David SR	4) Lakso, Justin SR
22.66	45.72 (23.06)	1:09.11 (23.39)	1:30.94 (21.83)

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 17 Boys 200 Yard Freestyle Relay)

Team	Relay	Seed Time	Prelim Time
15 Flint Hill School		1:28.92	1:31.41 q
1) Landwehr, Todd 27	2) Lindroos, Kai 27	3) Tan, Zachary 27	4) Bermudez, Lucas 26
22.90	45.90 (23.00)	1:09.06 (23.16)	1:31.41 (22.35)
16 Rockville High School		1:33.34	1:31.58 q
1) Barnett, Brig JR	2) Henry, Mark SR	3) Akselioglu, Deren SO	4) Franken, Evander JR
21.94	45.54 (23.60)	1:08.88 (23.34)	1:31.58 (22.70)
17 Our Lady of Good Counsel		1:27.57	1:31.64 q
1) Kalinin, Nikolai SR	2) Cobb, Jason SO	3) Culkin, Matthew SR	4) Hanson, Timothy JR
22.01	44.48 (22.47)	1:08.89 (24.41)	1:31.64 (22.75)
18 Winston Churchill		1:29.47	1:32.48 q
1) Ash, Noah SO	2) Chu-Roxas, Aidan SR	3) Cobb, Joseph SR	4) Lee, Ryan SR
23.09	46.35 (23.26)	1:09.67 (23.32)	1:32.48 (22.81)
19 Sidwell Friends School		1:34.34	1:32.60 q
1) Donley, Trevor SO	2) Iimi, Shou FR	3) Campello, Anderson FR	4) Jimenez, Patrick JR
23.03	46.30 (23.27)	1:09.93 (23.63)	1:32.60 (22.67)
20 Northwest High School		1:32.46	1:32.66 q
1) Huyck, James SR	2) Rogovoy, Jack SR	3) Fontana, Enzo SO	4) Conte, Antonio JR
22.96	46.81 (23.85)	1:09.85 (23.04)	1:32.66 (22.81)
21 St. John's College High School		1:31.86	1:32.72
1) Dawson, John SO	2) Foster, Zackary SO	3) Kettering, Will SR	4) Egan, James SR
22.97	46.78 (23.81)	1:10.44 (23.66)	1:32.72 (22.28)
22 Landon School Varsity Swimming		1:32.47	1:34.02
1) Guo, Matthew SR	2) Aronoff, Noah SO	3) Bolten, Gage SO	4) Rook, William SR
24.13	47.62 (23.49)	1:10.95 (23.33)	1:34.02 (23.07)
23 Damascus High School		1:36.78	1:35.17
1) Wong, Roland JR	2) Wong, Vincent FR	3) Quach, Ethan SO	4) Botti, Andrew SR
23.76	48.21 (24.45)	1:12.52 (24.31)	1:35.17 (22.65)
24 School Without Walls		1:38.46	1:35.22
1) Scott, Maxwell	2) Scott, Edward	3) Henrickson-Brandt, Kai	4) Barnett, Charles
23.56	46.93 (23.37)	1:08.33 (21.40)	1:35.22 (26.89)
25 Wheaton High School		1:36.77	1:35.56
1) Kemp, Robert SO	2) Cerron, Armando SR	3) Helfers, William FR	4) Joshi, Gabriel SR
23.49	48.92 (25.43)	1:13.00 (24.08)	1:35.56 (22.56)
26 Blake Bengals		1:36.35	1:36.24
1) Vaonakis, Phoenix 10	2) Lindley, Connor 9	3) Curtis, Cooper 9	4) Dawson, John 10
24.84	49.07 (24.23)	1:13.26 (24.19)	1:36.24 (22.98)
27 Clarksburg High School		1:37.94	1:36.39
1) Khwaja, Rayan JR	2) Jiang, Spencer JR	3) Carrigan, Thomas SR	4) Lam, Caiden SR
23.86	48.68 (24.82)	1:12.62 (23.94)	1:36.39 (23.77)
28 Bullis School		1:37.30	1:36.66
1) Simon, Elliott JR	2) Guo, Songwei SR	3) Zacharia, Dylan SO	4) Arora, Pierce JR
24.89	48.92 (24.03)	1:13.41 (24.49)	1:36.66 (23.25)
29 Sandy Spring Friends School		1:39.50	1:37.12
1) Shaw, Brennan	2) Amberman, Luke	3) Grahl, Owen	4) Watts, Abraham
23.65	49.15 (25.50)	1:13.75 (24.60)	1:37.12 (23.37)
30 Colonel Zadok Magruder High Sc		1:33.89	1:37.66
1) Lockard, Andrew SR	2) Ghosh, Shreyas JR	3) Sutton, Jayden JR	4) Glenn, Tyler JR
23.57	48.89 (25.32)	1:13.17 (24.28)	1:37.66 (24.49)
31 Gaithersburg High School		1:39.35	1:37.80
1) Page, Brett SR	2) Fore, Nathan JR	3) Burakiewicz, Vincent SO	4) Giffin, Henry JR
	49.86 ()	1:13.91 (24.05)	1:37.80 (23.89)

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 17 Boys 200 Yard Freestyle Relay)

Team	Relay			Seed Time	Prelim Time
32 Jackson-Reed Tiger Sharks				1:42.84	1:38.06
1) Kaleem, Jacob	2) Brandes, Adrian	3) Trieu, Quinn	4) Fletcher, Gavin		
	22.95	49.80 (26.85)	1:13.18 (23.38)	1:38.06 (24.88)	
33 Northwood				1:37.11	1:38.24
1) Garriock, William SR	2) Ritchotte, Gavin FR	3) Garriock, Charlie FR	4) Rees, Henry JR		
	23.86	48.06 (24.20)	1:13.45 (25.39)	1:38.24 (24.79)	
34 Seneca Valley High School				1:39.23	1:39.36
1) Selak, Landen SO	2) Hoang, Brandon SO	3) Escobar, Miguel SO	4) Bradbury, Ian SO		
	24.44	50.02 (25.58)	1:15.10 (25.08)	1:39.36 (24.26)	
35 St. Andrew's Episcopal School				1:37.87	1:39.49
1) Portner, Sullivan F	2) Wayne, Vincent JU	3) Arora, Aarian SO	4) Sweeney, Sean SO		
	23.73	49.97 (26.24)	1:14.27 (24.30)	1:39.49 (25.22)	
36 Paint Branch High School				1:39.76	1:39.71
1) Ngo, Nathan SR	2) Vasquez, Gabriel SR	3) Nguyen, Khoi SR	4) Jeffery, Harry JR		
	24.06	50.56 (26.50)	1:15.41 (24.85)	1:39.71 (24.30)	
37 Saint Anselm's Abbey School				1:35.83	1:55.10
1) Widman, Nathan SR	2) Greiner, Seamus SR	3) Motes, Augustus SR	4) Ezebuiro, Zikodi JR		
	22.07	46.32 (24.25)	1:13.97 (27.65)	1:55.10 (41.13)	
--- Albert Einstein High School				1:34.12	DQ
1) Shaffer, Jack	2) Meszaros, Matthias SR	3) Windt, Jonathan	4) Johnson, Lucien SR		
	24.20	47.77 (23.57)	1:10.49 (22.72)	DQ (23.09)	

Event 18 Girls 200 Yard Freestyle Relay

METROS: 1:33.75 M 2/11/2023

Stone Ridge

Stone Ridge

E Sun, L Goetcheus, A Webb, E Gemmell

1:35.48 AAAU

1:37.15 AAAC

Team	Relay			Prelim Time	Finals Time	Points
Championship Final						
1 Walter Johnson High School				1:38.60	1:36.38	48
1) Simmons, Madeleine SR	2) Saybolt, Elanor SO	3) Bartholomew, Isla SR	4) Mulkey, Anne JR			
	24.25	48.23 (23.98)	1:12.10 (23.87)	1:36.38 (24.28)		
2 Walt Whitman HS Swim and Dive				1:39.90	1:37.75	42
1) Belknap, Penelope SO	2) Fleck, Kristina SR	3) Yang, Julie JR	4) Green, Chloe SR			
	24.40	49.04 (24.64)	1:13.43 (24.39)	1:37.75 (24.32)		
3 Bethesda-Chevy Chase High Scho				1:39.59	1:37.77	40
1) Hinds, Virginia JR	2) Morse, Victoria SR	3) Hammond, Hailey JR	4) Caiazza-Blum, Alice SR			
	23.24	48.37 (25.13)	1:12.74 (24.37)	1:37.77 (25.03)		
4 The Holton-Arms School				1:40.44	1:38.20	38
1) Ndu, Omannaya JR	2) Georgiou, Maria Olympia FR	3) Rabah, Luana FR	4) Ji, KaiLi FR			
	24.71	49.74 (25.03)	1:14.39 (24.65)	1:38.20 (23.81)		
5 Bullis School				1:41.00	1:38.75	36
1) Zheng, Emma SO	2) Davy-Brown, Layla FR	3) Propper, Ella SO	4) Day, Gabrielle SO			
	25.45	50.42 (24.97)	1:15.34 (24.92)	1:38.75 (23.41)		
6 Montgomery Blair Swim & Dive				1:41.26	1:40.24	34
1) Zalalutdinov, Darya JR	2) Baumann, Alyssa SR	3) Humpert, Lucy SO	4) Kwon, Alyssa SR			
	25.40	50.30 (24.90)	1:15.93 (25.63)	1:40.24 (24.31)		
7 THE ACADEMY OF THE HOLY CR				1:41.09	1:40.43	32
1) Depman, Megan SR	2) Mongelli, Megan JR	3) Fiery, Eden JR	4) Linck, Elizabeth SR			
	25.36	51.00 (25.64)	1:16.15 (25.15)	1:40.43 (24.28)		
8 MARET SCHOOL				1:41.34	1:40.80	30
1) Clattenburg, Hannah SO	2) Gebre, Arriam JR	3) Sislen, Tea SO	4) Orlic, Anastasia JR			
	24.22	49.84 (25.62)	1:15.95 (26.11)	1:40.80 (24.85)		

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Championship Final ... (Event 18 Girls 200 Yard Freestyle Relay)

Team	Relay	Prelim Time	Finals Time	Points
9 National Cathedral School		1:41.96	1:40.88	28
1) Denney, Ellie 25	2) Musslewhite, Parker 25	3) Latcovich, Madeline 28	4) Muoio, Adele 26	
24.85	50.74 (25.89)	1:15.68 (24.94)	1:40.88 (25.20)	
10 Stone Ridge		1:41.73	1:43.93	26
1) Bernasek, Isabelle SR	2) Marino, Augusta FR	3) Bustamante, Joelle Marie SR	4) Gomez-Espinoza, Isabella SO	
26.39	52.07 (25.68)	1:18.23 (26.16)	1:43.93 (25.70)	
Consolation Final				
11 St. John's College High School		1:43.08	1:40.82	22
1) Kelly, Bridget SR	2) Grimberg, Olivia SR	3) Potter, Addison FR	4) Hooff, Olivia JR	
25.64	51.16 (25.52)	1:16.11 (24.95)	1:40.82 (24.71)	
12 Richard Montgomery Swim & Div		1:42.23	1:41.38	18
1) Chong, Finley FR	2) Johnson, Jordan SR	3) Ren, Samantha FR	4) Frantz, Nyah SO	
25.49	50.99 (25.50)	1:16.37 (25.38)	1:41.38 (25.01)	
13 Our Lady of Good Counsel		1:43.54	1:42.53	16
1) Inman, Maddie SO	2) LaMotteo, Madison JR	3) Brown, Brea SR	4) Miller, Kate SR	
25.87	51.74 (25.87)	1:18.16 (26.42)	1:42.53 (24.37)	
14 Damascus High School		1:42.73	1:43.07	14
1) Hennelly, Samantha JR	2) Erazo, Mikaila SO	3) Beabout, Claire SR	4) Ivanovskaya, Taisiya	
26.10	1:18.26 (52.16)	1:43.07 (24.81)		
15 Poolesville		1:44.21	1:44.20	12
1) Mitin, Veronica SO	2) Sha, Anabel JR	3) Congdon, Lilian JR	4) Huang, Sophie JR	
25.52	52.02 (26.50)	1:18.15 (26.13)	1:44.20 (26.05)	
16 Rockville High School		1:43.99	1:44.25	10
1) Cutter, Maeve SO	2) Cutter, Abigail SO	3) Baillie, Lily FR	4) Hawman, Sora FR	
26.19	52.32 (26.13)	1:18.01 (25.69)	1:44.25 (26.24)	
17 Winston Churchill		1:44.22	1:44.46	8
1) De Souza, Paige JR	2) Li, Reyna SO	3) Sidawy, Natalie SO	4) Rosen, Mia FR	
26.28	52.32 (26.04)	1:18.71 (26.39)	1:44.46 (25.75)	
18 Sherwood Warriors		1:44.55	1:44.83	6
1) Blachere, Corinne JR	2) Velasquez, Alesandra FR	3) Floyd, Elle JR	4) Quiroga, Maya JR	
26.20	52.22 (26.02)	1:18.86 (26.64)	1:44.83 (25.97)	
19 Blake Bengals		1:46.90	1:45.79	4
1) Trang, Kimberley 11	2) Dewey, Lydia 10	3) Zeigler, Abigail 11	4) Dworak, Andrea 12	
25.93	53.64 (27.71)	1:22.02 (28.38)	1:45.79 (23.77)	
20 Jackson-Reed Tiger Sharks		1:44.52	1:45.98	2
1) Yoder, Claire	2) Block, Jessica	3) Yoder, Anna	4) Fletcher, Leah	
26.04	52.21 (26.17)	1:20.26 (28.05)	1:45.98 (25.72)	

Event 18 Girls 200 Yard Freestyle Relay

METROS: 1:33.75 M 2/11/2023

Stone Ridge

Stone Ridge

E Sun, L Goetcheus, A Webb, E Gemmell

1:35.48 AAU

1:37.15 AAAC

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1 Walter Johnson High School		1:36.79	1:38.60 q
1) Simmons, Madeleine SR	2) Saybolt, Elanor SO	3) Bartholomew, Isla SR	4) Mulkey, Anne JR
24.62	49.14 (24.52)	1:13.42 (24.28)	1:38.60 (25.18)
2 Bethesda-Chevy Chase High Scho		1:38.53	1:39.59 q
1) Hinds, Virginia JR	2) Morse, Victoria SR	3) Hammond, Hailey JR	4) Caiazza-Blum, Alice SR
23.77	48.57 (24.80)	1:13.78 (25.21)	1:39.59 (25.81)

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 18 Girls 200 Yard Freestyle Relay)

Team	Relay	Seed Time	Prelim Time
3 Walt Whitman HS Swim and Dive		1:40.14	1:39.90 q
1) Yang, Julie JR	2) Belknap, Penelope SO	3) Groves, Caitlin SO	4) Green, Chloe SR
25.33	49.83 (24.50)	1:15.09 (25.26)	1:39.90 (24.81)
4 The Holton-Arms School		1:39.06	1:40.44 q
1) Georgiou, Maria Olympia FR	2) Ndu, Omannaya JR	3) Rabah, Luana FR	4) Ji, KaiLi FR
25.89	51.09 (25.20)	1:15.89 (24.80)	1:40.44 (24.55)
5 Bullis School		1:40.86	1:41.00 q
1) Zheng, Emma SO	2) Davy-Brown, Layla FR	3) Propper, Ella SO	4) Day, Gabrielle SO
25.83	51.81 (25.98)	1:17.04 (25.23)	1:41.00 (23.96)
6 THE ACADEMY OF THE HOLY CR		1:39.63	1:41.09 q
1) Depman, Megan SR	2) Mongelli, Megan JR	3) Fiery, Eden JR	4) Linck, Elizabeth SR
25.67	51.11 (25.44)	1:16.94 (25.83)	1:41.09 (24.15)
7 Montgomery Blair Swim & Dive		1:41.40	1:41.26 q
1) Zalalutdinov, Darya JR	2) Baumann, Alyssa SR	3) Humpert, Lucy SO	4) Kwon, Alyssa SR
25.90	51.28 (25.38)	1:16.62 (25.34)	1:41.26 (24.64)
8 MARET SCHOOL		1:39.95	1:41.34 q
1) Clattenburg, Hannah SO	2) Gebre, Arriam JR	3) Sislen, Tea SO	4) Orlic, Anastasia JR
24.32	50.16 (25.84)	1:16.53 (26.37)	1:41.34 (24.81)
9 Stone Ridge		1:40.63	1:41.73 q
1) Zettler, Julia FR	2) House, Cameron SR	3) Bernasek, Isabelle FR	4) Gomez-Espinoza, Isabella SO
25.17	50.26 (25.09)	1:15.94 (25.68)	1:41.73 (25.79)
10 National Cathedral School		1:40.26	1:41.96 q
1) Denney, Ellie 25	2) Musslewhite, Parker 25	3) Latcovich, Madeline 28	4) Muoio, Adele 26
24.67	50.78 (26.11)	1:16.20 (25.42)	1:41.96 (25.76)
11 Richard Montgomery Swim & Div		1:40.82	1:42.23 q
1) Chong, Finley FR	2) Johnson, Jordan SR	3) Ren, Samantha FR	4) Frantz, Nyah SO
25.84	51.41 (25.57)	1:16.92 (25.51)	1:42.23 (25.31)
12 Damascus High School		1:44.56	1:42.73 q
1) Hennelly, Samantha JR	2) Erazo, Mikaila SO	3) Beabout, Claire SR	4) Ivanovskaya, Taisiya
25.80	52.55 (26.75)	1:17.23 (24.68)	1:42.73 (25.50)
13 St. John's College High School		1:39.12	1:43.08 q
1) Hooff, Olivia JR	2) Grimberg, Olivia SR	3) Potter, Addison FR	4) Kelly, Bridget SR
25.30	51.16 (25.86)	1:17.05 (25.89)	1:43.08 (26.03)
14 Our Lady of Good Counsel		1:41.19	1:43.54 q
1) Inman, Maddie SO	2) LaMotteo, Madison JR	3) Brown, Brea SR	4) Miller, Kate SR
25.61	51.85 (26.24)	1:18.54 (26.69)	1:43.54 (25.00)
15 Rockville High School		1:43.34	1:43.99 q
1) Cutter, Maeve SO	2) Cutter, Abigail SO	3) Baillie, Lily FR	4) Hawman, Sora FR
25.99	52.19 (26.20)	1:18.04 (25.85)	1:43.99 (25.95)
16 Poolesville		1:43.51	1:44.21 q
1) Sha, Anabel JR	2) Congdon, Lilian JR	3) Mitin, Veronica SO	4) Huang, Sophie JR
26.60	53.02 (26.42)	1:18.03 (25.01)	1:44.21 (26.18)
17 Winston Churchill		1:43.31	1:44.22 q
1) Burger, Emily FR	2) Liu, Rachael SO	3) Sidawy, Natalie SO	4) De Souza, Paige JR
25.94	51.87 (25.93)	1:18.23 (26.36)	1:44.22 (25.99)
18 Jackson-Reed Tiger Sharks		1:51.64	1:44.52 q
1) Yoder, Claire	2) Block, Jessica	3) Yoder, Anna	4) Fletcher, Leah
25.54	51.74 (26.20)	1:18.99 (27.25)	1:44.52 (25.53)
19 Sherwood Warriors		1:46.31	1:44.55 q
1) Velasquez, Alesandra FR	2) Floyd, Elle JR	3) Quiroga, Maya JR	4) Blachere, Corinne JR
26.45	52.80 (26.35)	1:18.59 (25.79)	1:44.55 (25.96)

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 18 Girls 200 Yard Freestyle Relay)

Team	Relay		Seed Time	Prelim Time
20 Blake Bengals			1:50.07	1:46.90 q
1) Trang, Kimberley 11	2) Dewey, Lydia 10	3) Zeigler, Abigail 11	4) Dworak, Andrea 12	
26.33	54.11 (27.78)	1:22.52 (28.41)	1:46.90 (24.38)	
21 Sidwell Friends School			1:44.91	1:47.30
1) Merideth, Isabel SO	2) Harms, Sofia SO	3) Lopez Murphy, Malena FR	4) Goch, Elliot FR	
25.88	52.77 (26.89)	1:21.28 (28.51)	1:47.30 (26.02)	
22 School Without Walls			1:53.06	1:47.32
1) Waugh, Tyler	2) Klein, Hazel	3) Goins, Ava	4) Beggionato, Eva	
26.02	54.25 (28.23)	1:20.62 (26.37)	1:47.32 (26.70)	
23 Wootton Swimming and Diving			1:36.28	1:48.06
1) Yan, Brianna FR	2) Yan, Alisia FR	3) Li, Florence FR	4) Weiner, Isabelle SO	
27.29	53.27 (25.98)	1:20.68 (27.41)	1:48.06 (27.38)	
24 Bishop McNamara High School			1:48.73	1:48.85
1) Allbritton, Jada SR	2) Johnson, Mia SR	3) Smith, Charlotte SR	4) Nguyen, Alyssa SO	
26.44	52.37 (25.93)	1:19.45 (27.08)	1:48.85 (29.40)	
25 Northwest High School			1:48.43	1:49.09
1) Chang, Carleigh SO	2) Cardenas Gaviria, Jaylinne SR	3) Lee, Mei SO	4) Sparkman, Grace SO	
27.71	54.56 (26.85)	1:22.73 (28.17)	1:49.09 (26.36)	
26 Albert Einstein High School			1:44.28	1:49.12
1) Mancino, Emmy SR	2) Huth, Madeleine FR	3) Schulz, Paige	4) Stenger, Lucille JR	
27.44	55.53 (28.09)	1:22.50 (26.97)	1:49.12 (26.62)	
27 Clarksburg High School			1:48.49	1:49.64
1) Loftis, Jillian SO	2) Mei, Tiffany SR	3) Fraser, Samantha JR	4) Haughton, Minjae SR	
26.86	53.71 (26.85)	1:49.64 (55.93)		
28 Quince Orchard High School			1:48.48	1:49.76
1) Fouts, Janae JR	2) Bollini, Maren SR	3) Yun, Milana JR	4) Wolfington, Annika SO	
28.37	55.70 (27.33)	1:49.76 (54.06)		
29 St. Andrew's Episcopal School			1:49.13	1:49.94
1) Xiao, Alice JU	2) Bhatia, Samina SN	3) Goodweather, Isabelle SN	4) Long, Piper JU	
25.56	1:01.68 (36.12)	1:23.39 (21.71)	1:49.94 (26.55)	
30 Seneca Valley High School			1:52.07	1:50.10
1) Hmem, Rania JR	2) Selak, Aden FR	3) Diaz-Flores, Naomi FR	4) Selak, Austen FR	
25.16	53.25 (28.09)	1:23.17 (29.92)	1:50.10 (26.93)	
31 Wheaton High School			1:52.66	1:50.27
1) Hooker, Cora SR	2) Patel, Sarisha FR	3) Walker, Mia SR	4) Martinez, Denise SR	
27.92	55.73 (27.81)	1:23.38 (27.65)	1:50.27 (26.89)	
32 Elizabeth Seton Varsity swimmi			1:46.08	1:50.69
1) Vaughan, Leah FR	2) Hammer, Sophia SO	3) Chesson, Gabby SR	4) Parsons, Kiera JR	
27.89	56.94 (29.05)	1:22.85 (25.91)	1:50.69 (27.84)	
33 Springbrook Swim and Dive Tean			1:54.00	1:50.96
1) Egwim, Tessa FR	2) Guyton, Avery JR	3) Iscoa, Desi JR	4) Egwim, Tiffany JR	
27.74	57.39 (29.65)	1:25.49 (28.10)	1:50.96 (25.47)	
34 Flint Hill School			1:49.10	1:51.92
1) Zur, Brooke 28	2) Obeng, Stella 28	3) Murdock, Mackenzie 25	4) Simons, Zoe 27	
27.77	55.97 (28.20)	1:24.19 (28.22)	1:51.92 (27.73)	
35 Georgetown VIsitation			1:54.91	1:53.43
1) Moore, Gilleran FR	2) Yellin, Valentina SO	3) Conaton, Norah SR	4) Boyd, Adeline JR	
28.25	1:01.91 (33.66)	1:25.85 (23.94)	1:53.43 (27.58)	
36 Georgetown Day School			1:50.25	1:55.72
1) Nepll, Ridgely FR	2) Palmer, Merrell SO	3) Hirsh, Rebecca FR	4) Kim, Alicia SO	
28.43	57.42 (28.99)	1:26.48 (29.06)	1:55.72 (29.24)	

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 18 Girls 200 Yard Freestyle Relay)

Team	Relay	Seed Time	Prelim Time
37 Gaithersburg High School		1:48.12	1:57.97
1) Redman, Elliot SO	2) Valencia, Ally FR	3) Larios, Vanessa JR	4) Eisenhart, Abigail FR
28.50	59.38 (30.88)	1:33.64 (34.26)	1:57.97 (24.33)
38 Colonel Zadok Magruder High Sc		1:41.55	1:59.80
1) Rudmann, Caroline	2) Muragaki, Reina JR	3) Mushahwar, Ava SO	4) Kim, Nicole SR
29.09	1:09.76 (40.67)	1:34.18 (24.42)	1:59.80 (25.62)

Event 19 Boys 100 Yard Backstroke

METROS: 46.76 M 2/9/2013 Jack Conger
48.94 AAAU
50.13 AAAC

Good Counsel

Name	Yr	School	Prelim Time	Finals Time	Points
Championship Final					
1 Oehler, Griffin	SO	GEORGETOWN PREPARATORY SCHOC	49.23	48.49	24
23.60		48.49 (24.89)			
2 Marchionini, Quinn	SR	Northwood	50.09	49.45	21
23.69		49.45 (25.76)			
3 Kojanov, Mikhail	SR	Montgomery Blair Swim & Dive	50.27	49.92	20
24.62		49.92 (25.30)			
4 Potter, Noah	SR	Walter Johnson High School	51.03	50.36	19
24.27		50.36 (26.09)			
5 Rooney, Seamus	JR	DeMatha Catholic High School	52.15	51.03	18
24.91		51.03 (26.12)			
6 Waterman, Clayton	SR	Bethesda-Chevy Chase High Scho	51.46	51.32	17
24.75		51.32 (26.57)			
7 Henrickson-Brandt, Kai		School Without Walls	51.19	51.91	16
25.25		51.91 (26.66)			
8 Mettler, Colton	SO	Quince Orchard High School	52.85	53.23	15
25.62		53.23 (27.61)			
9 Vaughn, Jordan	JR	DeMatha Catholic High School	53.06	53.53	14
25.51		53.53 (28.02)			
10 Friedman, Owen	JR	Walter Johnson High School	52.92	54.39	13
27.12		54.39 (27.27)			
Consolation Final					
11 Duma, John	JR	Bethesda-Chevy Chase High Scho	53.26	53.34	11
26.32		53.34 (27.02)			
12 Makepeace, Archer	JR	Gonzaga College High School	54.38	53.42	9
26.39		53.42 (27.03)			
13 Kim, Tyler	SR	Richard Montgomery Swim & Dive	53.38	53.44	8
25.82		53.44 (27.62)			
14 Fayed, Zachary	SR	Landon School Varsity Swimming	54.28	54.07	7
26.14		54.07 (27.93)			
15 Burger, Seth	SO	Bullis School	54.11	54.36	6
26.36		54.36 (28.00)			
16 Sonne, Matthew	SR	Landon School Varsity Swimming	54.87	54.52	5
26.89		54.52 (27.63)			
17 Maready, Mason	FR	Sherwood Warriors	54.12	54.75	4
26.70		54.75 (28.05)			
18 Chen, Caleb	SR	Walt Whitman HS Swim and Dive	54.92	55.09	3
26.69		55.09 (28.40)			
19 Bedestani, Brandon	SO	GEORGETOWN PREPARATORY SCHOC	54.95	55.57	2
26.89		55.57 (28.68)			

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Consolation Final ... (Event 19 Boys 100 Yard Backstroke)

	<u>Name</u>	<u>Yr</u>	<u>School</u>	<u>Prelim Time</u>	<u>Finals Time</u>	<u>Points</u>
20	Hanson, Gaberiel	FR	GEORGETOWN PREPARATORY SCHOC	54.93	56.14	1
	27.07		56.14 (29.07)			

Event 19 Boys 100 Yard Backstroke

METROS: 46.76 M 2/9/2013 Jack Conger Good Counsel
48.94 AAAU
50.13 AAAC

	<u>Name</u>	<u>Yr</u>	<u>School</u>	<u>Seed Time</u>	<u>Prelim Time</u>	
Preliminaries						
1	Oehler, Griffin	SO	GEORGETOWN PREPARATORY SCHOC	48.85	49.23	q
	23.93		49.23 (25.30)			
2	Marchionini, Quinn	SR	Northwood	51.23	50.09	q
	24.05		50.09 (26.04)			
3	Kojanov, Mikhail	SR	Montgomery Blair Swim & Dive	49.85	50.27	q
	24.90		50.27 (25.37)			
4	Potter, Noah	SR	Walter Johnson High School	51.16	51.03	q
	24.86		51.03 (26.17)			
5	Henrickson-Brandt, Kai		School Without Walls	55.06	51.19	q
	25.29		51.19 (25.90)			
6	Waterman, Clayton	SR	Bethesda-Chevy Chase High Scho	52.47	51.46	q
	24.86		51.46 (26.60)			
7	Rooney, Seamus	JR	DeMatha Catholic High School	50.83	52.15	q
	25.30		52.15 (26.85)			
8	Mettler, Colton	SO	Quince Orchard High School	51.56	52.85	q
	25.64		52.85 (27.21)			
9	Friedman, Owen	JR	Walter Johnson High School	52.06	52.92	q
	25.68		52.92 (27.24)			
10	Vaughn, Jordan	JR	DeMatha Catholic High School	52.55	53.06	q
	25.50		53.06 (27.56)			
11	Duma, John	JR	Bethesda-Chevy Chase High Scho	56.62	53.26	q
	26.35		53.26 (26.91)			
12	Kim, Tyler	SR	Richard Montgomery Swim & Dive	53.31	53.38	q
	26.05		53.38 (27.33)			
13	Burger, Seth	SO	Bullis School	52.65	54.11	q
	26.09		54.11 (28.02)			
14	Maready, Mason	FR	Sherwood Warriors	55.27	54.12	q
	26.62		54.12 (27.50)			
15	Fayed, Zachary	SR	Landon School Varsity Swimming	53.35	54.28	q
	26.34		54.28 (27.94)			
16	Makepeace, Archer	JR	Gonzaga College High School	52.78	54.38	q
	26.63		54.38 (27.75)			
17	Sonne, Matthew	SR	Landon School Varsity Swimming	54.44	54.87	q
	27.20		54.87 (27.67)			
18	Chen, Caleb	SR	Walt Whitman HS Swim and Dive	55.38	54.92	q
	26.40		54.92 (28.52)			
19	Hanson, Gaberiel	FR	GEORGETOWN PREPARATORY SCHOC	53.81	54.93	q
	26.87		54.93 (28.06)			
20	Bedestani, Brandon	SO	GEORGETOWN PREPARATORY SCHOC	54.43	54.95	q
	26.49		54.95 (28.46)			
21	Conley, Padraig	JR	Richard Montgomery Swim & Dive	55.15	54.96	
	26.72		54.96 (28.24)			

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 19 Boys 100 Yard Backstroke)

	Name	Yr	School	Seed Time	Prelim Time
22	Lawrence, James	JR	Poolesville	54.65	55.28
	27.45		55.28 (27.83)		
23	Kissel, Andrew	JR	Quince Orchard High School	57.65	55.62
	27.29		55.62 (28.33)		
24	Iavarone-Garza, Christian	SO	Poolesville	1:01.03	55.91
	27.09		55.91 (28.82)		
25	Akselioglu, Deren	SO	Rockville High School	54.57	56.23
	27.29		56.23 (28.94)		
26	Drakakis, John	SR	Bethesda-Chevy Chase High Scho	54.31	56.39
	27.42		56.39 (28.97)		
27	Tovornik, Jackson	SO	Gonzaga College High School	55.69	56.49
	27.34		56.49 (29.15)		
28	Klein, Andrew	SR	Damascus High School	56.88	56.56
	27.50		56.56 (29.06)		
29	Rogovoy, Jack	SR	Northwest High School	58.68	56.76
	27.91		56.76 (28.85)		
30	Tian, Brandon	SO	Poolesville	57.62	56.83
	27.12		56.83 (29.71)		
31	Beares, Gordon	SO	Landon School Varsity Swimming	56.92	56.84
	27.61		56.84 (29.23)		
32	Drews, Roman	SO	Our Lady of Good Counsel	55.95	56.88
	27.92		56.88 (28.96)		
33	Wu, William	27	St. Albans School	56.90	57.42
	27.94		57.42 (29.48)		
34	Adebisi, Alexander	FR	DeMatha Catholic High School	56.69	57.45
	27.60		57.45 (29.85)		
35	Ngo, Henry	SO	Sherwood Warriors	58.21	57.46
	28.15		57.46 (29.31)		
36	Liu, Brandon	SO	Walt Whitman HS Swim and Dive	57.01	57.71
	27.92		57.71 (29.79)		
37	Kee, Caleb	SO	Walter Johnson High School	1:00.06	57.88
	28.34		57.88 (29.54)		
38	Schoch, Sam	FR	St. John's College High School	57.82	58.03
	27.96		58.03 (30.07)		
39	Neeley, Aidan	FR	Richard Montgomery Swim & Dive	58.47	58.62
	27.85		58.62 (30.77)		
40	Guo, Ethan	SO	Montgomery Blair Swim & Dive	59.14	59.10
	29.16		59.10 (29.94)		
41	Kimpel, Rex	SO	St. John's College High School	57.09	59.14
	28.70		59.14 (30.44)		
*42	Dogan, Ertan	JR	Winston Churchill	1:00.94	59.33
	28.62		59.33 (30.71)		
*42	Buck, Grainger	FR	Winston Churchill	1:00.76	59.33
	28.78		59.33 (30.55)		
44	Hersey, Grayson	JR	DeMatha Catholic High School	58.94	59.36
	28.69		59.36 (30.67)		
45	Arovas, Adrian	JR	Bethesda-Chevy Chase High Scho	58.12	59.37
	28.60		59.37 (30.77)		
46	Alfonso-Frank, Simon	FR	Montgomery Blair Swim & Dive	1:01.06	59.45
	28.80		59.45 (30.65)		
47	Marston, Samuel	SO	Damascus High School	1:00.06	59.53
	28.71		59.53 (30.82)		

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 19 Boys 100 Yard Backstroke)

Name	Yr	School	Seed Time	Prelim Time
48 Mitchum, Jonathan 29.14	SO	Montgomery Blair Swim & Dive	59.68	59.71
		59.71 (30.57)		
49 Truong, Aidan 29.41	SO	Clarksburg High School	1:00.06	59.75
		59.75 (30.34)		
50 Scherr, Aiden 29.11	JR	Wootton Swimming and Diving	59.44	59.86
		59.86 (30.75)		
51 Lin, David 28.27	27	St. Albans School	58.98	59.89
		59.89 (31.62)		
52 Ritchotte, Gavin 29.12	FR	Northwood	1:00.27	1:00.01
		1:00.01 (30.89)		
53 Wong, Roland 29.20	JR	Damascus High School	1:00.87	1:00.12
		1:00.12 (30.92)		
54 Umberger, Lian 29.32	FR	Richard Montgomery Swim & Dive	1:00.15	1:00.18
		1:00.18 (30.86)		
55 Schultz, Travis 29.23	JR	Walter Johnson High School	57.13	1:00.41
		1:00.41 (31.18)		
56 Matsuyama, Aron 29.46	JR	Winston Churchill	58.63	1:00.44
		1:00.44 (30.98)		
57 Hwang, Sean 29.10	FR	Northwest High School	59.39	1:00.47
		1:00.47 (31.37)		
58 Murdock, Keagan 29.76	27	Flint Hill School	59.04	1:00.66
		1:00.66 (30.90)		
59 Eschmann, John 29.44	JR	The Heights School	1:00.84	1:01.00
		1:01.00 (31.56)		
60 May, Trevor 29.41	SR	Quince Orchard High School	1:01.84	1:01.02
		1:01.02 (31.61)		
61 Portner, Sullivan 29.90	F	St. Andrew's Episcopal School	1:00.06	1:01.09
		1:01.09 (31.19)		
62 Gastright, Thomas 28.87	SO	Gonzaga College High School	1:01.07	1:01.12
		1:01.12 (32.25)		
63 Saraydaroglu, Raffi 30.52	FR	Winston Churchill	59.58	1:01.46
		1:01.46 (30.94)		
64 Opima, Ayden 30.28	JR	Sherwood Warriors	1:00.40	1:01.63
		1:01.63 (31.35)		
65 Bromley, Brock 30.48	27	St. Albans School	1:01.96	1:01.71
		1:01.71 (31.23)		
66 Smyth, Loki 29.76	SO	Rockville High School	1:00.24	1:01.76
		1:01.76 (32.00)		
67 Morris, Andrew 30.51	27	St. Albans School	1:01.24	1:01.86
		1:01.86 (31.35)		
68 Fayed, Jacob 29.97	FR	Landon School Varsity Swimming	1:01.20	1:02.14
		1:02.14 (32.17)		
69 Chugh, Karan 30.38	26	Flint Hill School	1:01.75	1:02.83
		1:02.83 (32.45)		
70 Foster, Zackary 30.53	SO	St. John's College High School	1:02.14	1:03.36
		1:03.36 (32.83)		
71 Finn, Charlie 31.14	SO	GEORGETOWN PREPARATORY SCHOC	1:00.17	1:03.80
		1:03.80 (32.66)		
--- Herman, Wyatt	SR	Bullis School	56.14	DFS

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Event 20 Girls 100 Yard Backstroke

METROS: 50.89 M 2/8/2020 Phoebe Bacon
54.69 AAAU
55.91 AAAC

Stone Ridge

Name		Yr	School	Prelim Time	Finals Time	Points
Championship Final						
1	Hinds, Virginia	JR	Bethesda-Chevy Chase High Scho	54.82	54.01	24
	25.98		54.01 (28.03)			
2	Watkins, Celia	JR	Our Lady of Good Counsel	56.14	55.78	21
	27.12		55.78 (28.66)			
3	Young, Lindsay	JR	Montgomery Blair Swim & Dive	57.44	56.70	20
	27.64		56.70 (29.06)			
4	Inman, Maddie	SO	Our Lady of Good Counsel	58.44	57.77	19
	28.20		57.77 (29.57)			
*5	Rushton, Harper	SO	Stone Ridge	59.36	58.96	17.50
	28.43		58.96 (30.53)			
*5	Yeou, Jisoo	FR	Walt Whitman HS Swim and Dive	59.47	58.96	17.50
	28.59		58.96 (30.37)			
7	Burger, Emily	FR	Winston Churchill	1:00.48	59.83	16
	29.21		59.83 (30.62)			
8	Kaiser, Gabriela	JR	Winston Churchill	1:00.42	1:00.49	15
	29.60		1:00.49 (30.89)			
9	Chong, Finley	FR	Richard Montgomery Swim & Dive	1:00.41	1:00.83	14
	29.47		1:00.83 (31.36)			
10	Gao, Elizabeth	SR	Wootton Swimming and Diving	1:00.51	1:01.04	13
	29.49		1:01.04 (31.55)			
Consolation Final						
11	Mitchum, Anna	SR	Richard Montgomery Swim & Dive	1:02.00	59.57	11
	29.15		59.57 (30.42)			
12	Morton, Olivia	FR	Bethesda-Chevy Chase High Scho	1:01.51	1:00.21	9
	28.81		1:00.21 (31.40)			
13	Crown, Ella	JR	Northwest High School	1:00.80	1:00.47	8
	29.40		1:00.47 (31.07)			
14	Pollitt, Addison	SR	Walter Johnson High School	1:00.72	1:00.78	7
	29.76		1:00.78 (31.02)			
15	Yoder, Claire		Jackson-Reed Tiger Sharks	1:01.66	1:00.95	6
	29.67		1:00.95 (31.28)			
16	Schur, Gracelyn	FR	Winston Churchill	1:00.68	1:01.02	5
	29.40		1:01.02 (31.62)			
17	Katz, Ariana	JR	Quince Orchard High School	1:01.74	1:01.85	4
	30.06		1:01.85 (31.79)			
18	Braden, Cara	FR	Stone Ridge	1:00.81	1:01.89	3
	29.90		1:01.89 (31.99)			
19	Wolfington, Annika	SO	Quince Orchard High School	1:02.07	1:02.24	2
	30.17		1:02.24 (32.07)			
20	Erkan, Alara	SR	Wootton Swimming and Diving	1:01.56	1:02.54	1
	30.12		1:02.54 (32.42)			

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Event 20 Girls 100 Yard Backstroke

METROS: 50.89 M 2/8/2020 Phoebe Bacon
54.69 AAAU
55.91 AAAC

Stone Ridge

Name		Yr	School	Seed Time	Prelim Time	
Preliminaries						
1	Hinds, Virginia	JR	Bethesda-Chevy Chase High Scho	53.35	54.82	q
	26.53		54.82 (28.29)			
2	Watkins, Celia	JR	Our Lady of Good Counsel	56.50	56.14	q
	27.56		56.14 (28.58)			
3	Young, Lindsay	JR	Montgomery Blair Swim & Dive	56.35	57.44	q
	28.13		57.44 (29.31)			
4	Inman, Maddie	SO	Our Lady of Good Counsel	57.43	58.44	q
	28.38		58.44 (30.06)			
5	Rushton, Harper	SO	Stone Ridge	58.53	59.36	q
	28.87		59.36 (30.49)			
6	Yeou, Jisoo	FR	Walt Whitman HS Swim and Dive	59.95	59.47	q
	28.71		59.47 (30.76)			
7	Chong, Finley	FR	Richard Montgomery Swim & Dive	1:03.36	1:00.41	q
	29.21		1:00.41 (31.20)			
8	Kaiser, Gabriela	JR	Winston Churchill	59.01	1:00.42	q
	29.69		1:00.42 (30.73)			
9	Burger, Emily	FR	Winston Churchill	1:00.43	1:00.48	q
	30.00		1:00.48 (30.48)			
10	Gao, Elizabeth	SR	Wootton Swimming and Diving	1:00.34	1:00.51	q
	29.56		1:00.51 (30.95)			
11	Schur, Gracelyn	FR	Winston Churchill	1:01.48	1:00.68	q
	29.28		1:00.68 (31.40)			
12	Pollitt, Addison	SR	Walter Johnson High School	59.06	1:00.72	q
	29.66		1:00.72 (31.06)			
13	Crown, Ella	JR	Northwest High School	1:00.66	1:00.80	q
	29.65		1:00.80 (31.15)			
14	Braden, Cara	FR	Stone Ridge	1:01.82	1:00.81	q
	29.35		1:00.81 (31.46)			
15	Morton, Olivia	FR	Bethesda-Chevy Chase High Scho	1:01.00	1:01.51	q
	29.69		1:01.51 (31.82)			
16	Erkan, Alara	SR	Wootton Swimming and Diving	1:02.73	1:01.56	q
	29.74		1:01.56 (31.82)			
17	Yoder, Claire		Jackson-Reed Tiger Sharks	1:02.88	1:01.66	q
	29.93		1:01.66 (31.73)			
18	Katz, Ariana	JR	Quince Orchard High School	1:01.95	1:01.74	q
	29.75		1:01.74 (31.99)			
19	Mitchum, Anna	SR	Richard Montgomery Swim & Dive	58.17	1:02.00	q
	29.80		1:02.00 (32.20)			
20	Wolfington, Annika	SO	Quince Orchard High School	1:02.44	1:02.07	q
	30.51		1:02.07 (31.56)			
21	Latcovich, Madeline	28	National Cathedral School	1:02.38	1:02.08	
	30.34		1:02.08 (31.74)			
22	Merideth, Isabel	SO	Sidwell Friends School	1:05.04	1:02.33	
	29.86		1:02.33 (32.47)			
23	Liu, Ashley	FR	Walt Whitman HS Swim and Dive	1:01.76	1:02.38	
	30.35		1:02.38 (32.03)			

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 20 Girls 100 Yard Backstroke)

Name	Yr	School	Seed Time	Prelim Time
24 Martinez, Denise	SR	Wheaton High School	1:01.85	1:02.62
30.34				1:02.62 (32.28)
25 Davy-Brown, Layla	FR	Bullis School	1:00.82	1:02.64
30.19				1:02.64 (32.45)
26 Chen, Elizabeth	SO	Wootton Swimming and Diving	59.89	1:02.77
30.32				1:02.77 (32.45)
27 Swezey, Charlotte	JR	Stone Ridge	1:01.42	1:02.88
30.17				1:02.88 (32.71)
28 Scott, Samantha	FR	St. John's College High School	1:03.47	1:02.91
30.38				1:02.91 (32.53)
29 Hawman, Sora	FR	Rockville High School	1:06.25	1:03.27
30.73				1:03.27 (32.54)
30 Sha, Anabel	JR	Poolesville	1:03.62	1:03.32
30.03				1:03.32 (33.29)
31 Szubert, Dorota	SO	Richard Montgomery Swim & Dive	1:05.30	1:03.37
30.63				1:03.37 (32.74)
32 Sislen, Tea	SO	MARET SCHOOL	1:03.87	1:03.41
31.24				1:03.41 (32.17)
33 Baumann, Alyssa	SR	Montgomery Blair Swim & Dive	1:01.59	1:03.49
31.46				1:03.49 (32.03)
34 Block, Jessica		Jackson-Reed Tiger Sharks	1:05.50	1:03.62
30.98				1:03.62 (32.64)
35 Wang, Christine	SO	Poolesville	1:05.47	1:04.14
31.30				1:04.14 (32.84)
36 Fortunato, Lola	FR	Walt Whitman HS Swim and Dive	1:03.64	1:04.49
30.77				1:04.49 (33.72)
37 Georgiou, Maria Olympia	FR	The Holton-Arms School	1:04.36	1:04.76
31.19				1:04.76 (33.57)
38 Hennelly, Samantha	JR	Damascus High School	1:05.58	1:04.80
31.27				1:04.80 (33.53)
39 Conrad, Addison	FR	Our Lady of Good Counsel	1:03.08	1:04.86
31.76				1:04.86 (33.10)
40 Kraft, Allison	FR	Sherwood Warriors	1:03.91	1:04.88
31.71				1:04.88 (33.17)
41 Holley, Palmer	SR	The Holton-Arms School	1:02.92	1:05.11
30.30				1:05.11 (34.81)
42 She, Vivian	SO	Poolesville	1:07.06	1:05.23
31.81				1:05.23 (33.42)
43 Fiery, Eden	JR	THE ACADEMY OF THE HOLY CROSS	1:02.47	1:05.39
31.40				1:05.39 (33.99)
44 Eisenhart, Abigail	FR	Gaithersburg High School	1:05.42	1:05.68
32.30				1:05.68 (33.38)
45 Carter, Shelby	SR	Georgetown VIsitation	1:05.30	1:05.71
32.13				1:05.71 (33.58)
46 Deng, Callie	SO	Richard Montgomery Swim & Dive	1:03.40	1:05.73
31.19				1:05.73 (34.54)
47 Krupinski, Grace	JR	Bethesda-Chevy Chase High Scho	1:02.50	1:05.80
31.29				1:05.80 (34.51)
48 Ahyick Wong, Ashley	JR	Walter Johnson High School	1:05.54	1:06.65
31.83				1:06.65 (34.82)
49 Boyd, Adeline	JR	Georgetown VIsitation	1:06.35	1:06.72
32.15				1:06.72 (34.57)

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 20 Girls 100 Yard Backstroke)

Name	Yr	School	Seed Time	Prelim Time
50 Shafer, Camille	SO	Our Lady of Good Counsel	1:06.42	1:06.74
31.72		1:06.74 (35.02)		
51 Kelly, Megan	FR	Rockville High School	1:06.09	1:06.91
32.90		1:06.91 (34.01)		
52 Kimball, Lane	SR	St. John's College High School	1:05.53	1:07.16
32.62		1:07.16 (34.54)		
53 Barclay, Kate	JR	Montgomery Blair Swim & Dive	1:05.47	1:07.17
54 Chu-Roxas, Aimee	SO	Winston Churchill	1:02.36	1:07.21
31.52		1:07.21 (35.69)		
55 Huang, Sophie	JR	Poolesville	1:03.64	1:07.25
32.33		1:07.25 (34.92)		
56 Yan, Brianna	FR	Wootton Swimming and Diving	1:06.53	1:07.26
33.04		1:07.26 (34.22)		
57 McDonald, Claire	SR	Northwest High School	1:06.89	1:07.27
32.57		1:07.27 (34.70)		
58 Kiniry, Olivia	JR	Sherwood Warriors	1:07.20	1:07.59
32.35		1:07.59 (35.24)		
59 Broome, Brigid	SO	St. John's College High School	1:06.87	1:07.72
32.08		1:07.72 (35.64)		
60 Han, Bailey	SO	Walt Whitman HS Swim and Dive	1:05.41	1:08.12
33.04		1:08.12 (35.08)		
61 Case, Charlotte	SR	Northwood	1:06.06	1:08.17
32.41		1:08.17 (35.76)		
62 Vieira, Eleanor	SR	Bethesda-Chevy Chase High Scho	1:06.64	1:08.59
32.51		1:08.59 (36.08)		
63 Bollini, Maren	SR	Quince Orchard High School	1:06.92	1:08.97
33.24		1:08.97 (35.73)		
--- Majarowitz, Keira		Albert Einstein High School	1:05.25	DQ
32.01		DQ (34.06)		

Event 21 Boys 100 Yard Breaststroke

METROS: 53.22 M 2/7/2015 Carsten Vissering Georgetown Prep
55.22 AAAU
56.46 AAAC

Name	Yr	School	Prelim Time	Finals Time	Points
Championship Final					
1 Dionne, Luc	SO	Walter Johnson High School	56.82	55.37	24
26.47		55.37 (28.90)			
2 Widman, Nathan	SR	Saint Anselm's Abbey School	57.94	56.38	21
26.14		56.38 (30.24)			
3 Greenwood, Charlie	25	St. Albans School	58.79	57.47	20
27.06		57.47 (30.41)			
4 Devinney, Edward	SO	Winston Churchill	59.77	58.06	19
27.62		58.06 (30.44)			
5 Wilkinson, Caden	SR	Gonzaga College High School	58.74	58.47	18
27.45		58.47 (31.02)			
6 Lakhe, Kyle	JR	Bethesda-Chevy Chase High Scho	58.90	58.69	17
27.82		58.69 (30.87)			
7 Hamilton, Jack	JR	DeMatha Catholic High School	58.83	58.96	16
28.18		58.96 (30.78)			
8 Lakhan, Kieran	SR	Bethesda-Chevy Chase High Scho	59.39	1:00.11	15
27.58		1:00.11 (32.53)			

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Championship Final ... (Event 21 Boys 100 Yard Breaststroke)

Name	Yr	School	Prelim Time	Finals Time	Points
9 Qian, Ethan	SR	Poolesville	58.78	1:00.13	14
28.30		1:00.13 (31.83)			
10 Dawson, John	10	Blake Bengals	59.78	1:00.59	13
28.42		1:00.59 (32.17)			
Consolation Final					
11 Bagshaw, Maxwell	JR	Walter Johnson High School	1:00.25	59.25	11
27.29		59.25 (31.96)			
12 Peppelman, John	SR	Walter Johnson High School	1:00.79	59.45	9
28.42		59.45 (31.03)			
13 Barnett, Brig	JR	Rockville High School	1:00.95	59.59	8
27.83		59.59 (31.76)			
14 Lombardo, Jonathan	SO	DeMatha Catholic High School	1:00.16	59.73	7
28.05		59.73 (31.68)			
15 Lee, Ethan	JR	Poolesville	1:00.93	59.99	6
27.89		59.99 (32.10)			
16 Fontana, Enzo	SO	Northwest High School	1:00.75	1:00.38	5
28.52		1:00.38 (31.86)			
17 Iimi, Shou	FR	Sidwell Friends School	1:01.41	1:01.27	4
28.78		1:01.27 (32.49)			
18 Mcdonough, Edward	SR	Montgomery Blair Swim & Dive	1:00.41	1:01.30	3
28.98		1:01.30 (32.32)			
19 De Angelis, Pietro	JR	Wootton Swimming and Diving	1:01.14	1:01.45	2
28.54		1:01.45 (32.91)			
20 Chen, Kyle	JR	Walt Whitman HS Swim and Dive	1:00.85	1:01.53	1
29.59		1:01.53 (31.94)			

Event 21 Boys 100 Yard Breaststroke

METROS: 53.22 M 2/7/2015 Carsten Vissering
55.22 AAAU
56.46 AAAC

Georgetown Prep

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Dionne, Luc	SO	Walter Johnson High School	56.90	56.82	q
27.29		56.82 (29.53)			
2 Widman, Nathan	SR	Saint Anselm's Abbey School	56.91	57.94	q
27.10		57.94 (30.84)			
3 Wilkinson, Caden	SR	Gonzaga College High School	58.44	58.74	q
27.39		58.74 (31.35)			
4 Qian, Ethan	SR	Poolesville	1:00.69	58.78	q
27.85		58.78 (30.93)			
5 Greenwood, Charlie	25	St. Albans School	57.00	58.79	q
27.64		58.79 (31.15)			
6 Hamilton, Jack	JR	DeMatha Catholic High School	57.77	58.83	q
27.36		58.83 (31.47)			
7 Lakhe, Kyle	JR	Bethesda-Chevy Chase High Scho	59.02	58.90	q
27.82		58.90 (31.08)			
8 Lakhan, Kieran	SR	Bethesda-Chevy Chase High Scho	59.26	59.39	q
27.86		59.39 (31.53)			
9 Devinney, Edward	SO	Winston Churchill	58.39	59.77	q
28.50		59.77 (31.27)			
10 Dawson, John	10	Blake Bengals	58.91	59.78	q
27.88		59.78 (31.90)			

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 21 Boys 100 Yard Breaststroke)

Name	Yr	School	Seed Time	Prelim Time	
11 Lombardo, Jonathan	SO	DeMatha Catholic High School	59.28	1:00.16	q
28.30				1:00.16 (31.86)	
12 Bagshaw, Maxwell	JR	Walter Johnson High School	58.22	1:00.25	q
28.67				1:00.25 (31.58)	
13 Mcdonough, Edward	SR	Montgomery Blair Swim & Dive	59.91	1:00.41	q
28.73				1:00.41 (31.68)	
14 Fontana, Enzo	SO	Northwest High School	1:01.90	1:00.75	q
28.72				1:00.75 (32.03)	
15 Peppelman, John	SR	Walter Johnson High School	59.57	1:00.79	q
28.95				1:00.79 (31.84)	
16 Chen, Kyle	JR	Walt Whitman HS Swim and Dive	1:01.28	1:00.85	q
29.37				1:00.85 (31.48)	
17 Lee, Ethan	JR	Poolesville	1:02.25	1:00.93	q
28.55				1:00.93 (32.38)	
18 Barnett, Brig	JR	Rockville High School	1:01.63	1:00.95	q
28.46				1:00.95 (32.49)	
19 De Angelis, Pietro	JR	Wootton Swimming and Diving	1:01.50	1:01.14	q
28.71				1:01.14 (32.43)	
20 Iimi, Shou	FR	Sidwell Friends School	1:02.31	1:01.41	q
28.94				1:01.41 (32.47)	
21 Hua, Ethan		Montgomery Blair Swim & Dive	1:02.34	1:01.43	
28.95				1:01.43 (32.48)	
22 Li, Jaden	28	St. Albans School	1:00.44	1:01.49	
28.62				1:01.49 (32.87)	
23 Iavarone-Garza, Christian	SO	Poolesville	1:01.50	1:01.55	
29.09				1:01.55 (32.46)	
24 Greer, Christian	FR	Walter Johnson High School	1:01.43	1:01.81	
29.04				1:01.81 (32.77)	
25 Chu-Roxas, Aidan	SR	Winston Churchill	1:02.34	1:01.99	
28.89				1:01.99 (33.10)	
26 Alie, Caleb	JR	Sherwood Warriors	1:05.96	1:02.46	
28.92				1:02.46 (33.54)	
27 Laufer, Abraham	SR	Montgomery Blair Swim & Dive	1:01.24	1:02.64	
30.24				1:02.64 (32.40)	
28 Cummins, Beckett	28	Flint Hill School	1:02.82	1:02.73	
30.19				1:02.73 (32.54)	
29 Spooner, Alex	JR	Gonzaga College High School	1:03.15	1:02.74	
29.43				1:02.74 (33.31)	
30 Smith, Levi	FR	DeMatha Catholic High School	1:02.20	1:02.77	
29.55				1:02.77 (33.22)	
31 Groves, Cameron	SR	Walt Whitman HS Swim and Dive	1:01.93	1:02.84	
29.42				1:02.84 (33.42)	
32 House, Nathan	FR	Gonzaga College High School	1:03.27	1:02.85	
29.40				1:02.85 (33.45)	
33 Press, Joseph	JR	Walt Whitman HS Swim and Dive	1:06.13	1:03.03	
28.93				1:03.03 (34.10)	
34 Chandran, Alexander	JR	Poolesville	1:01.63	1:03.11	
29.79				1:03.11 (33.32)	
35 Helpers, William	FR	Wheaton High School	1:04.45	1:03.43	
30.22				1:03.43 (33.21)	
36 Main, Josiah	SR	Richard Montgomery Swim & Dive	1:03.57	1:03.51	
29.76				1:03.51 (33.75)	

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 21 Boys 100 Yard Breaststroke)

Name	Yr	School	Seed Time	Prelim Time
37 Quach, Ethan	SO	Damascus High School	1:03.81	1:03.65
30.22				1:03.65 (33.43)
38 Bolten, Gage	SO	Landon School Varsity Swimming	1:03.69	1:03.66
30.01				1:03.66 (33.65)
39 Lockard, Andrew	SR	Colonel Zadok Magruder High Sc	1:02.11	1:03.79
29.95				1:03.79 (33.84)
40 Main, Jonathan	FR	Richard Montgomery Swim & Dive	1:02.88	1:04.08
31.03				1:04.08 (33.05)
41 Lei, Jonathan	JR	Wootton Swimming and Diving	1:05.39	1:04.22
29.93				1:04.22 (34.29)
42 Bui, Olivier	SO	Walt Whitman HS Swim and Dive	1:03.82	1:04.96
30.21				1:04.96 (34.75)
43 Chen, Eric	SO	Montgomery Blair Swim & Dive	1:04.54	1:05.20
30.47				1:05.20 (34.73)
44 Andrews, David	SO	GEORGETOWN PREPARATORY SCHOC	1:05.48	1:05.25
30.26				1:05.25 (34.99)
45 Bian, Andrew	JR	Wootton Swimming and Diving	1:04.72	1:05.37
30.58				1:05.37 (34.79)
46 Leeroy, Wesley	SR	Richard Montgomery Swim & Dive	1:03.83	1:05.38
31.12				1:05.38 (34.26)
47 Ramchand, Ethan	25	St. Albans School	1:05.91	1:05.60
31.94				1:05.60 (33.66)
48 Seager, Austin	SO	Our Lady of Good Counsel	1:04.26	1:05.61
30.53				1:05.61 (35.08)
49 Kao, Brady	SO	Quince Orchard High School	1:05.45	1:05.74
31.08				1:05.74 (34.66)
50 Bradbury, Ian	SO	Seneca Valley High School	1:07.19	1:05.83
30.75				1:05.83 (35.08)
51 Doan, Kevin	JR	Richard Montgomery Swim & Dive	1:05.34	1:06.09
30.84				1:06.09 (35.25)
52 Lam, Caiden	SR	Clarksburg High School	1:06.84	1:06.16
31.77				1:06.16 (34.39)
53 Pata, Nicholas	FR	Sherwood Warriors	1:06.59	1:06.35
30.58				1:06.35 (35.77)
54 Kim, Jinsung	SO	GEORGETOWN PREPARATORY SCHOC	1:03.93	1:06.42
30.55				1:06.42 (35.87)
55 Donohue, John	SO	Bullis School	1:07.69	1:06.51
31.21				1:06.51 (35.30)
56 Joung, Justin	FR	Wootton Swimming and Diving	1:06.41	1:06.60
31.28				1:06.60 (35.32)
57 Chan, Isaac	SO	Northwest High School	1:07.06	1:06.95
31.56				1:06.95 (35.39)
58 Stoian, Teddy	FR	Bethesda-Chevy Chase High Scho	1:06.82	1:07.07
31.53				1:07.07 (35.54)
59 Baillie, Christopher	JR	Rockville High School	1:07.09	1:07.18
31.38				1:07.18 (35.80)
60 Gooch, Oliver	JR	Gonzaga College High School	1:03.44	1:07.32
30.48				1:07.32 (36.84)
61 McCarthy, Matthew	SR	Bethesda-Chevy Chase High Scho	1:06.87	1:07.65
31.25				1:07.65 (36.40)
62 Tat, Christian	SR	Northwest High School	1:08.14	1:07.80
31.65				1:07.80 (36.15)

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 21 Boys 100 Yard Breaststroke)

Name	Yr	School	Seed Time	Prelim Time
63 Wong, Vincent	FR	Damascus High School	1:08.06	1:07.87
31.74		1:07.87 (36.13)		
64 Tolifon, Matthew	FR	GEORGETOWN PREPARATORY SCHOC	1:05.06	1:07.90
31.70		1:07.90 (36.20)		
65 Shaffer, Jack		Albert Einstein High School	1:06.06	1:08.31
31.73		1:08.31 (36.58)		
66 Egan, James	SR	St. John's College High School	1:06.32	1:08.42
30.83		1:08.42 (37.59)		
67 Zimmerman, Evan	JR	Northwest High School	1:07.89	1:08.77
31.55		1:08.77 (37.22)		
68 Stokke, Alexander	SO	Winston Churchill	1:07.28	1:08.89
32.08		1:08.89 (36.81)		
69 Dickens, Gregory	SO	Quince Orchard High School	1:04.95	1:09.08
32.26		1:09.08 (36.82)		
70 Glenn, Tyler	JR	Colonel Zadok Magruder High Sc	1:07.75	1:09.26
32.92		1:09.26 (36.34)		
71 Anvari, Rayan	SR	Landon School Varsity Swimming	1:06.74	1:10.04
31.88		1:10.04 (38.16)		
--- Tan, Zachary	27	Flint Hill School	1:02.16	DFS
--- Albert, Ryan	25	St. Albans School	1:02.34	DFS
--- du Lac, Miles	SO	DeMatha Catholic High School	1:00.07	DFS

Event 22 Girls 100 Yard Breaststroke

METROS: 1:00.05 M 2/11/2012 Sarah Haase
1:02.53 AAAU
1:03.85 AAAC

Good Counsel

Name	Yr	School	Prelim Time	Finals Time	Points
Championship Final					
1 Bu, Catherine	JR	Winston Churchill	1:04.70	1:03.81	24
30.27		1:03.81 (33.54)			
2 Moore, Mimi	SR	Montgomery Blair Swim & Dive	1:04.63	1:04.13	21
30.40		1:04.13 (33.73)			
3 Bartholomew, Isla	SR	Walter Johnson High School	1:03.97	1:04.14	20
30.59		1:04.14 (33.55)			
4 Sunjaya, Viona	SO	Damascus High School	1:04.83	1:04.20	19
30.19		1:04.20 (34.01)			
5 House, Cameron	SR	Stone Ridge	1:04.57	1:05.13	18
30.30		1:05.13 (34.83)			
6 Frantz, Nyah	SO	Richard Montgomery Swim & Dive	1:06.51	1:06.35	17
31.95		1:06.35 (34.40)			
7 Arias, Samantha	JR	Gaithersburg High School	1:07.32	1:06.81	16
31.32		1:06.81 (35.49)			
8 Yanes, Giselle	SR	Colonel Zadok Magruder High Sc	1:08.14	1:07.70	15
31.80		1:07.70 (35.90)			
9 O'Hara, Megan	SR	Colonel Zadok Magruder High Sc	1:08.33	1:07.80	14
31.63		1:07.80 (36.17)			
10 Alston, Elizabeth	SR	St. Vincent Pallotti	1:08.10	1:07.89	13
31.63		1:07.89 (36.26)			
Consolation Final					
11 Yang, Julie	JR	Walt Whitman HS Swim and Dive	1:09.60	1:05.87	11
31.28		1:05.87 (34.59)			

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Consolation Final ... (Event 22 Girls 100 Yard Breaststroke)

Name	Yr	School	Prelim Time	Finals Time	Points
12 Li, Reyna	SO	Winston Churchill	1:08.48	1:07.37	9
31.84		1:07.37 (35.53)			
13 Fleck, Kristina	SR	Walt Whitman HS Swim and Dive	1:08.45	1:08.56	8
32.14		1:08.56 (36.42)			
14 Morse, Victoria	SR	Bethesda-Chevy Chase High Scho	1:09.00	1:09.26	7
32.36		1:09.26 (36.90)			
15 Gebre, Arriam	JR	MARET SCHOOL	1:09.81	1:09.43	6
32.63		1:09.43 (36.80)			
16 Lipman, Tessa	FR	Georgetown Day School	1:10.33	1:09.49	5
32.54		1:09.49 (36.95)			
17 Andrews, Abigail	FR	St. John's College High School	1:09.19	1:09.83	4
32.71		1:09.83 (37.12)			
18 Blachere, Corinne	JR	Sherwood Warriors	1:10.24	1:10.04	3
32.66		1:10.04 (37.38)			
19 Starr, Isabella	SR	Walt Whitman HS Swim and Dive	1:10.48	1:10.13	2
33.06		1:10.13 (37.07)			
20 Morin, Gabrielle	SO	Quince Orchard High School	1:09.50	1:10.62	1
33.93		1:10.62 (36.69)			

Event 22 Girls 100 Yard Breaststroke

METROS: 1:00.05 M 2/11/2012 Sarah Haase
1:02.53 AAAU
1:03.85 AAAC

Good Counsel

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Bartholomew, Isla	SR	Walter Johnson High School	1:03.42	1:03.97	q
30.24		1:03.97 (33.73)			
2 House, Cameron	SR	Stone Ridge	1:04.03	1:04.57	q
30.39		1:04.57 (34.18)			
3 Moore, Mimi	SR	Montgomery Blair Swim & Dive	1:05.03	1:04.63	q
30.58		1:04.63 (34.05)			
4 Bu, Catherine	JR	Winston Churchill	1:04.22	1:04.70	q
31.10		1:04.70 (33.60)			
5 Sunjaya, Viona	SO	Damascus High School	1:04.21	1:04.83	q
30.59		1:04.83 (34.24)			
6 Frantz, Nyah	SO	Richard Montgomery Swim & Dive	1:07.26	1:06.51	q
31.55		1:06.51 (34.96)			
7 Arias, Samantha	JR	Gaithersburg High School	1:09.00	1:07.32	q
31.92		1:07.32 (35.40)			
8 Alston, Elizabeth	SR	St. Vincent Pallotti	1:09.83	1:08.10	q
31.83		1:08.10 (36.27)			
9 Yanes, Giselle	SR	Colonel Zadok Magruder High Sc	1:08.61	1:08.14	q
32.45		1:08.14 (35.69)			
10 O'Hara, Megan	SR	Colonel Zadok Magruder High Sc	1:06.21	1:08.33	q
31.84		1:08.33 (36.49)			
11 Fleck, Kristina	SR	Walt Whitman HS Swim and Dive	1:07.42	1:08.45	q
32.16		1:08.45 (36.29)			
12 Li, Reyna	SO	Winston Churchill	1:07.18	1:08.48	q
32.55		1:08.48 (35.93)			
13 Morse, Victoria	SR	Bethesda-Chevy Chase High Scho	1:07.71	1:09.00	q
31.75		1:09.00 (37.25)			

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 22 Girls 100 Yard Breaststroke)

	Name	Yr	School	Seed Time	Prelim Time	
14	Andrews, Abigail	FR	St. John's College High School	1:07.76	1:09.19	q
	32.57		1:09.19 (36.62)			
15	Morin, Gabrielle	SO	Quince Orchard High School	1:09.02	1:09.50	q
	33.03		1:09.50 (36.47)			
16	Yang, Julie	JR	Walt Whitman HS Swim and Dive	1:07.21	1:09.60	q
	32.87		1:09.60 (36.73)			
17	Gebre, Arriam	JR	MARET SCHOOL	1:09.38	1:09.81	q
	32.82		1:09.81 (36.99)			
18	Blachere, Corinne	JR	Sherwood Warriors	1:09.45	1:10.24	q
	32.69		1:10.24 (37.55)			
19	Lipman, Tessa	FR	Georgetown Day School	1:14.33	1:10.33	q
	32.56		1:10.33 (37.77)			
20	Starr, Isabella	SR	Walt Whitman HS Swim and Dive	1:10.81	1:10.48	q
	33.33		1:10.48 (37.15)			
21	Andrews, Lily	SR	Walter Johnson High School	1:11.01	1:11.01	
	33.09		1:11.01 (37.92)			
22	Cherry, Ava		Holy Child	1:07.66	J1:11.01	
	33.25		1:11.01 (37.76)			
23	Johnson, Avery	SO	Northwest High School	1:10.53	1:11.09	
	34.69		1:11.09 (36.40)			
24	Rogers, Lily	JR	The Holton-Arms School	1:08.91	1:11.38	
	32.96		1:11.38 (38.42)			
25	Shive, Leah	SO	Winston Churchill	1:10.32	1:11.48	
	33.42		1:11.48 (38.06)			
26	Fecko, Mia	SO	Sherwood Warriors	1:11.90	1:11.49	
	34.01		1:11.49 (37.48)			
27	Rosen, Mia	FR	Winston Churchill	1:14.32	1:11.58	
	34.48		1:11.58 (37.10)			
28	Potter, Addison	FR	St. John's College High School	1:09.78	1:11.67	
	34.06		1:11.67 (37.61)			
29	Johnson, Mia	SR	Bishop McNamara High School	1:12.40	1:11.85	
	33.69		1:11.85 (38.16)			
30	Forkin, Alexandra	FR	Walt Whitman HS Swim and Dive	1:14.27	1:12.20	
	33.85		1:12.20 (38.35)			
31	Baillie, Lily	FR	Rockville High School	1:11.19	1:12.36	
	33.92		1:12.36 (38.44)			
32	Way, Josie Olivia	SO	Richard Montgomery Swim & Dive	1:11.28	1:12.74	
	34.67		1:12.74 (38.07)			
33	Long, Piper	JU	St. Andrew's Episcopal School	1:11.28	1:12.96	
	35.28		1:12.96 (37.68)			
34	Barish, Gemma	SO	Our Lady of Good Counsel	1:12.87	1:13.00	
	34.23		1:13.00 (38.77)			
35	Bingley, Maia	SR	Walter Johnson High School	1:13.42	1:13.24	
	34.37		1:13.24 (38.87)			
36	Koehler, Anne	SR	Montgomery Blair Swim & Dive	1:14.79	1:13.28	
	34.87		1:13.28 (38.41)			
37	Floyd, Sofie	FR	Sherwood Warriors	1:14.41	1:13.48	
	35.12		1:13.48 (38.36)			
38	Haughton, Minjae	SR	Clarksburg High School	1:13.89	1:13.58	
	34.26		1:13.58 (39.32)			
39	Holtz, Nadia	JR	Bethesda-Chevy Chase High Scho	1:14.03	1:13.59	
	35.00		1:13.59 (38.59)			

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 22 Girls 100 Yard Breaststroke)

Name	Yr	School	Seed Time	Prelim Time
40 Cutter, Abigail	SO	Rockville High School	1:14.16	1:13.76
35.74		1:13.76 (38.02)		
41 Watson, Natalie	SO	Sherwood Warriors	1:12.75	1:13.91
34.35		1:13.91 (39.56)		
42 Bauer, Katherine	FR	Our Lady of Good Counsel	1:11.13	1:14.08
35.41		1:14.08 (38.67)		
43 Watanabe, Amy	SR	Montgomery Blair Swim & Dive	1:13.03	1:14.10
35.76		1:14.10 (38.34)		
44 Smith, Charlotte	SR	Bishop McNamara High School	1:14.41	1:14.34
34.68		1:14.34 (39.66)		
45 Ingrassia, Katherine	SO	Georgetown VIsitation	1:14.47	1:14.50
36.60		1:14.50 (37.90)		
46 Watkins, Caroline	JR	The Holton-Arms School	1:13.52	1:14.78
34.48		1:14.78 (40.30)		
47 Grahl, Sophie	JR	THE ACADEMY OF THE HOLY CROSS	1:13.17	1:14.91
34.91		1:14.91 (40.00)		
48 Parsons, Kiera	JR	Elizabeth Seton Varsity swimmi	1:13.92	1:14.94
34.14		1:14.94 (40.80)		
49 Sanchez-Castellanos, Mia-Maëlle	SO	Our Lady of Good Counsel	1:13.33	1:15.54
35.63		1:15.54 (39.91)		
50 Lizak, Netta	SO	Richard Montgomery Swim & Dive	1:13.66	1:16.62
35.51		1:16.62 (41.11)		
--- Lacson, Aleah Mara	SO	Richard Montgomery Swim & Dive	1:08.62	DFS

Event 23 Boys 400 Yard Freestyle Relay

METROS: 3:01.57 M 2/10/2024 Winston Churchill High School Churchill
B Begin, S Elkassem, N Elkassem, K Wang
3:05.17 AAAU
3:08.08 AAAC

Team	Relay	Prelim Time	Finals Time	Points
Championship Final				
1 Gonzaga College High School		3:06.20	3:03.52	48
1) Brooks, Andrejs SR	2) Morgan, William SO	3) Bishop, Anderson SR	4) Bice, Palmer SR	
21.43	45.21 (45.21)	1:06.92 (21.71)	1:31.65 (46.44)	
1:54.00 (22.35)	2:18.36 (46.71)	2:40.14 (21.78)	3:03.52 (45.16)	
2 DeMatha Catholic High School		3:08.76	3:04.90	42
1) Lopez, Joshua SR	2) Jungbluth, Alexander SO	3) Rooney, Seamus JR	4) Ross, Jayson SR	
22.43	46.69 (46.69)	1:08.96 (22.27)	1:33.84 (47.15)	
1:55.54 (21.70)	2:20.20 (46.36)	2:41.37 (21.17)	3:04.90 (44.70)	
3 GEORGETOWN PREPARATORY S		3:06.43	3:04.91	40
1) Kratz, James FR	2) Oehler, Griffin SO	3) Hanson, Gaberiel FR	4) Vanas, Andrew JR	
23.32	48.26 (48.26)	1:09.79 (21.53)	1:33.17 (44.91)	
1:56.06 (22.89)	2:21.30 (48.13)	2:41.92 (20.62)	3:04.91 (43.61)	
4 Walter Johnson High School		3:09.93	3:06.55	38
1) Murphy, Taiyo JR	2) Dionne, Luc SO	3) McLellan, Owen SO	4) Potter, Noah SR	
22.75	47.32 (47.32)	1:09.86 (22.54)	1:34.44 (47.12)	
1:56.61 (22.17)	2:21.32 (46.88)	2:42.62 (21.30)	3:06.55 (45.23)	
5 Winston Churchill		3:08.55	3:08.65	36
1) Sims, Douglas JR	2) Lee, Ryan SR	3) Begin, Charlie JR	4) Devinney, Edward SO	
22.75	1:00.42 (1:00.42)	1:36.50 (36.08)		
1:58.41 (21.91)	2:22.14 (45.64)	2:44.26 (22.12)	3:08.65 (46.51)	

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Championship Final ... (Event 23 Boys 400 Yard Freestyle Relay)

Team	Relay		Prelim Time	Finals Time	Points
6 Wootton Swimming and Diving			3:10.47	3:10.17	34
1) White, John JR	2) Lei, Jonathan JR	3) Coapstick, Tyler SR	4) Kueh, Michael JR		
23.06	48.01 (48.01)	1:10.77 (22.76)	1:36.74 (48.73)		
1:58.07 (21.33)	2:21.99 (45.25)	2:44.65 (22.66)	3:10.17 (48.18)		
7 Walt Whitman HS Swim and Dive			3:10.44	3:10.83	32
1) Kantovitz Nociti, Luca SR	2) Chen, Kyle JR	3) Starr, Graham JR	4) Svensson, Casper SR		
22.98	49.02 (49.02)	1:11.65 (22.63)	1:36.70 (47.68)		
1:58.83 (22.13)	2:24.48 (47.78)	2:46.58 (22.10)	3:10.83 (46.35)		
8 Montgomery Blair Swim & Dive			3:13.61	3:12.71	30
1) Kojanov, Mikhail SR	2) Kim, Lucas SO	3) Laufer, Abraham SR	4) Mcdonough, Edward SR		
22.31	46.12 (46.12)	1:09.69 (23.57)	1:35.27 (49.15)		
1:58.50 (23.23)	2:24.41 (49.14)	2:47.26 (22.85)	3:12.71 (48.30)		
9 St. Albans School			3:13.47	3:13.66	28
1) Spencer, Gray 25	2) Suh, Alex 26	3) Greenwood, Charlie 25	4) Zhou, Arthur 27		
23.03	48.46 (48.46)	1:11.85 (23.39)	1:37.95 (49.49)		
2:00.84 (22.89)	2:25.76 (47.81)	2:48.08 (22.32)	3:13.66 (47.90)		
10 Richard Montgomery Swim & Div			3:13.85	3:14.88	26
1) Kim, Tyler SR	2) Nguyen, Alexander SR	3) Lee, Kevin SO	4) Finnegan, Charles SO		
23.07	47.95 (47.95)	1:11.33 (23.38)	1:36.50 (48.55)		
1:59.82 (23.32)	2:26.01 (49.51)	2:49.22 (23.21)	3:14.88 (48.87)		
Consolation Final					
11 The Heights School			3:16.24	3:14.39	22
1) DeLellis, JD JR	2) Franck, Ryan SR	3) Lepre, William SO	4) Rose, Matthew SR		
23.19	48.67 (48.67)	1:12.25 (23.58)	1:39.06 (50.39)		
2:02.20 (23.14)	2:28.44 (49.38)	2:50.22 (21.78)	3:14.39 (45.95)		
12 Landon School Varsity Swimming			3:17.58	3:15.43	18
1) Fayed, Zachary SR	2) Rook, William SR	3) Sonne, Matthew SR	4) Roscetti, Nicholas FR		
24.11	50.07 (50.07)	1:13.75 (23.68)	1:40.75 (50.68)		
2:03.40 (22.65)	2:28.49 (47.74)	2:50.74 (22.25)	3:15.43 (46.94)		
13 Poolesville			3:19.34	3:16.57	16
1) Lawrence, James JR	2) Jarczyński, Justin JR	3) Lee, Ethan JR	4) Hou, Jaden SR		
23.96	50.13 (50.13)	1:13.27 (23.14)	1:38.96 (48.83)		
2:02.31 (23.35)	2:28.12 (49.16)	2:50.98 (22.86)	3:16.57 (48.45)		
14 Bethesda-Chevy Chase High Scho			3:16.99	3:16.97	14
1) Waterman, Clayton SR	2) Pevzner, Daniel SO	3) Lakhe, Kyle JR	4) Duma, John JR		
22.55	48.14 (48.14)	1:10.95 (22.81)	1:37.26 (49.12)		
2:01.15 (23.89)	2:27.09 (49.83)	2:51.30 (24.21)	3:16.97 (49.88)		
15 Sherwood Warriors			3:18.44	3:17.39	12
1) Lakso, Justin SR	2) Mutter, David SR	3) Liberty, Nicholas SO	4) Kominski, Tyler SO		
23.19	48.69 (48.69)	1:12.66 (23.97)	1:40.03 (51.34)		
2:03.73 (23.70)	2:29.88 (49.85)	2:52.54 (22.66)	3:17.39 (47.51)		
16 Quince Orchard High School			3:21.36	3:18.96	10
1) McCurdy, Ethan JR	2) Nagao, Kazuki JR	3) Kissel, Andrew JR	4) Doh, Jacob SO		
23.70	49.34 (49.34)	1:12.62 (23.28)	1:39.55 (50.21)		
2:03.30 (23.75)	2:29.33 (49.78)	2:52.64 (23.31)	3:18.96 (49.63)		
17 Rockville High School			3:19.63	3:19.33	8
1) Barnett, Brig JR	2) Henry, Mark SR	3) Akselioglu, Deren SO	4) Franken, Evander JR		
22.94	47.65 (47.65)	1:11.92 (24.27)	1:39.06 (51.41)		
2:03.02 (23.96)	2:29.68 (50.62)	2:52.95 (23.27)	3:19.33 (49.65)		
18 Our Lady of Good Counsel			3:24.45	3:20.31	6
1) Hanson, Timothy JR	2) Cobb, Jason SO	3) Drews, Roman SO	4) Zakorchemny, Cooper JR		
24.41	51.23 (51.23)	1:14.30 (23.07)	1:40.13 (48.90)		
2:04.63 (24.50)	2:31.27 (51.14)	2:54.94 (23.67)	3:20.31 (49.04)		

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Consolation Final ... (Event 23 Boys 400 Yard Freestyle Relay)

Team	Relay		Prelim Time	Finals Time	Points
19 Northwood			3:22.90	3:21.52	4
1) Marchionini, Quinn SR	2) Garriock, William SR	3) Ritchotte, Gavin FR	4) Wick, Graham SR		
22.12	46.09 (46.09)	1:10.35 (24.26)	1:36.92 (50.83)		
2:01.64 (24.72)	2:29.74 (52.82)	2:54.25 (24.51)	3:21.52 (51.78)		
20 St. John's College High School			3:24.96	3:23.43	2
1) Dawson, John SO	2) Kimpel, Rex SO	3) Schoch, Sam FR	4) Fry, Patrick SO		
23.75	49.67 (49.67)	1:14.09 (24.42)	1:41.80 (52.13)		
2:06.26 (24.46)	2:32.83 (51.03)	2:56.64 (23.81)	3:23.43 (50.60)		

Event 23 Boys 400 Yard Freestyle Relay

METROS: 3:01.57 M 2/10/2024

Winston Churchill High School

Churchill

B Begin, S Elkassem, N Elkassem, K Wang

3:05.17 AAU

3:08.08 AAAC

Team	Relay		Seed Time	Prelim Time
Preliminaries				
1 Gonzaga College High School			3:05.28	3:06.20 q
1) Brooks, Andrejs SR	2) Morgan, William SO	3) Bishop, Anderson SR	4) Bice, Palmer SR	
21.64	45.33 (45.33)	1:07.80 (22.47)	1:32.94 (47.61)	
1:55.63 (22.69)	2:20.33 (47.39)	2:41.84 (21.51)	3:06.20 (45.87)	
2 GEORGETOWN PREPARATORY SCHOOL			3:07.24	3:06.43 q
1) Oehler, Griffin SO	2) Hanson, Gaberiel FR	3) Kratz, James FR	4) Vanas, Andrew JR	
21.68	45.22 (45.22)	1:07.92 (22.70)	1:33.86 (48.64)	
1:56.90 (23.04)	2:21.84 (47.98)	2:42.83 (20.99)	3:06.43 (44.59)	
3 Winston Churchill			3:09.59	3:08.55 q
1) Sims, Douglas JR	2) Ash, Noah SO	3) Begin, Charlie JR	4) Devinney, Edward SO	
22.66	47.20 (47.20)	1:10.21 (23.01)	1:36.40 (49.20)	
1:58.30 (21.90)	2:21.91 (45.51)	2:43.95 (22.04)	3:08.55 (46.64)	
4 DeMatha Catholic High School			3:06.49	3:08.76 q
1) Vaughn, Jordan JR	2) Jungbluth, Alexander SO	3) Lopez, Joshua SR	4) Rooney, Seamus JR	
22.47	47.24 (47.24)	1:09.55 (22.31)	1:34.83 (47.59)	
1:49.05 (14.22)	2:21.85 (47.02)	2:43.70 (21.85)	3:08.76 (46.91)	
5 Walter Johnson High School			3:10.84	3:09.93 q
1) Potter, Noah SR	2) Dionne, Luc SO	3) Friedman, Owen JR	4) McLellan, Owen SO	
21.92	46.11 (46.11)	1:08.45 (22.34)	1:33.26 (47.15)	
1:56.32 (23.06)	2:21.81 (48.55)	2:44.49 (22.68)	3:09.93 (48.12)	
6 Walt Whitman HS Swim and Dive			3:12.96	3:10.44 q
1) Kantovitz Nociti, Luca SR	2) Chen, Kyle JR	3) Starr, Graham JR	4) Svensson, Casper SR	
22.83	48.96 (48.96)	1:11.57 (22.61)	1:36.86 (47.90)	
1:58.78 (21.92)	2:23.67 (46.81)	2:45.96 (22.29)	3:10.44 (46.77)	
7 Wootton Swimming and Diving			3:11.64	3:10.47 q
1) Coapstick, Tyler SR	2) White, John JR	3) Kueh, Michael JR	4) Lei, Jonathan JR	
21.96	46.07 (46.07)	1:08.47 (22.40)	1:33.59 (47.52)	
1:56.49 (22.90)	2:21.60 (48.01)	2:44.56 (22.96)	3:10.47 (48.87)	
8 St. Albans School			3:14.65	3:13.47 q
1) Spencer, Gray 25	2) Suh, Alex 26	3) Greenwood, Charlie 25	4) Zhou, Arthur 27	
22.65	47.25 (47.25)	1:10.65 (23.40)	1:36.98 (49.73)	
2:00.00 (23.02)	2:25.42 (48.44)	2:48.05 (22.63)	3:13.47 (48.05)	
9 Montgomery Blair Swim & Dive			3:15.51	3:13.61 q
1) Kojanov, Mikhail SR	2) Kim, Lucas SO	3) Laufer, Abraham SR	4) McDonough, Edward SR	
22.30	46.13 (46.13)	1:09.48 (23.35)	1:35.29 (49.16)	
1:58.66 (23.37)	2:24.94 (49.65)	2:48.16 (23.22)	3:13.61 (48.67)	

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 23 Boys 400 Yard Freestyle Relay)

Team	Relay			Seed Time	Prelim Time
10 Richard Montgomery Swim & Div				3:18.84	3:13.85 q
1) Kim, Tyler SR	2) Nguyen, Alexander SR	3) Lee, Kevin SO	4) Finnegan, Charles SO		
22.73	47.46 (47.46)	1:10.99 (23.53)	1:36.12 (48.66)		
1:59.58 (23.46)	2:25.56 (49.44)	2:48.49 (22.93)	3:13.85 (48.29)		
11 The Heights School				3:15.35	3:16.24 q
1) DeLellis, JD JR	2) Franck, Ryan SR	3) Lepre, William SO	4) Rose, Matthew SR		
23.02	48.27 (48.27)	1:11.52 (23.25)	1:38.82 (50.55)		
2:02.05 (23.23)	2:28.53 (49.71)	2:51.25 (22.72)	3:16.24 (47.71)		
12 Bethesda-Chevy Chase High Scho				3:14.82	3:16.99 q
1) Waterman, Clayton SR	2) Lakhe, Kyle JR	3) Duma, John JR	4) Pevzner, Daniel SO		
22.39	48.20 (48.20)	1:11.62 (23.42)	1:37.99 (49.79)		
1:51.33 (13.34)	2:27.42 (49.43)	2:50.53 (23.11)	3:16.99 (49.57)		
13 Landon School Varsity Swimming				3:16.28	3:17.58 q
1) Fayed, Zachary SR	2) Rook, William SR	3) Sonne, Matthew SR	4) Roscetti, Nicholas FR		
24.00	51.13 (51.13)	1:14.16 (23.03)	1:41.38 (50.25)		
2:04.14 (22.76)	2:29.61 (48.23)	2:52.40 (22.79)	3:17.58 (47.97)		
14 Sherwood Warriors				3:21.72	3:18.44 q
1) Lakso, Justin SR	2) Mutter, David SR	3) Liberty, Nicholas SO	4) Kominski, Tyler SO		
22.85	47.98 (47.98)	1:11.91 (23.93)	1:39.18 (51.20)		
2:03.37 (24.19)	2:30.16 (50.98)	2:53.67 (23.51)	3:18.44 (48.28)		
15 Poolesville				3:14.82	3:19.34 q
1) Lawrence, James JR	2) Jarczynski, Justin JR	3) Lee, Ethan JR	4) Hou, Jaden SR		
23.93	50.06 (50.06)	1:13.97 (23.91)	1:40.09 (50.03)		
2:03.85 (23.76)	2:30.46 (50.37)	2:53.45 (22.99)	3:19.34 (48.88)		
16 Rockville High School				3:27.43	3:19.63 q
1) Barnett, Brig JR	2) Henry, Mark SR	3) Franken, Evander JR	4) Akselioglu, Deren SO		
23.11	47.80 (47.80)	1:11.51 (23.71)	1:39.43 (51.63)		
2:02.52 (23.09)	2:29.15 (49.72)	2:52.98 (23.83)	3:19.63 (50.48)		
17 Quince Orchard High School				3:27.59	3:21.36 q
1) McCurdy, Ethan JR	2) Nagao, Kazuki JR	3) Kissel, Andrew JR	4) Doh, Jacob SO		
23.70	49.17 (49.17)	1:12.72 (23.55)	1:39.89 (50.72)		
2:04.42 (24.53)	2:30.90 (51.01)	2:54.66 (23.76)	3:21.36 (50.46)		
18 Northwood				3:27.96	3:22.90 q
1) Marchionini, Quinn SR	2) Garriock, William SR	3) Ritchoffe, Gavin FR	4) Wick, Graham SR		
22.31	46.05 (46.05)	1:10.33 (24.28)	1:37.49 (51.44)		
2:02.49 (25.00)	2:31.18 (53.69)	2:55.77 (24.59)	3:22.90 (51.72)		
19 Our Lady of Good Counsel				3:20.85	3:24.45 q
1) Zakorchemny, Cooper JR	2) Cobb, Jason SO	3) Casimates, Nicholas SR	4) Drews, Roman SO		
24.09	49.96 (49.96)	1:13.00 (23.04)	1:38.88 (48.92)		
2:04.14 (25.26)	2:33.16 (54.28)	2:57.50 (24.34)	3:24.45 (51.29)		
20 St. John's College High School				3:27.64	3:24.96 q
1) Dawson, John SO	2) Kimpel, Rex SO	3) Schoch, Sam FR	4) Fry, Patrick SO		
23.86	49.46 (49.46)	1:13.98 (24.52)	1:41.30 (51.84)		
2:05.99 (24.69)	2:33.56 (52.26)	2:57.61 (24.05)	3:24.96 (51.40)		
21 Damascus High School				3:26.72	3:25.28
1) Marston, Samuel SO	2) Wong, Roland JR	3) Klein, Andrew SR	4) Botti, Andrew SR		
24.80	51.81 (51.81)	1:16.05 (24.24)	1:43.31 (51.50)		
2:07.57 (24.26)	2:34.24 (50.93)	2:57.62 (23.38)	3:25.28 (51.04)		
22 Clarksburg High School				3:32.26	3:26.86
1) Johnson, Maxwell SR	2) Khwaja, Rayan JR	3) Truong, Aidan SO	4) Eshler, Dresden SO		
24.55	51.69 (51.69)	1:16.73 (25.04)	1:45.51 (53.82)		
2:10.19 (24.68)	2:37.58 (52.07)	3:00.85 (23.27)	3:26.86 (49.28)		

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 23 Boys 400 Yard Freestyle Relay)

Team	Relay			Seed Time	Prelim Time
23 Bullis School				3:30.93	3:27.51
1) Burger, Seth SO	2) Herman, Wyatt SR	3) Simon, Elliott JR	4) Arluck, Alexander SO		
23.86	50.16 (50.16)	1:07.42 (17.26)	1:42.37 (52.21)		
2:07.31 (24.94)	2:35.84 (53.47)	3:00.32 (24.48)	3:27.51 (51.67)		
24 Northwest High School				3:31.96	3:29.46
1) Dahlke, Tegegn SR	2) Milligan, Liam JR	3) Chan, Isaac SO	4) Huyck, James SR		
25.51	53.62 (53.62)	1:19.09 (25.47)	1:47.54 (53.92)		
2:12.34 (24.80)	2:39.84 (52.30)	3:03.64 (23.80)	3:29.46 (49.62)		
25 Blake Bengals				3:34.20	3:33.33
1) Vaonakis, Phoenix 10	2) Curtis, Cooper 9	3) Lindley, Connor 9	4) Dawson, John 10		
25.00	52.17 (52.17)	1:17.26 (25.09)	1:46.31 (54.14)		
2:11.75 (25.44)	2:40.60 (54.29)	3:05.57 (24.97)	3:33.33 (52.73)		
26 Wheaton High School				3:36.00	3:33.60
1) Helfers, William FR	2) Patel, Shailen SR	3) Kemp, Robert SO	4) Joshi, Gabriel SR		
24.69	52.22 (52.22)	1:18.42 (26.20)	1:47.60 (55.38)		
2:13.20 (25.60)	2:42.93 (55.33)	3:06.30 (23.37)	3:33.60 (50.67)		
27 Albert Einstein High School				3:40.59	3:34.77
1) Raab, Ethan	2) Windt, Jonathan	3) Meszaros, Matthias SR	4) Johnson, Lucien SR		
25.50	53.89 (53.89)	1:18.75 (24.86)	1:49.24 (55.35)		
2:13.60 (24.36)	2:42.78 (53.54)	3:06.32 (23.54)	3:34.77 (51.99)		
28 Seneca Valley High School				3:47.85	3:36.38
1) Hybl, Zyd Phoenix JR	2) Hoang, Brandon SO	3) Selak, Landen SO	4) Bradbury, Ian SO		
25.43	53.09 (53.09)	1:19.60 (26.51)	1:48.70 (55.61)		
2:13.84 (25.14)	2:42.54 (53.84)	3:07.72 (25.18)	3:36.38 (53.84)		
29 Colonel Zadok Magruder High Sc				3:42.22	3:47.58
1) Sutton, Jayden JR	2) Green, Colton JR	3) Ryba, Vincent SR	4) Ghosh, Shreyas JR		
25.83		1:23.65 ()	1:54.45 ()		
2:21.29 (26.84)	2:50.59 (56.14)	3:17.04 (26.45)	3:47.58 (56.99)		
--- Sidwell Friends School				3:29.58	DFS

Event 24 Girls 400 Yard Freestyle Relay

METROS: 3:22.97 M 2/11/2023 Stone Ridge Stone Ridge
E Sun, D LeFaivre, A Webb, E Gemmell
3:27.68 AAAU
3:31.16 AAAC

Team	Relay			Prelim Time	Finals Time	Points
Championship Final						
1 Walter Johnson High School				3:32.10	3:31.93	48
1) Saybolt, Elanor SO	2) Mulkey, Anne JR	3) Jeffrey, Fayth SO	4) Simmons, Madeleine SR			
25.48	1:03.71 (1:03.71)	1:46.46 (42.75)				
2:11.85 (25.39)	2:40.14 (53.68)	3:04.64 (24.50)	3:31.93 (51.79)			
2 Winston Churchill				3:36.47	3:33.99	42
1) Kaiser, Gabriela JR	2) Schur, Gracelyn FR	3) Cai, Anika SO	4) Bu, Catherine JR			
26.01	54.02 (54.02)	1:20.03 (26.01)	1:48.68 (54.66)			
2:13.34 (24.66)	2:41.48 (52.80)	3:06.80 (25.32)	3:33.99 (52.51)			
3 St. John's College High School				3:37.12	3:36.70	40
1) Kelly, Bridget SR	2) Grimberg, Olivia SR	3) Hooff, Olivia JR	4) Bishop, Lexie FR			
26.60	56.03 (56.03)	1:22.35 (26.32)	1:51.05 (55.02)			
2:16.47 (25.42)	2:44.63 (53.58)	3:09.21 (24.58)	3:36.70 (52.07)			
4 The Holton-Arms School				3:37.55	3:37.10	38
1) Rabah, Luana FR	2) Georgiou, Maria Olympia FR	3) Gaskin, Catherine SR	4) Ji, KaiLi FR			
26.34	54.63 (54.63)	1:20.68 (26.05)	1:50.19 (55.56)			
2:16.00 (25.81)	2:44.59 (54.40)	3:09.47 (24.88)	3:37.10 (52.51)			

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Championship Final ... (Event 24 Girls 400 Yard Freestyle Relay)

Team	Relay		Prelim Time	Finals Time	Points
5 Colonel Zadok Magruder High Sc			3:38.39	3:37.63	36
1) Webb, Maria SR	2) O'Hara, Megan SR	3) Yanes, Giselle SR	4) Dean, Skylar JR		
25.07	52.25 (52.25)	1:17.84 (25.59)	1:46.51 (54.26)		
2:12.64 (26.13)	2:42.32 (55.81)	3:08.48 (26.16)	3:37.63 (55.31)		
6 Montgomery Blair Swim & Dive			3:38.55	3:37.69	34
1) Humpert, Lucy SO	2) Young, Lindsay JR	3) Kwon, Alyssa SR	4) Moore, Mimi SR		
26.92	56.74 (56.74)	1:22.23 (25.49)	1:50.38 (53.64)		
2:15.65 (25.27)	2:43.70 (53.32)	3:09.52 (25.82)	3:37.69 (53.99)		
7 Stone Ridge			3:33.52	3:38.98	32
1) Rushton, Harper SO	2) Webb, Addison JR	3) Swezey, Charlotte JR	4) Zettler, Julia FR		
27.05	55.83 (55.83)	1:21.16 (25.33)	1:50.13 (54.30)		
2:16.56 (26.43)	2:46.71 (56.58)	3:11.33 (24.62)	3:38.98 (52.27)		
8 Richard Montgomery Swim & Div			3:39.06	3:39.26	30
1) Chong, Finley FR	2) Johnson, Jordan SR	3) Mitchum, Anna SR	4) Gotting, Lauren SR		
26.57	55.30 (55.30)	1:21.97 (26.67)	1:50.74 (55.44)		
2:16.34 (25.60)	2:44.82 (54.08)	3:10.23 (25.41)	3:39.26 (54.44)		
9 Damascus High School			3:38.54	3:39.75	28
1) Douglas, Hannah SR	2) Beabout, Claire SR	3) Ivanovskaya, Taisiya	4) Sunjaya, Viona SO		
26.46	55.20 (55.20)	1:21.01 (25.81)	1:50.75 (55.55)		
2:17.24 (26.49)	2:45.59 (54.84)	3:11.41 (25.82)	3:39.75 (54.16)		
10 Our Lady of Good Counsel			3:39.02	3:41.25	26
1) Watkins, Celia JR	2) Smith, Lauren SR	3) Brown, Brea SR	4) Kincaid, Kellie JR		
26.54	55.35 (55.35)	1:22.39 (27.04)	1:51.35 (56.00)		
2:18.45 (27.10)	2:48.69 (57.34)	3:13.62 (24.93)	3:41.25 (52.56)		
Consolation Final					
11 MARET SCHOOL			3:39.21	3:37.54	22
1) Clattenburg, Hannah SO	2) Orlic, Anastasia JR	3) Sislen, Tea SO	4) Gebre, Arriam JR		
24.77	51.44 (51.44)	1:16.45 (25.01)	1:44.82 (53.38)		
2:11.75 (26.93)	2:41.48 (56.66)	3:07.80 (26.32)	3:37.54 (56.06)		
12 Walt Whitman HS Swim and Dive			3:39.70	3:38.73	18
1) Groves, Caitlin SO	2) Liu, Ashley FR	3) Yeou, Jisoo FR	4) Green, Chloe SR		
26.45	55.41 (55.41)	1:21.29 (25.88)	1:50.08 (54.67)		
2:15.64 (25.56)	2:44.05 (53.97)	3:09.57 (25.52)	3:38.73 (54.68)		
13 Bullis School			3:39.81	3:38.74	16
1) Zheng, Emma SO	2) Davy-Brown, Layla FR	3) Propper, Ella SO	4) Day, Gabrielle SO		
26.85	1:23.17 (1:23.17)	1:52.01 (28.84)	3:38.74 (51.45)		
2:18.17 (26.16)	2:47.29 (55.28)	3:11.85 (24.56)			
14 Wootton Swimming and Diving			3:41.58	3:44.36	14
1) Coapstick, Rachel FR	2) Nishnianidze, Anna JR	3) Chen, Elizabeth SO	4) Gao, Elizabeth SR		
27.47	57.66 (57.66)	1:22.38 (24.72)	1:49.79 (52.13)		
2:16.31 (26.52)	2:55.21 (1:05.42)	3:13.10 (17.89)	3:44.36 (49.15)		
15 National Cathedral School			3:42.58	3:44.94	12
1) Latcovich, Madeline 28	2) Muoio, Adele 26	3) Felgenhauer, Willa 25	4) Denney, Ellie 25		
27.04	55.90 (55.90)	1:23.23 (27.33)	1:54.23 (58.33)		
2:21.03 (26.80)	2:51.00 (56.77)	3:16.75 (25.75)	3:44.94 (53.94)		
16 Poolesville			3:44.93	3:46.25	10
1) Congdon, Lilian JR	2) She, Vivian SO	3) Huang, Sophie JR	4) Wang, Christine SO		
27.22	57.41 (57.41)	1:24.36 (26.95)	1:54.79 (57.38)		
2:21.15 (26.36)	2:50.58 (55.79)	3:16.82 (26.24)	3:46.25 (55.67)		
17 Quince Orchard High School			3:46.10	3:46.59	8
1) Katz, Ariana JR	2) Marks, Stephanie JR	3) Wolfington, Annika SO	4) Takada-Jacobson, Hannah SR		
27.35	56.42 (56.42)	1:23.39 (26.97)	1:53.84 (57.42)		
2:20.87 (27.03)	2:50.88 (57.04)	3:17.62 (26.74)	3:46.59 (55.71)		

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Consolation Final ... (Event 24 Girls 400 Yard Freestyle Relay)

Team	Relay			Prelim Time	Finals Time	Points
18 Bethesda-Chevy Chase High Scho				3:46.06	3:46.65	6
1) Mendizabal, Malia FR	2) Caiazza-Blum, Alice SR	3) Morton, Olivia FR	4) Patterson, Brooke JR			
27.02	56.21 (56.21)	1:23.15 (26.94)	1:52.78 (56.57)			
2:18.74 (25.96)	2:48.48 (55.70)	3:15.45 (26.97)	3:46.65 (58.17)			
19 Northwest High School				3:46.75	3:47.14	4
1) Johnson, Avery SO	2) Cardenas Gaviria, Jaylinne SR	3) Crown, Ella JR	4) Carswell, McKenna JR			
27.33	56.52 (56.52)	1:24.30 (27.78)	1:54.95 (58.43)			
2:21.72 (26.77)	2:50.99 (56.04)	3:17.54 (26.55)	3:47.14 (56.15)			
20 Rockville High School				3:46.13	3:50.23	2
1) Cutter, Maeve SO	2) Cutter, Abigail SO	3) Henry, Paige JR	4) Hawman, Sora FR			
28.31	57.62 (57.62)	1:25.04 (27.42)	1:55.68 (58.06)			
2:22.96 (27.28)	2:53.22 (57.54)	3:20.29 (27.07)	3:50.23 (57.01)			

Event 24 Girls 400 Yard Freestyle Relay

METROS: 3:22.97 M 2/11/2023

Stone Ridge

Stone Ridge

E Sun, D LeFaivre, A Webb, E Gemmell

3:27.68 AAAU

3:31.16 AAAC

Team	Relay			Seed Time	Prelim Time
Preliminaries					
1 Walter Johnson High School				3:29.16	3:32.10 q
1) Simmons, Madeleine SR	2) Mulkey, Anne JR	3) Jeffrey, Fayth SO	4) Saybolt, Elanor SO		
24.73	51.56 (51.56)	1:17.28 (25.72)	1:45.75 (54.19)		
2:10.99 (25.24)	2:39.23 (53.48)	3:04.38 (25.15)	3:32.10 (52.87)		
2 Stone Ridge				3:38.57	3:33.52 q
1) Rushton, Harper SO	2) Webb, Addison JR	3) Roemer, Samantha FR	4) Zettler, Julia FR		
26.37	54.23 (54.23)	1:19.42 (25.19)	1:47.73 (53.50)		
2:12.31 (24.58)	2:39.77 (52.04)	3:04.86 (25.09)	3:33.52 (53.75)		
3 Winston Churchill				3:33.51	3:36.47 q
1) Kaiser, Gabriela JR	2) Schur, Gracelyn FR	3) Bu, Catherine JR	4) De Souza, Paige JR		
26.09	54.13 (54.13)	1:19.96 (25.83)	1:48.69 (54.56)		
2:14.05 (25.36)	2:41.21 (52.52)	3:07.44 (26.23)	3:36.47 (55.26)		
4 St. John's College High School				3:36.01	3:37.12 q
1) Kelly, Bridget SR	2) Grimberg, Olivia SR	3) Hooff, Olivia JR	4) Bishop, Lexie FR		
26.29	55.37 (55.37)	1:22.07 (26.70)	1:51.04 (55.67)		
2:16.75 (25.71)	2:44.87 (53.83)	3:09.55 (24.68)	3:37.12 (52.25)		
5 The Holton-Arms School				3:36.52	3:37.55 q
1) Rabah, Luana FR	2) Georgiou, Maria Olympia FR	3) Gaskin, Catherine SR	4) Ji, KaiLi FR		
26.43	54.62 (54.62)	1:20.64 (26.02)	1:50.10 (55.48)		
2:16.12 (26.02)	2:44.87 (54.77)	3:10.15 (25.28)	3:37.55 (52.68)		
6 Colonel Zadok Magruder High Sc				3:37.95	3:38.39 q
1) O'Hara, Megan SR	2) Yanes, Giselle SR	3) Webb, Maria SR	4) Dean, Skylar JR		
26.44	54.90 (54.90)	1:21.06 (26.16)	1:50.72 (55.82)		
2:15.63 (24.91)	2:43.45 (52.73)	3:09.59 (26.14)	3:38.39 (54.94)		
7 Damascus High School				3:43.25	3:38.54 q
1) Douglas, Hannah SR	2) Beabout, Claire SR	3) Ivanovskaya, Taisiya	4) Sunjaya, Viona SO		
26.00	54.58 (54.58)	1:20.47 (25.89)	1:50.11 (55.53)		
2:16.59 (26.48)	2:45.10 (54.99)	3:10.74 (25.64)	3:38.54 (53.44)		
8 Montgomery Blair Swim & Dive				3:38.06	3:38.55 q
1) Kwon, Alyssa SR	2) Humpert, Lucy SO	3) Gondi, Zoë SR	4) Moore, Mimi SR		
25.90	53.98 (53.98)	1:19.97 (25.99)	1:49.20 (55.22)		
2:15.30 (26.10)	2:44.71 (55.51)	3:10.02 (25.31)	3:38.55 (53.84)		

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 24 Girls 400 Yard Freestyle Relay)

Team	Relay		Seed Time	Prelim Time
9 Our Lady of Good Counsel			3:37.50	3:39.02 q
1) Watkins, Celia JR	2) LaMotteo, Madison JR	3) Brown, Brea SR	4) Kincaid, Kellie JR	
25.90	53.92 (53.92)	1:20.59 (26.67)	1:50.05 (56.13)	
2:16.75 (26.70)	2:46.43 (56.38)	3:11.64 (25.21)	3:39.02 (52.59)	
10 Richard Montgomery Swim & Div			3:42.56	3:39.06 q
1) Gotting, Lauren SR	2) Chong, Finley FR	3) Johnson, Jordan SR	4) Mitchum, Anna SR	
25.69	54.41 (54.41)	1:20.27 (25.86)	1:49.43 (55.02)	
2:15.99 (26.56)	2:44.96 (55.53)	3:10.64 (25.68)	3:39.06 (54.10)	
11 MARET SCHOOL			3:36.42	3:39.21 q
1) Clattenburg, Hannah SO	2) Sislen, Tea SO	3) Gebre, Arriam JR	4) Orlic, Anastasia JR	
24.73	51.94 (51.94)	1:18.59 (26.65)	1:48.80 (56.86)	
2:15.33 (26.53)	2:45.86 (57.06)	2:59.72 (13.86)	3:39.21 (53.35)	
12 Walt Whitman HS Swim and Dive			3:40.77	3:39.70 q
1) Groves, Caitlin SO	2) Liu, Ashley FR	3) Yeou, Jisoo FR	4) Green, Chloe SR	
26.40	55.59 (55.59)	1:21.41 (25.82)	1:50.62 (55.03)	
2:15.72 (25.10)	2:44.56 (53.94)	3:10.14 (25.58)	3:39.70 (55.14)	
13 Bullis School			3:41.22	3:39.81 q
1) Simon, Olivia FR	2) Davy-Brown, Layla FR	3) Propper, Ella SO	4) Day, Gabrielle SO	
26.99	57.72 (57.72)		1:24.16 (26.44)	
2:19.10 (54.94)	3:01.00 (1:36.84)	3:39.81 (38.81)		
14 Wootton Swimming and Diving			3:42.72	3:41.58 q
1) Chen, Elizabeth SO	2) Nishnianidze, Anna JR	3) Coapstick, Rachel FR	4) Gao, Elizabeth SR	
26.56	55.85 (55.85)	1:20.32 (24.47)	1:47.91 (52.06)	
2:14.63 (26.72)	2:44.10 (56.19)	3:10.91 (26.81)	3:41.58 (57.48)	
15 National Cathedral School			3:44.52	3:42.58 q
1) Latcovich, Madeline 28	2) Muoio, Adele 26	3) Felgenhauer, Willa 25	4) Denney, Ellie 25	
26.62	55.90 (55.90)	1:22.73 (26.83)	1:53.13 (57.23)	
2:20.01 (26.88)	2:49.66 (56.53)	3:14.63 (24.97)	3:42.58 (52.92)	
16 Poolesville			3:47.57	3:44.93 q
1) She, Vivian SO	2) Congdon, Lilian JR	3) Wang, Christine SO	4) Huang, Sophie JR	
27.23	57.18 (57.18)	1:23.53 (26.35)	1:53.03 (55.85)	
2:19.37 (26.34)	2:49.31 (56.28)	3:15.12 (25.81)	3:44.93 (55.62)	
17 Bethesda-Chevy Chase High Scho			3:33.17	3:46.06 q
1) Morton, Olivia FR	2) Caiazza-Blum, Alice SR	3) Mendizabal, Malia FR	4) Patterson, Brooke JR	
26.63	55.80 (55.80)	1:22.70 (26.90)	1:52.40 (56.60)	
2:19.12 (26.72)	2:48.12 (55.72)	3:14.85 (26.73)	3:46.06 (57.94)	
18 Quince Orchard High School			3:45.84	3:46.10 q
1) Katz, Ariana JR	2) Marks, Stephanie JR	3) Wolfington, Annika SO	4) Takada-Jacobson, Hannah SR	
27.16	56.76 (56.76)	1:23.64 (26.88)	1:53.64 (56.88)	
2:20.54 (26.90)	2:50.32 (56.68)	3:16.48 (26.16)	3:46.10 (55.78)	
19 Rockville High School			3:59.08	3:46.13 q
1) Cutter, Maeve SO	2) Cutter, Abigail SO	3) Henry, Paige JR	4) Hawman, Sora FR	
26.69	55.69 (55.69)	1:22.97 (27.28)	1:53.24 (57.55)	
2:20.09 (26.85)	2:50.11 (56.87)	3:16.55 (26.44)	3:46.13 (56.02)	
20 Northwest High School			3:48.38	3:46.75 q
1) Crown, Ella JR	2) Cardenas Gaviria, Jaylinne SR	3) Johnson, Avery SO	4) Carswell, McKenna JR	
27.79	57.32 (57.32)	1:25.02 (27.70)	1:56.53 (59.21)	
2:23.02 (26.49)	2:52.35 (55.82)	3:18.14 (25.79)	3:46.75 (54.40)	
21 Sherwood Warriors			3:50.38	3:47.99
1) Quiroga, Maya JR	2) Williams, Jill JR	3) Floyd, Elle JR	4) Blachere, Corinne JR	
27.57	58.42 (58.42)	1:25.32 (26.90)	1:55.29 (56.87)	
2:22.33 (27.04)	2:51.66 (56.37)	3:18.29 (26.63)	3:47.99 (56.33)	

**2025 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 24 Girls 400 Yard Freestyle Relay)

Team	Relay			Seed Time	Prelim Time
22 Blake Bengals				3:55.43	3:50.36
1) Sanford, Molly 9	2) Zeigler, Abigail 11	3) Trang, Kimberley 11	4) Dworak, Andrea 12		
27.11	57.52 (57.52)	1:25.49 (27.97)	1:59.65 (1:02.13)		
2:26.68 (27.03)	2:58.20 (58.55)	3:23.10 (24.90)	3:50.36 (52.16)		
23 THE ACADEMY OF THE HOLY CR				3:37.63	3:54.73
1) Perine-Brown, Madeleine SR	2) Grahl, Sophie JR	3) Grenham, Kaitlyn JR	4) Fiery, Eden JR		
27.90	1:01.34 (1:01.34)	1:27.52 (26.18)	1:59.97 (58.63)		
2:27.15 (27.18)	2:58.22 (58.25)	3:24.60 (26.38)	3:54.73 (56.51)		
24 Gaithersburg High School				3:58.07	3:56.40
1) Arias, Samantha JR	2) Redman, Elliot SO	3) Eisenhart, Abigail FR	4) Najarro, Isabella SR		
26.35	55.45 (55.45)	1:24.51 (29.06)	1:57.59 (1:02.14)		
2:25.13 (27.54)	2:57.34 (59.75)	3:25.01 (27.67)	3:56.40 (59.06)		
25 Georgetown Visitation				4:04.51	3:57.59
1) Carter, Shelby SR	2) Tobin, Caroline FR	3) Ingrassia, Katherine SO	4) DeLuca, Campbell SR		
28.10	58.83 (58.83)	1:27.98 (29.15)	2:00.65 (1:01.82)		
2:28.37 (27.72)	2:59.96 (59.31)	3:26.44 (26.48)	3:57.59 (57.63)		
26 Seneca Valley High School				4:08.77	3:58.88
1) Hmem, Rania JR	2) Selak, Austen FR	3) Selak, Aden FR	4) Diaz-Flores, Naomi FR		
25.67	54.15 (54.15)	1:22.89 (28.74)	1:54.65 (1:00.50)		
2:23.39 (28.74)	2:54.72 (1:00.07)	3:24.63 (29.91)	3:58.88 (1:04.16)		
27 Georgetown Day School				4:09.81	4:05.47
1) Lim, Sophie SO	2) Lipman, Tessa FR	3) Palmer, Merrell SO	4) Kim, Alicia SO		
26.74	1:02.20 (1:02.20)	1:23.89 (21.69)	1:54.80 (52.60)		
2:24.87 (30.07)	2:58.95 (1:04.15)	3:31.17 (32.22)	4:05.47 (1:06.52)		
28 Albert Einstein High School				3:58.98	4:06.03
1) Stenger, Lucille JR	2) Huth, Madeleine FR	3) Mancino, Emmy SR	4) Schulz, Paige		
27.55	1:00.36 (1:00.36)	1:29.18 (28.82)	2:05.06 (1:04.70)		
2:33.10 (28.04)	3:05.74 (1:00.68)	3:33.91 (28.17)	4:06.03 (1:00.29)		
29 Wheaton High School				4:08.52	4:07.36
1) Hooker, Cora SR	2) Patel, Sarisha FR	3) Diaz, Emma SO	4) Walker, Mia SR		
28.95	1:01.27 (1:01.27)	1:29.40 (28.13)	2:01.37 (1:00.10)		
2:31.26 (29.89)	3:04.91 (1:03.54)	3:33.97 (29.06)	4:07.36 (1:02.45)		
30 Clarksburg High School				4:00.25	4:17.89
1) Callahan, Kate JR	2) Fraser, Samantha JR	3) Fuentes, Kaelyn FR	4) Mei, Tiffany SR		
1:05.02		1:35.50 ()	2:09.73 ()		
2:41.12 (31.39)	3:16.79 (1:07.06)	3:45.20 (28.41)	4:17.89 (1:01.10)		
--- Sidwell Friends School				4:07.48	DFS

Event 50 Mixed 200 Yard Freestyle Initial Split

Name	Yr School	Seed Time	Finals Time
1 Ladd, Ruth	SO Bethesda-Chevy Chase High Scho	NT	2:13.44